CIVIC CONNECTION

A Monthly News Service from the Division of Communications for Norfolk Civic Organizations

NATIONAL NIGHT OUT—AUGUST 7

Something new is coming for Norfolk's *National Night Out* on August 7, and we hope you will want to join the fun!

Here's the new twist! There are so many wonderful things happening in our neighborhoods that our public officials want to get out there to thank you personally. So, we're putting them on trolleys to come see you!

If you hold your neighborhood event the evening of *National Night Out* on August 7 (between 6:30 p.m. and 9:00 p.m.) – and let us know – you will get a visit from a group of our "City VIP's". This is your special opportunity to let your City officials know the many ways in which you are improving your neighborhood, and give your members a chance to personally meet those who work hard every day to better our city and neighborhoods.

The *National Night Out* 2007 Steering committee is already hard at work planning this year's signature NNO event. Lambert's Point is the honored neighborhood and will, along with the City, be hosting a parade and picnic in their neighborhood on the official date of *National Night Out*. Groups and individuals from throughout Norfolk are invited to share with Lambert's Point in celebrating their crime-prevention successes and encouraging this community to keep up the good work. This is intended to demonstrate that all of Norfolk's neighborhoods are unified in their effort to reduce crime. The event will begin at 5:30 with the parade finishing by 6:30, and followed by the picnic.

The city is strongly encouraging each community to plan an event on August 7th but keep in mind that the City will recognize and support all registered events held between July 28 and August 12.

The deadline date for registration of your event is July 13. If you have questions, please contact Marty Raiss at 823-4363 or at Martha.raisss@norfolk.gov.

CITY OF NORFOLK RELAY FOR LIFE—JUNE 1&2 NORVIEW HIGH SCHOOL

Join the fight against cancer in your community! Families, companies, participants and cancer survivors are all welcome to be part of this Celebration of Survivorship, beginning at 6 p.m. June 1. For more information, visit www.acsevents.org/norfolk

CITY COUNCIL APPROVES FY2008 BUDGET

The City Council approved the FY2008 Budget, which:

City of Norfolk, Division of Communications 810 Union Street, Room 302, Norfolk, Virginia 23510 [757] 664.4266 / fax: [757] 664.4006 / www.Norfolk.gov

- Decreased the tax rate of real property by 16 cents from \$1.27 to \$1.11 for every \$100 of assessed value.
- Increased the income limit for eligibility to receive real estate tax relief for elderly and disabled taxpayers and revising the schedule for exemptions (effective July 1). The current and new schedule is below:

Current Tax Exemption Schedule

New Tax Exemption Schedule

Gross	% Tax Relieved	Gross Combined	% Tax Relieved
Combined		Income	
Income			
0 - 28,611	100%	0 - 28,611	100%
28,612 -	80%	28,612 – 36,958	80%
34,458			
34,459 –	60%	36,959 – 45,306	60%
40,306			
40,307 –	40%	45,307-53,653	40%
46,153			
46,154 –	20%	53,654 - 62,000	20%
52,000			

• City Council approved a total financial plan of \$1,230,493,400. This includes:

General Fund	\$795,835,700
	. , ,
Water Utility Fund -	\$78,814,500
Wastewater Utility Fund	\$24,544,800
Storm Water Utility Fund	\$10,516,100
Parking Facilities Fund	\$21,068,200
Other Funds	\$48,112,100

Capital Improvement Program \$251,602,000

The full FY2008 Budget document will be available on the website in early June. It will also be available in Norfolk Libraries. For details on the Budget Ordinances, go to http://www.norfolk.gov/council_members/CouncilAgenda/docket.htm or to the May 11 meeting minutes.

HOMELESS FOR A DAY - REGIONAL LEADERS TO RAISE MONEY FOR AREA HOMELESS

Hampton Roads business and community leaders are planning to raise money for area homeless programs by becoming homeless for a day.

A "Sleepover in the Park" was announced today by Norfolk Mayor Paul Fraim and members of the Class of 2007 of Lead Hampton Roads (LHR). The organization was established in 1989 to train the future leaders of Hampton Roads. A select group of men and women are chosen each year to participate in the leadership training program which enhances regional leadership through education.

During a visit earlier this year to Norfolk's Gosnold Apartments, the nation's first regional supportive housing for the homeless, the class members were so moved by the stories that they heard of life on the streets that they decided to develop a project that would benefit regional homeless programs.

The result: A "Sleepover in the Park". The 52 members of the Class of 2007 will find out what it's like to be homeless when they spend the night in Town Point Park on Friday, June 15. Class members are in the process of soliciting contributions from corporations, civic groups and private individuals. The money will be used to furnish Gosnold Apartments and Cloverleaf, a new regional homeless complex in Virginia Beach. The cost to furnish an apartment is approximately \$3,000. Both homeless projects are managed by Virginia Supportive Housing, a non-profit organization based in Richmond.

During a news conference to announce the project on Thursday, May 24, Mayor Paul Fraim said the decision by LHR is an indication that the public's perception toward the homeless is changing. Fraim launched an initiative three years ago to end homelessness in the city.

"The harsh words of condemnation that we heard directed toward the homeless several years ago are being replaced by acts of kindness and compassion," Mayor Fraim said. "I am deeply touched by the class' commitment to help those who are less fortunate".

For additional information, the LHR has established a Web site: www.makeroomhr.org or call 413 2899.

NORFOLK INFO – PUTTING CITY INFORMATION AT YOUR FINGERTIPS

A new program on the City's website www.norfolk.gov is designed to connect residents and other web users to information about hundreds of City programs and services using a question and answer format that is constantly updated. It is designed to give the most consistent, up-to-date information without forcing users to navigate through City Hall or dozens of department web pages.

The program can be accessed from the front page of www.norfolk.gov (About Norfolk FAQs & Info. Have a question? Just Ask). Eventually, the Norfolk INFO logo will also be placed in the top navigation bar, making the site accessible from any page.

The database supporting *Norfolk INFO* was built entirely in-house, using a program purchased jointly with Emergency Management. Some 700 independent messages have been drafted by Communications or City departments. The system encourages frequent updating of information and can accommodate new programs and initiatives.

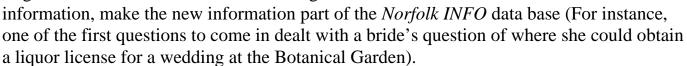
Web users can obtain basic information through Norfolk Info (plus phone numbers, addresses, etc) and click to be connected directly to the department web pages or downloadable forms and reports.

Electronic services, such as paying a parking ticket online or ordering bulk waste pickup, are listed along the left side of the Norfolk Info section.

To assist residents in using Norfolk INFO and to make sure the City provides the

information users want, Communications also obtained Web Q&A program. This program has several important features to make sure the City continues to meet the information needs of residents. By using this program, residents entering *Norfolk INFO* Are encouraged to ask a question. Norfolk INFO will then give a list of potential answers

If the user does not see the answer he wants, or if the user wants more information, he can ask a question which will be forwarded by email to the Norfolk Cares Assistance Center. The Center will respond to the original user, and, if the answer contains general



In addition to the Q&A options, *Norfolk INFO* will "push" the most frequently asked questions to a Top 10 questions. These Top 10 are constantly adjusted depending on what information web users are seeking.

In addition to providing services to residents directly through the website, *Norfolk INFO* can aid employees throughout the City to give consistent, accurate information about activities in other departments.

EMERGENCIES AND NORFOLK INFO

In addition to general City information, the members of the Communications Internal Network Group (CING) are building a database of messages to be available in an emergency. This database will be housed both locally and at the GOV Q&A computers in Chicago.

This feature will be important during emergencies when it is difficult to anticipate what questions web users will have – especially users from outside the area.

A data base that was stored and maintained independently. Not only would this allow us to keep the information available if a major emergency affected the City systems,

it would relieve IT of the need to develop and maintain a relatively small application inhouse.

SAIL VIRGINIA 2007

Celebrate the 400th anniversary of the arrival of America's first settlers this June in Norfolk. Majestic tall ships, historical reenactments, parades and pageantry, period crafts and wares, theatre performances, live music, fabulous fare.

Only at Sail Virginia 2007, June 7-12, 2007, on the Downtown Norfolk, Virginia waterfront.

Parade of Sail, Friday, June 8, 8 a.m.-noon: Majestic tall ships from the United States and from across the globe sail the historic Chesapeake Bay and Elizabeth River into Downtown Norfolk, including a fleet of character ships representing the 13 original colonies. Free dockside tours available every day.

Colonial Village, Friday, June 8 – Sunday, June 10: The Waterside Marina and Town Point Park lawn transforms into a 17th century colonial waterfront village featuring a turn of the century School House, Town Tavern, Farm House and Garden, Master Crafts Village, and the Virginia Indian Village and Pow Wow, with guest appearances by Captain John Smith, John Rolfe and Pocahontas!

Historic Freemason: In the historic Freemason Harbor District, visitors will step back in time and experience the world three centuries ago. Period reenactors will illustrate life as it was in 1907—through theatre, music and storytelling—with the cobblestone streets and the lawns of the Freemason District filled with period dressed residents, antique cars, horse and carriages, turn of the century garden parties, a unique wine cellar tour, historic homes, a 20th century Mercantile and guest appearances by President Theodore Roosevelt, Mark Twain and Booker T. Washington!

Harborfest 2007: Enjoy Norfolk's favorite summertime festival with a boatload of great music, food, fireworks and family fun as we celebrate Norfolk's rich maritime heritage during the 31st Annual Norfolk Harborfest.

All events are free and open to the general public! Produced by Norfolk Festevents. For more information 757-441-2345 or www.sailvirginia2007.com

NORFOLK FAMILY ALBUM TO BE CREATED DURING SAIL VIRGINIA 2007

Time capsule to be buried in Town Point Park during 2008 renovation

Recording history through photography has captured the imagination of generations since the camera was invented. In this tradition, local individuals and families are invited to be part of the *2007 Norfolk Family Album*, in conjunction with Dominion Enterprises *Sail Virginia 2007*, taking place June 7-12 on the Norfolk waterfront.

Hampton Roads families wishing to be a part of this project, are requested to bring a brief history (preferably typewritten), and a 4 x 6 family photo to the Hunter House Victorian Museum in "1907 Norfolk's" Historic Freemason District," on Saturday, June 9 or Sunday, June 10, from Noon to 6 p.m. during the festival, Norfolk's signature event commemorating the 400th Anniversary of Jamestown, this nation's first settlement.

The family histories and photos will be placed in a time capsule and buried in Town Point Park when it is renovated next year, and opened at Norfolk's next historical anniversary.

Those who don't have an appropriate photograph, but want to be remembered in the future can choose to sit for a complimentary photograph to be taken on site by local photography legends, Jack and Gloria Bunting of Norfolk's Quality Camera. Canon Information Technologies Services, Inc. is supplying all cameras, printers and five extra photographers for this exciting project!

All Hampton Roads residents are invited to include their photos and history in the time capsule - even those who have recently moved to the area, or are stationed here in the military.

EAST BEACH NAMED ONE OF AMERICA'S TOP RESTORED BEACHES

City of Norfolk's beach replenishment puts award-winning neighborhood in U.S. spotlight

On the eve of the summer beach season, the American Shore and Beach Preservation Association (ASBPA) named East Beach in Norfolk one of America's Top Restored Beaches. East Beach received the award following successful efforts by local, state and national authorities to reverse the effects of erosion on its shoreline.

Mayor Paul Fraim said, "In a City with 140 miles of waterfront, Norfolk's seven and one half miles of Chesapeake Bay shoreline is our greatest natural asset, and our investment in beach nourishment pays off every year as private investment in neighborhood homes, businesses and recreational activities exponentially grows. We invested in East Beach, and private developers and homebuyers created the \$400-million East Beach community – a national hallmark of New Urbanism."

"I could never understand why such a wonderful site on the Chesapeake Bay was for years littered with ineffective bulkheads and riprap," says Lee Rosenberg, Norfolk's

environmental services manager who submitted the nomination. "I always saw East Beach as a diamond in the rough, waiting to be transformed. And now the transformation is so spectacular, my wife and I moved from Virginia Beach to live in the East Beach community so we could enjoy the great beach and stunning views."

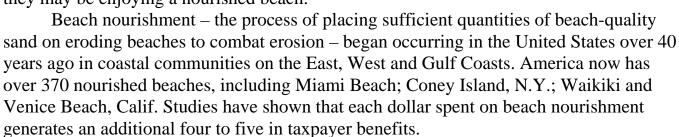
In 2003, the City of Norfolk partnered with the U.S. Army Corps of Engineers and the Virginia Port Authority to nourish East Beach with more than 357,000 cubic yards of sand. Prior to the beach nourishment, a total of ten offshore breakwaters were constructed by the City to mitigate the severe erosion caused by the federal navigation channel and jetties at Little Creek. In combination, the two erosion control strategies have successfully regulated the erosion of the beach and continue to maintain a protective sand dune system. One of the more innovative aspects of the project was the creation of a "natural looking", non-engineered, dune system. The dune grasses, sand fencing and public walkways create a great beach environment to be enjoyed by the public and residents of East Beach.

The Top Restored Beaches were chosen based upon three criteria: the economic and ecological benefits the beach brings to its community; the short- and long-term success of the nourishment project; and the challenges each community overcame during the course of the project. In addition to East Beach, the 2007 winners included: Chaland Headland Restoration Project, La.; Collier County Beaches, Fla.; Perdido Pass, Ala.; West Hampton Dunes, Long Island, N.Y.; Surfside-Sunset Beach, Orange County, Ca. and Folly Beach, S.C.

"The selection of our coastline as one of the seven beaches named for America's Top Restored Beaches is a wonderful recognition," says Bart Frye, managing partner of East Beach Company, LLC. "This award acknowledges the City of Norfolk's commitment

to East Beach and is a fitting follow-up to one of our premier bay front homes being chosen as the 2005 *Coastal Living* Idea House."

"The Top Restored Beach award was created in 2001 as a way of highlighting nourished beaches," said Mayor Harry Simmons of Caswell Beach, N.C. and President of ASBPA. "As Americans begin to flock to our nation's coastline during the upcoming beach season, most beach-going Americans don't even realize they may be enjoying a nourished beach."



PARKING SHUTTLE FOR OCEAN VIEW BEACH PARK EVENTS

The City of Norfolk announces the launch of a summer-long parking program created to provide convenient parking options for event attendees of Ocean View Beach Park. This service ran last year with great success and the City has decided to revisit the program. Free shuttle services will begin this Sunday, May 27th. The City offers this program as a temporary solution for the summer due to the loss of parking at the Pretlow Library site.

The program entails a parking shuttle running every fifteen minutes on an event to event basis. The shuttle will pick up patrons at the Community Beach lot and transport them to the front of Nansemond on the Bay condos located next to the Ocean View Beach Park. The shuttle will start running thirty minutes prior to the start time of the scheduled event and stop running thirty minutes from the conclusion of the event.

The shuttle is scheduled to run for the Sunday Big Bands on the Bay, the TGOV series every Friday in July and August, the Ocean View Beach Festival, the July 4th concert with Tidewater Winds, and the Ocean View Crabfest. These dates include May 27; June 3, 10, 17, 24, 29& 30; July 1, 4, 6, 8, 13, 15, 20, 21, 22, 27& 29; August 3, 5, 10, 12, 17, 24, 19, 26, & 31; and September 2

Ocean View Beach Park is located at the end of Granby Street at 100 W. Ocean View Avenue on the former site of the Ocean View Amusement Park.

NORFOLK DEPARTMENT OF PUBLIC HEALTH BEGINS FOGGING FOR MOSQUITOES

The Division of Vector Control with the Norfolk Department of Public Health will begin mosquito fogging operations May 24 due to seasonally expected elevations in mosquito populations as indicated by the mosquito surveillance program. Vector Control is actively engaged in proactive mosquito control activities such as treatments of storm drains and catch basins and backyard inspections.

Residents are urged to stay indoors when their areas are being fogged. The *Mosquito Hotline* telephone number is (757) 683-2914. It will be updated after 3:00 p.m. daily, listing fogging locations. Weather permitting; mosquito-fogging operations will occur between the hours of 6:45 pm - 11:00 pm. The Virginia Department of Health recommends the following tips to reduce exposure to mosquitoes:

- Check windows and door screens to ensure that mosquitoes can't enter your home.
- Wear long, loose and light-colored clothing.
- If possible, limit outdoor exposure between dusk and dawn.
- Use insect repellents with the smallest percentage of DEET necessary for the length of time you are exposed to mosquitoes, but no more than 50% for adults and not greater than 30% for children under 12.

- Turn over or remove containers in your yard where water collects, such as old tires, potted plant trays, buckets and toys.
- Eliminate standing water on tarps or flat roofs.
- Clean out birdbaths and wading pools once a week.
- Clean roof gutters and downspout screens.

HISTORICAL MARKERS ERECTED IN CENTRAL BUSINESS DISTRICT

The City has installed twenty-two historical markers throughout the downtown corridor to denote places of significance in Norfolk's history. The markers were installed over the past six weeks and are approximately 24" high by 36" wide. Each marker contains a short narrative which explains the importance of each site. Some of the markers are mounted on a black pedestal (which includes a Cannonball Trail medallion) or hung as a wall plaque. Markers were installed at the following locations:

Marker	Type	Location
Hunter House	Wall Mount	240 W. Freemason St.
Norfolk Fire Rescue Dept.	Free Standing	MacArthur Memorial Park
Norfolk Police Dept.	Free Standing	MacArthur Memorial Park
Taiwan Observation Tower	Free Standing	Brooke St.
Francis Drake	Free Standing	W. Freemason St. at St. Pauls Blvd.
Taylor-Whittle House	Wall Mount	277 W. Freemason St. at the corner of Duke
Old Norfolk Library	Free Standing	W. Freemason St. at Botetourt St.
City Seal	Free Standing	City Hall Building Main Entrance (Union St.)
Naming of Norfolk	Wall Mount	City Hall Building Main Entrance (Union St.)
Founding of Norfolk	Free Standing	City Hall Courtyard
City Mace	Free Standing	City Hall Courtyard
East Main Street	Wall Mount	Main at St. Paul's
Epworth Methodist Church	Free Standing	Freemason St. at Boush St.
Governor Tazewell	Wall Mount	W. Tazewell at Granby St. (Tazewell side)
Legends of Music	Wall Mount	Granby Street at TCC's park
Half Moone Fort	Free Standing	Nauticus Courtyard
Whitehead House	Free Standing	Bank St. at Freemason St.
USS Norfolk Bell	Free Standing	Across from Taiwan Observation Tower (Harbour St.)
Granby Street	Free Standing	Granby St. between Main St. and Plume St.
Escort Carrier	Free Standing	Town Point Park
Underground Railroad	Free Standing	Town Point Park
Jeff Robertson Park	Free Standing	Azalea Ct. at Claremont Avenue

The historical marker project was coordinated with the Department of Public Works, the Department of Planning, and the City Historian.

CONGRESSIONAL DELEGATION AGREES TO SPONSOR NOAA LANGUAGE

The City has been working for several years to gain authority for reacquisition of the property owned by the National Oceanic and Atmospheric Administration (NOAA) in the Fort Norfolk district. NOAA originally purchased this property from the Norfolk Redevelopment and Housing Authority (NRHA) in 1970 with the intention of constructing an East Coast regional headquarters.

This building was never built and the property has been underutilized. The necessity for reacquisition is due in large part to the enhanced economic development opportunities, the right-of-way for the Light Rail system and the construction of the new Second Street intersection. The City included this as a priority in its 2007 Congressional Priority Package. Representatives Drake and Scott, based on this request, have requested that the FY 2008 Appropriations Act include language authorizing the City of Norfolk to purchase this property from NOAA. The Administration expects similar language to be introduced in the Senate.

YWCA RECOGNIZES DR. WHIBLEY'S WORK IN THE COMMUNITY

Councilwoman Dr. Theresa Whibley was recognized at the YWCA's 19th Annual Women of Distinction Awards program held on May 3 at the Marriott Hotel. This awards program recognized talented and community minded women in twelve-(12) categories. The awards represent twelve categories: Arts, Business, Communications, Education, Finance, Government, Law, Medicine, Military, Non-Profit, Science/Technology and Volunteerism. Whibley was recognized for her contributions in Medicine. Additionally, Whibley was applauded for continuing efforts to improve our community's quality of life through her work to expand educational as well as health care opportunities for Norfolk's youth.

NATIONAL SPOTLIGHT: MUNICIPAL GOVERNMENT FINANCIAL POLICIES UNDER CLOSE SCRUTINY BY RATING AGENCIES

One of the underlying principles of the City of Norfolk's budget development process is adherence to established financial policies. These policies assist in ensuring that the City is operating within the financial parameters of good management practices.

When credit rating firms evaluate the financial condition of local governments, they consider management practices and policies to be very important. For example, they assess the "professionalism" of management by examining the quality of financial reporting and capital planning. The rating agencies also determine the responsiveness of the legislative body by considering whether elected officials have been willing to raise taxes or rates when needed. In short, sound financial practices and policies enable a local government to maintain good financial condition and avoid financial emergencies.

Given the constraints on municipal governments, the three major rating agencies are placing local government financial polices under close scrutiny. An example of this was sited in a recent issue of The Bond Buyer, The Daily Newspaper of Public Finance. There was an article discussing Fitch Rating Agency's decision to downgrade the City of Suffolk's bond rating to AA-minus from AA. This downgrade of the Suffolk's bond rating has come ahead of the City's intent to issue \$89.3 million in general obligation public improvement and refinancing bonds. Fitch stated that the downgrade reflects the City's noncompliance with its own established financial policies that have reduced reserve levels to 5.2% at the end of FY 2005 from approximately 7.2% in FY 2004, and 10.5% in FY 2003. Suffolk's policies require that the City maintain an undesignated general fund balance of at least 10% of its government and school operating and food service expenditures.

In this case, adherence to established financial polices was Fitch's primary concern relative to other credit factors. Rating agencies monitor cities' compliance with their own financial policies in determining cities' ability and willingness to maintain fiscal controls.

GOVERNMENT MEETING PLANNERS HONOR CONVENTION BUREAU SALES MANAGER

Maria Herring, Norfolk Convention and Visitors Bureau's (NCVB) government sales manager, has been honored with the Sam Gilmer Supplier of the Year Award by the Society of Government Meeting Professionals (SGMP). SGMP is the professional organization for persons involved in planning government meetings and those individuals who supply services to government planners.

Named after the organization's founder, this coveted award is the highest designation SGMP offers. Each year the society selects a supplier whose service over a period of time has significantly contributed to SGMP's growth and development, especially at the national level.

Due in large part to Herring's efforts, Norfolk is the host city for the organization's 2011 conference for an estimated 1,000 delegates.

A Norfolk native, Herring "proudly promotes [her] hometown as a meeting destination in Virginia". She has served in the hospitality industry for 10 years, and received her Bachelor of Science degree in Hospitality and Tourism Management from Virginia Polytechnic Institute and State University (Virginia Tech) in 1997. Herring worked for Marriott International in Northern Virginia for five years before returning to Norfolk. She joined NCVB four years ago.

Herring is an active member of SGMP and currently serves as 2nd Vice President on the Board of Directors of the Old Dominion Chapter. She is also an active committee member in the SGMP National Capital Chapter and a member of the Training Officers Conference.

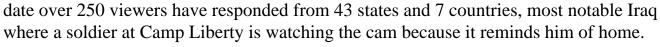
NORFOLK BOTANICAL GARDEN'S EAGLE CAM WINS TOP TEN TITLE

Placed among Web Cams featuring world renowned events and locations such as the Red Carpet at the 2007 Cannes Film Festival in France, a live view of Piazza San Marco and Canale di Noale Santa Fosca in Venice, Italy and a space cam broadcasted out of

Toronto, Canada, Norfolk Botanical Garden's eagle cam soared its way onto EarthCam's top ten list.

EarthCam's top ten cams are chosen by a panel of EarthCam producers who select the best out of hundreds of popular webcam submissions. The criteria used for judging includes image quality, uniqueness of the content, and overall technical achievement in webcam technology.

Botanical Garden employees began to understand the impact the eagle cam was making when the site reach the one million viewer mark last month. A "where in the world are you" link was added to the Garden's site to begin tracking from where viewers were watching. To



The eagle cam can be accessed from the Garden's Web site at www.norfolkbotaniclagarden.org and EarthCam's top ten can be viewed at http://www.earthcam.com/topten.php.

DOWNTOWN LEADERS TO BE HONORED AT DNC ANNUAL MEETING

The Downtown Norfolk Council will host its Annual Meeting on Thursday, June 21, beginning at 11:15 a.m. at the Norfolk Waterside Marriott Hotel. More than 500 Downtown business leaders will come together to honor 2007 Downtowner of The Year, Conrad Hall, President & Chief Executive Officer of Dominion Enterprises and, 2007 Roy D. Badgley Distinguished Service Award Recipients Dr. Sture Sigfred and Ms. Barbara Zoby.

Conrad Hall is being recognized as Downtowner of the Year for his deep commitment to downtown Norfolk and his visionary leadership that has helped his downtown company grow from 12 employees in 1989 to a company that now employees 6600, 1100 of whom are located in downtown Norfolk. "Dominion Enterprises could have located anywhere" said Steve Fuschetti, Chairman of the Board of the Downtown Norfolk Council.

"Because of Conrad's deep faith in the value of the downtown address to his ability to attract a creative workforce, downtown not only benefits from his employees; downtown also benefits from the impact of Dominion Enterprise's new 23 story office tower." "Conrad Hall has changed both the culture and the skyline of downtown Norfolk and it is our honor to pay tribute to him," continued Mr. Fuschetti.

Another coveted award given by the Downtown Norfolk Council is the Roy D. Badgley Distinguished Service Award. This award recognizes individuals who have made a significant impact on the growth, vitality and overall appeal of Downtown Norfolk, and done so with little public attention or fan fair.

This year's recipients, Dr. Sture Sigfred and Ms. Barbara Zoby epitomize the "unsung hero" nature of this award. As property owners and developers, they saw promise in downtown when others did not. Through their commitment to excellence in their three downtown restaurants, they have raised the bar and helped define downtown as the "Fine Dining Center" of Hampton Roads. Both Dr. Sigfred and Ms. Zoby serve on numerous community boards and for 14 years, Ms Zoby served on the Norfolk Planning Commission, 5 of those years as chair.

The Downtown Norfolk Council is a private, not-for-profit membership organization comprised of businesses and individuals working toward a dynamic, attractive and prosperous Downtown. DNC also manages the Downtown Norfolk Business Improvement District, a 48-block Special Services District dedicated to providing enhanced services that keep Downtown friendly, safe and spotless. For more information on the Downtown Norfolk Council, call 623 1757.

OCEAN VIEW RECREATIONAL FISHING & EDUCATIONAL PIER

City Council recently accepted a \$215,850 grant from the Commonwealth of Virginia Marine Resources Commission for the construction of the Ocean View Recreational, Fishing and Educational Pier. The pier will be located southeast of the East Ocean View Recreation Center, off of Pretty Lake Avenue. Details of the project follow.

Purpose

- The East Ocean View Recreation Center and City elementary schools will work together in a program to teach fishing skills, environmental conservation, water quality, fishing species, proper care of fishing equipment, and fishing etiquette to all participants.
- Oyster, plant, and other aquatic life will be featured in the educational program as well.
- The pier will provide a no-fee recreational fishing pier for youth, people with physical disabilities, and for saltwater fishermen.
- The pier project was initiated by the East Ocean View Community in 2004.



Funding Process

- Project is made possible by grant of \$215,850 from the Virginia Marine Resources Commission (VMRC) based off of the recommendation by the Recreational Fishing Advisory Board (RFAB)
- Grant represents 75 percent of project cost
- City matching funds 25 percent from CIP funds appropriated for pier in FY '07
- If bids exceed estimated cost and contingency, additional funding can be requested from the RFAB.

Maintenance and Inspection Plan

- The City will agree to pay an annual license fee of \$571.00 to eliminate the need for users to purchase their own fishing licenses.
- The Division of Facility Maintenance and the Department of Recreation, Parks & Open Space will perform detailed annual inspections as well as inspections after storms.
- A documented record will be maintained of all inspections and repairs performed by these divisions.

Project Schedule

- Special Revenue Account: set-up in May 2007 (following ordinance approval)
- Design: completed April 2007
- Bid/Award: June-July 2007
- Construction: August 2007
- Project Completion: February 2008

HABITAT FOR HUMANITY HOME ARRIVES IN NORFOLK

The modular house that was featured in the Tidewater Builders Association's 2007 Mid-Atlantic Home and Flower Show at the Virginia Beach Convention Center in February has been moved to Norfolk. The home is the result of a partnership between the City, Tidewater Builders Association and Habitat for Humanity in promoting a unique and affordable homeownership opportunity through the development of a pre-manufactured home on a City of Norfolk's GEM lot.

Final site work is now underway on the house which will be turned over to the new residents once the final transfer of the property from the City to Habitat takes place in early June.

OVERVIEW OF GANG ISSUES

Definition of Gangs—Virginia State Law: "ongoing organization, association or group of three or more persons, whether formal or informal,

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- (i) which has as its primary objectives or activities the commission of one or more criminal acts,
- (ii) which has an identifiable sign or symbol, and
- (iii) whose members individually or collectively engage in a pattern of criminal gang activity."

Gang Characteristics

- colors
- name
- clothing
- tattoos
- jewelry
- hand signals
- controls territory or an area
- uses "tags"/graffiti to mark territory
- participate in illegal activity (violent crime/drug dealing or both)
- usually based on race but can include members of different races
- often from same neighborhood
- often have known each other for years
- takes precedence over race, background, neighborhood or family
- primary age group is 14 to 20 (average 18)
- initiation usually involves violent beating or "jump"
- told there is not a way out other than death

Why Do Kids Join Gangs? Basic needs not being met at home or school:

- respect
- support
- family recognition
- protection
- identity
- belonging
- money control

National vs. Local Perspective

Number of Gangs Nationally	21,500
Number of Gangs in Norfolk	65
Number of Gang Members Nationally	731,000
Number of Gang Members in Norfolk	400

Gangs are a National and Regional Issue: Areas in Virginia outside of Hampton Roads with gang problems:

- Alexandria
- Arlington
- Fairfax
- Loudon
- Prince William
- Montgomery County
- Prince George's County

Norfolk's Policing Efforts: Gang Squad

- The Norfolk Police Department has had an operational Gang Squad since 1991.
- Gang Squad is currently being reorganized under the Violent Crimes Section.
- Squad works throughout the city to identify and arrest suspected gang members.
- Through the intelligence gathered suspects have been identified in Robbery and Homicide Cases.

Policing & Prosecution Efforts

- Currently working with Major Case & the FBI on MS-13 in Norfolk
- Working with the Project Safe Neighborhood section of the Commonwealth Attorneys office in prosecuting gang members under the new twenty gang statues that were enacted in 2004 & 2005.

Norfolk Collaboration with National Efforts

- The FBI has established a National Task Force to address MS-13 issues. The Norfolk Police Department has one member assigned to the Task Force.
- The previous Attorney General added 25 statutes specific to gangs. The Norfolk Police Gang Squad has successfully used several of the new statutes to prosecute gang members.
- The new Attorney General just held a meeting with members of the Virginia Gang Investigator's Association to introduce new legislation specific to gangs.

Regional Efforts

• Surrounding jurisdictions are just now in the process of addressing the gang problems in their cities by creating Gang Units.

• The Norfolk Police Gang Squad has been assisting in the formation and training of these new Gang units.

Prevention and Intervention

- Norfolk's efforts have been concentrated on law enforcement and suppression. In the research of why children join gangs, it is clear that additional, efforts are needed in prevention and intervention.
- Strategies, actions and efforts used to dissuade youth from getting involved in gangs, violence and/or anti-social behavior require multi-disciplinary partnership:
 - Government
 - Schools
 - Parents
 - Churches
 - Social Services

Prevention and Intervention Next Steps

- Under the City's Safe Streets Initiative, the City plans to:
 - Work collaboratively with Police and Commonwealth Attorney's Office to better quantify the extent of the Norfolk problem.
 - Identify additional education, awareness and prevention programs.
 - Presentation to full City Council within the next 60 prevention-intervention programs.

DIGGS TOWN RECREATION CENTER REOPENS

After extensive repairs, the Diggs Town Recreation Center, operated by the Southside Boys and Girls Club, reopened on May 14. The center is located at 1401 Melon St. in Norfolk.

Officials from the City of Norfolk and the Norfolk Redevelopment and Housing Authority will be on hand for the opening.

"It is the goal of the Diggs Town Recreation facility, with the help of the city of Norfolk, NRHA, United Way and private contributions, to expand the Diggs Town Recreation Center to support the youth of the community," said Ken Newman, president of the board of directors for the Southside Boys and Girls Club.

Reopened after closing for extensive repairs, the Diggs Town center will feature recreation programs and activities run by the Southside Boys and Girls Club, a unique collaboration between the city of Norfolk, NRHA and the Southside Boys and Girls Club. "When the Diggs Town Recreation Center closed for lengthy repairs, the Southside Boys and Girls club invited all Diggs Town members to come to the Southside Boys and Girls Club in Berkley at no cost to them," Newman said.

The Southside Boys and Girls Club has been serving the Berkley community for over 40 years. In addition to the traditional Boys and Girls Club program, the center provides unique programs, such as the African drum ensemble, *Healthy Lifestyles* supported by the Norfolk Health Department, *Junior Police Academy* conducted by the Norfolk Police Department, the *Arts Partnership*, with the Chrysler Museum.

For more information about the reopening of the Diggs Park Recreation Center, please call 624-8606.

TAXI CAB UPDATE

The Virginia Beach City Manager's Office is recommending to its City Council reciprocal agreements with other Hampton Roads cities that allow Virginia Beach taxis to pick up fares in those cities.

City staff, over the past several months, has worked with Virginia Beach staff researching regional approaches to taxicab reciprocity, which would allow cabs to pick up passengers in either city, regardless of where they are licensed.

Because our city code sets limits on the number of taxis permitted to operate through medallions, and Virginia Beach has no limit on the number of cabs in their city, Norfolk administrators told City Council recently that it was very difficult to create a system of reciprocity that would be beneficial to both cities and



that, "While we both fully appreciate the benefits of reciprocity, we have been unable at this time to develop a system that would be mutually beneficial."

200 BLOCK OF PLUME STREET RECEIVES NEW GRAVITY SEWER SYSTEM

The Department of Utilities is nearing completion of project to replace the sanitary sewer system in the 200 Block of Plume Street. The project, which is scheduled for completion in early June, will require the replacement of approximately 300 feet of aging gravity sewer lines, laterals, and manholes to provide better service to customers in this area of downtown.

While through traffic will be prohibited along the 200 Block of Plume Street; local vehicles, emergency vehicles, and waste collection vehicles will continue to have access throughout the construction period until completion. In addition, construction is currently scheduled to include weekdays and Saturdays from 7:30 am to 5:00 pm, in an effort to complete the project prior to Harborfest.

ADDRESS VERIFICATION AND PROPERTY IMAGING PROJECT

You may see a white van in your neighborhood.......Here's why.....

The City of Norfolk has contracted for a Pilot Project with Mobile Video Services, Inc., to validate the address and digitally photograph the exterior of residential and business properties in the pilot neighborhoods.

The van is clearly marked on the doors and has a flashing light on the roof.

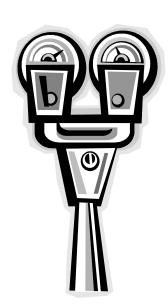
Project Goals and Benefits

- Validate property addresses to identify homes and business for fire, police and medical emergency response.
- Improve the overall quality of property tax appraisals
- Complete a property inventory of all improved parcels in the City.
- Save taxpayers money by making the property tax administration process more efficient.
- Assist homeowners and business with "before" photos in case of losses.
- Enhance emergency management recovery reports necessary for state and federal assistance.
- We appreciate your patience and cooperation with this important project. If you have questions, please call the City of Norfolk Real Estate Assessor's Office at 757-664-4732.

NEW METER PARKCARDS AVAILABLE

No change? No problem. Beginning May 1st Norfolk's visitors, merchants, students and shoppers can purchase a new prepaid Meter ParkCard. Similar to a debit-card, the ParkCards will provide users with a cashless way to use the City's updated electronic meters throughout Downtown and at the ODU Village. The meters, which have recently been updated with new ParkCard system technology, will accept the cards, which offer convenient metered parking and allow our patrons to save money by providing a refund of unused time at the meter.

Norfolk will join several cities around the country including Miami, New York City, and Philadelphia in offering debit parking cards to its residents. ParkCards are for use at all City of Norfolk



parking meters and can be purchased at the Customer Service Center located at 222 E. Main Street. The Division of Parking accepts cash, check or credit cards as payment for the parking cards.

APRIL IS ANOTHER SUCCESSFUL POTHOLE REPAIR MONTH

This is an update in follow-up to the City's annual designation of April as pothole repair month. Public Works' Street and Bridges staff, in anticipation of the pothole repair requests expected as part of the annual campaign and ideal weather conditions, dedicated part of their work days in March to pothole repairs and completed 881 requests.

At the close of the April, crews had repaired an additional 1,173 potholes. The year to year total is down from 2006. The mild winter experienced this year by the Hampton Roads area resulted in less damage to City streets.

YEAR *	POTHOLES REPAIRED
2007	1,173
2006	2,732
2005	4,867
2004	4,613

^{*} Pothole repairs are are ongoing throughout the year.

THE NORFOLK HOTLINE FOR HOMELESS FAMILIES 664-6083

"Helping Families Connect to the Services They Need"

Nearly 1,000 people per month report they are homeless or are concerned about becoming homeless in the City of Norfolk. For too long, families had to call several shelters across the region looking for help, only to be told to keep calling back as there were no openings that day. Now, families can call the Norfolk Hotline for Homeless Families Seeking Shelter at 664-6083, and become connected to the resources in the community more quickly and easily.

The Norfolk Hotline serves as a central point of contact and access to services for families seeking shelter in the City of Norfolk.

The Hotline was initiated to improve child wellbeing for at-risk families by:

- Preventing homelessness,
- Rapidly re-housing families, and
- Improving coordination between various service providers working with homeless families.



The Hotline and its associated partnerships will reduce the number of homeless families placed in hotels by DHS; decrease the number of turn-aways from homeless family shelters; and facilitate access to family strengthening programs in the community.

The Hotline is a partnership initiative of:

- Norfolk Department of Human Services (DHS)
- The Dwelling Place
- ForKids
- The YWCA
- Community Volunteers

What Resources are Available Through the Hotline?

- Information and screening for placement into local family shelters.
- Application for eviction prevention resources.
- Assessment for service needs and connection to appropriate service providers.

Who Should Call?

- Any adult with legal custody of minor children in the City of Norfolk who is or is about to become homeless.
- Any service provider working with a family in the City of Norfolk who is or is about to become homeless.

Hours of Operation

• The Hotline is available 24 hours a day, seven days a week (including holidays.)

- From 7 a.m. to 7 p.m. Monday through Friday, the Hotline is staffed by the Norfolk Homeless Action and Response Team (HART).
- From 7 p.m. to 7 a.m. and Saturdays and Sundays, the Hotline is staffed by our family shelters (The Dwelling Place, ForKids, and the YWCA) on a rotating monthly basis.

Do You Want to Volunteer?

Volunteers are currently being recruited and trained to augment the Hotline staff both at the HART team's location (741 Monticello Avenue) and in the family shelter programs.

Volunteer Requirements

- Clear speaking voice and active listening skills
- Attend orientation
- Criminal background check
- Two shifts per month

Volunteer Benefits

- Make a difference in your community
- Flexible hours and free training
- Learn new skills
- Network with other caring citizens

You can register to volunteer by completing an on-line application at:

www.norfolk.gov/homelessness/pdffiles/Hotline_Application.pdf

or

www.homesforkids.org/comtemt/volunteers.html

or by calling: Volunteer office at 622-6400

BECOME A CITY VOLUNTEER

Did you know that the City of Norfolk relies on thousands of volunteers just like you? That's right, over 15,000 a year in fact. Without these dedicated, civic-minded individuals, Norfolk would not be the great city that it is! Can you imagine a city with no volunteers because no one offered their time, energy, and creativity?

Please consider the benefits of volunteering—for yourself, for your neighbors, for your community. To become a volunteer, see the complete list of <u>volunteer opportunities</u>. Or, contact one of the following departments – they are always looking for volunteers:

- Keep Norfolk Beautiful
- Nauticus

- Neighborhood Preservation
- Norfolk Animal Management Center
- Norfolk Public Libraries
- Office of Emergency Preparedness and Response
- Recreation, Parks, and Open Space
- Utilities
- Virginia Zoo

RADISSON HOTEL NORFOLK EMPLOYEE FOR 40 YEARS NAMED HOSPITALITY ASSOCIATE OF THE YEAR

Kalup Butts, an employee of the Radisson Hotel Norfolk for more than 40 years, has been named the Norfolk Convention and Visitors Bureau Hospitality Associate. During National Tourism Week, the convention and visitors bureau honored the best and brightest hospitality associates in the city for their contribution to Norfolk's tour and travel industry this afternoon at the Half Moone Cruise and Celebration Center.

Nearly 100 associates were nominated in 21 different categories. Butts joined an elite group of Norfolk employees who have been noted with the Associate of the Year distinction since the NCVB held its first Rally in 2002.

With more than 500 people awaiting the decision, local university coaches Sarah Harman, Blaine Taylor and Sonny Travis named Double Tree Hotel Norfolk Airport the "Most Spirited" organization in attendance at the Rally.

RECREATION, PARKS AND OPEN SPACE PREPARING FOR SUMMER FUN AT CITY BEACHES

Summer operations at the Ocean View Beaches begin at 10:00 a.m. on Saturday, May 26. In preparation, the Lifeguard Patrol has trained throughout April and May. New this summer to ensure a safe and enjoyable summer swimming season for all:

- An additional Emergency All Terrain Vehicle (ATV) for emergency response and preventative life guarding.
- Upgraded beach lifeguard stands to increase the vantage point of our lifeguards for patron surveillance and water rescue response.
- Additional rescue watercraft (surf rescue boards and kayaks) for patrolling and emergency response.
- Increased radio communications between beaches and the Norfolk Fire Department.

- Lifeguard Patrol on ATVs after 6:00 p.m. to help educate early evening beach patrons of water hazards and to help respond to beach emergencies.
- Water Safety Lectures and literature to beach patrons to help prevent drowning incidents on all Norfolk Beaches.

In addition, the Department's Division of Parks & Urban Forestry's beach front maintenance crews have started preparing the beaches for the Memorial Day opening of the beaches. Daily beach cleaning operations will begin May 21 and will continue until Labor Day.

The City has three guarded beaches with a of 8 lifeguard stands – Ocean View Beach Park at 100 West Ocean View Avenue, Sarah Constant Beach Park at 300 West Ocean View Avenue, and Community Beach Park at 600 East Ocean View. All three have parking lots, restrooms and showers.

There are also a number of pedestrian access points along the 7.5 miles of Chesapeake Bay shoreline. Staff is also sprucing up all walk over access ways. These access ways have been cleared of sand, graded and will be monitored to ensure easy access. Staff has placed trash



receptacles at every access way, in between each access way, and at other high use areas. Elevated walkways are located at Ocean View Avenue and the following streets:

- 15th View Street
- 13th View Street
- 11th View Street
- 9th View Street
- 8th View Street
- 6th View Street
- Seabreeze Road
- Hammett Parkway
- Shipwatch Road
- Atlans Street
- Beach View Street
- Sturgis Street
- Beaumont Street
- Grove Avenue
- Cape View Avenue
- Inlet Road
- 3rd Bay Street
- 7th Bay Street
- 13th Bay Street

- 15th Bay Street
- 17th Bay Street
- 19th Bay Street
- Ocean View Park (4)
- Bay Breeze

There are additional at grade access points that are marked.

RESURFACING WORK ON SHORE DRIVE AND AZALEA GARDEN ROAD

In late May, the City of Norfolk's contractor began resurfacing Shore Drive between 6th Bay Street and the eastern city limit line as part of the FY-07 pavement management program. In order to resurface the road, the contractor will first mill the street for

approximately two weeks and then repaving of the road will take an additional three weeks. Beginning on or about May 29, the contractor will begin preparing to resurface Azalea Garden Road between Norview Avenue and the Botanical Gardens. The milling and paving work in this area is scheduled to last for about one week. The timely completion of all work is contingent upon weather conditions. All roads will remain open with intermittent lane closures while the resurfacing is being completed.

NAUTICUS MARINA OPENS AT HALF MOONE CRUISE AND CELEBRATION CENTER

A new 15-slip marina has opened next to the Half Moone Cruise and Celebration Center, call 757-625 DOCK for more information.

Constructed in conjunction with the new Half Moone Cruise Ship facility this 15-slip marina features top of the line floating slips for vessels up to 60 feet in length with a 24-foot maximum air draft.

Power and water are available at every slip and head and shower facilities are located on site. The Marina's best attribute is its prime location in the heart of Downtown Norfolk steps away from Nauticus, the Battleship Wisconsin and all of the dining and entertainment options that downtown Norfolk has to offer. The facility will be managed by the Waterside Marina staff who will provide the same high level of service and support available at Waterside. For more info please call us at 757-625-DOCK.

In addition to transient berthing the Marina will offer a limited number of slips on an annual basis. This is an exclusive opportunity – Please contact Brook Smith at 757-459-0431 for more information.

THE HERMITAGE OFFICIALLY OPENS RESTORED WETLANDS

The Hermitage Foundation Museum and Gardens has commemorated the public opening of its restored wetland area. The restored wetland areas lie along the shores of the Lafayette River. In the past year, the Wetlands Restoration project has been underway in an effort to add 5,265 square feet of native tidal wetlands, restore 6,375 square feet of wetlands, and to 11,635 square feet of riparian buffer, which together will act as a natural filtration system, improving water quality in the Lafayette River, a major tributary of the Elizabeth River. The Wetlands project has successfully been completed and the wetland areas will be open to the public.

The Hermitage Foundation is still in need of support for the final stages of the project, which will include boardwalk trails through the newly created marshes. It is anticipated at this time, that youth in the City's pre-employment component (ages 14 and 15) of our Summer Youth Employment Program will play an active role in assisting to complete the Boardwalk Trail under the supervision of the Norfolk Environmental Commission.

UPDATE ON ANIMAL ORDINANCE

City Council, over the last two weeks has received several e-mails about a provision of the Municipal Code regarding the cosmetic alteration of animals. The Council in November 2006, amended the City Code relating to animal control so as to change certain provisions of Chapter 6.1 – Animal Welfare of the City's Municipal Code. The intent of these code changes was to prevent animal cruelty.

One of these amendments required that the cosmetic alteration to any companion animal may only be undertaken by a licensed veterinarian. Additionally, this provision required that the cosmetic alteration could only occur based on a demonstration of a medical necessity. The language requiring the demonstration of a medical necessity was in error and was not intended to be in the ordinance revision.

Once staff was made aware of this error, a correction was made to the ordinance on January 30, 2007 to remove the language that requires demonstration of a medical necessity.

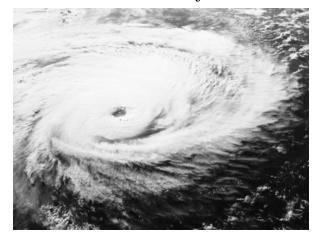
VIRGINIA'S COASTAL RESIDENTS URGED TO PREPARE FOR MAJOR HURRICANE

According to hurricane forecasters, there is a 74 percent chance that a major hurricane will hit the U.S. coastline from Maine to Texas this summer.

t is vital that every Virginian understand something about a hurricane: It could happen to you. In fact, forecasters predict that the 2007 hurricane season will bring up to 17 named storms to the Atlantic, with a 50 percent chance that at least one major hurricane

will hit the East Coast. Yet, surveys show that people in Virginia are no better prepared today than they were when Katrina struck the Gulf Coast two years ago.

"Hurricanes continue to be one of Virginia's greatest disaster threats, and now is the time to get ready," said Michael Cline, state coordinator for the Virginia Department of Emergency Management. "It could happen to you, and there are simple, low-cost steps families can take to get ready: get a kit, make a plan, listen for instructions and learn your evacuation routes."



Getting an emergency supply kit, making a family disaster plan, listening for the latest information and learning evacuation routes take little time and money, but they will provide your family with the tools and information they need when it counts. An emergency supply kit includes essential items to last at least three days such as a battery-powered radio and extra batteries, food and water, flashlights, a first aid kit and medications.

Making a family disaster plan involves discussing the hazards and threats for your area and what your family would do during an actual emergency. As you create your plan, decide on a meeting place if your family cannot return home, designate an out-of-town friend or relative as a point-of-contact and plan for the specific needs of your household, such as an evacuation shelter for pets or transportation for medical equipment.

Before, during and after a disaster, it is critical that you listen for the most local, up-to-date information from emergency officials. Local media will convey instructions from local, state and federal government partners, such as details about evacuation orders, how to safely stay where you are and when the emergency has passed.

Coastal residents should become familiar with their designated evacuation routes and know where they will go if ordered to evacuate. City or county officials will issue a standard evacuation order if conditions warrant it.

Detailed instructions on emergency supply kits and family disaster plans are available online at VDEM's Web site, www.vaemergency.com or through your local

emergency manager. Members of the media can also find hurricane fact sheets, public service announcements, and other information on the Web site.

Even when hurricanes make landfall in other states, they can still cause significant damage and loss of life in Virginia; in fact, some of the worst storms in Virginia's history were from hurricanes that made landfall in other states. Tropical storms or depressions can be just as damaging or deadly as a hurricane. Hurricane Isabel was a tropical storm when it entered Virginia, and caused damage to 75 percent of the state, making it one of the costliest disasters in Virginia's history.

WORLD CHANGERS AND RELATED ORGANIZATIONS TO PROVIDE HOMEOWNERS ASSISTANCE

The City is expanding its partnership with non-profit organizations that provide assistance to homeowners for repair of properties. These community based partnerships are cost effective options for addressing long standing code enforcement violations and improving the quality of the City's older housing stock. Norfolk, in recent years, has gained a reputation in the volunteer community as an inviting and caring city that welcomes this sort of assistance for its residents.

World Changers, a youth missions program of the Southern Baptist Convention will once again return to Norfolk. World Changers provides participants with a "hands-on" involvement in the community through home renovation work for low-income residents. Their focus is to "change the life of the participants by giving them an opportunity to change someone else's world." This summer, Catholic Heart Camp, Serve Management, and MissionsConnect, three organizations similar in scope and philosophy to World Changers will also carry-out projects in Norfolk. These organizations along with World Changers will bring over 600 volunteers to work on 59 homes in the City. The rehabilitation project schedule for this summer, which is being coordinated by the Department of Neighborhood Preservation, is as follows:

Participating	Schedule for Rehabilitation Work
Organizations	
World Changers	June 16 th – June 23 rd
Catholic Heart Work	June 16 th – June 23 rd
Camp	
Serve Management	July 8 th – July 14 th
MissionsConnect	July 11 th – July 28 th

One of the benefits of this summer's schedule is that the four organizations will work collaboratively on several projects. Extensive rehabilitation on at least three homes will occur as a result of this joint effort. The focus neighborhoods for his year are Berkley, Campostella, Ballentine, Coleman Place, Estabrook, Fairmount Park, Lindenwood,

Norview, and Sewells Gardens. Approximately 72% of the homes receiving assistance this summer are in these neighborhoods. Other neighborhoods where home repairs will occur include: Bayview, Coronado, East Ocean View, Huntersville, Oakwood, Park Place, and Ward's Corner.

CITY UPDATES

CITY COUNCIL

Meeting Schedule

First Tuesday: 7:00 p.m. Business meeting, formal docket. Public can address Council on new business provided they have followed the sign-up policy. *

Second Tuesday: 2:30 p.m. Business meeting, formal docket. Public can address Council on new business provided they have followed the sign-up policy.

Third Tuesday: 2:30 p.m. Business meeting, formal docket. Public can address Council on new business provided they have followed the sign-up policy.

Fourth Tuesday: 7:00 p.m. Business meeting, formal docket. To the extent possible, public hearings and planning-related items will be scheduled during these sessions. *

• Tape-delayed airing on TV48 and www.norfolk.gov

Recent actions included the following. For a full copy of minutes check in www.norfolk.gov City Council, or with the Clerk's Office.

- Amended the agreement for the development of a Hilton Hotel, authorizing the expenditure of \$46,280,000 heretofore appropriated and authorizing the sale of an additional \$24,920,000 in bonds, appropriating and authorizing the expenditure of this additional \$24,920,000 for the City's Obligation under the development agreement, further authorizing the City Manager to enter into a cooperation agreement with the Norfolk Redevelopment and Housing Authority NRHA) relating to the development of this hotel, conference center and parking project and authorizing the City Manager to enter into other agreements and take other actions as are necessary to implement the agreement for the development of the **Hilton Hotel Conference Center**.
- Approved a Memorandum of Understanding between the City of Norfolk and the Norfolk Redevelopment and Housing Authority (NRHA) to provide to owners and

residents of **Fairmont Park** financial assistance to improve the condition and maintenance of the properties located therein through the implementation of two programs.

- Accepted \$58,230 from the Virginia Department of Social Services for the **Juvenile Accountability Block Grant Program**, appropriating and authorizing the expenditure of the grant funds and authorizing the expenditure of \$6,470 in local cash matching funds for the program for total program funding in the amount of \$64,700 was introduced in writing and read by its title.
- Accepted the donation of **LUF 60 Fire Suppression Equipment** from the Virginia Department of Transportation to the City of Norfolk for the Department of Fire and Rescue and approving the terms and conditions of an Agreement between the Virginia Department of Transportation and the City of Norfolk in regard to the donation.
- Accepted the Equipment Grant Award valued at \$11,000 from the U.S. Department of Homeland Security as part of the FY 2006 Commercial Equipment Direct Assistance Program (CEDAP). The equipment consists of one TACSIGHT S1 Thermal Imager valued at \$11,000. The equipment awarded to the Norfolk Police Department would enhance our law enforcement activities.
- Authorized the creation and the City of Norfolk's participation in a Regional
 Transportation Authority to manage the development, construction and financing of
 a package of priority transportation projects as provided in by House Bill 3202. The
 Hampton Roads Transportation Authority would be able to impose and assess certain
 authorized taxes and fees, if a required number of localities approve a resolution for
 such fee generation.

The Virginia General Assembly, as part of its 2007 session, approved House Bill 3202, which authorized the creation of the Hampton Roads Transportation Authority (HRTA). A component of the legislation requires at least 7 of the 12 governing bodies, which must include at least 51 percent of the population to pass a resolution not later than December 31, 2007 approving the powers granted to the Authority. The state legislation also established the following conditions for HRTA including:

- Grants the Authority the powers necessary to fulfill its purpose
- Sets the conditions necessary for the imposition and assessment of taxes and fees by the authority
- Identifies members
- Provides means for the Authority to impose, assess and collect taxes, fees and tolls
- Prioritize projects and funding to be undertaken by the Authority

• Enables localities to impose certain additional real estate taxes on commercial and industrial properties.

Transportation projects that will be undertaken by the HRTA include:

- Route 460 Upgrade
- I-64 Widening on the Peninsula
- I-64 Widening on the Southside
- Downtown Tunnel/MIdtown Tunnel/MLK Extension
- Southeastern Parkway/Dominion Blvd./Rt. 17
- I-664 Widening in Newport News and Southside including Monitor Merrimac Memorial Bridge Tunnel
- I-564 from I-64 to the Intermodal Connector
- I-564 Connector to Monitor Merrimac Memorial Bridge Tunnel
- Craney Island Connector

In total, the regional fees would generate an additional \$170 million per year towards critical regional transportation projects. Toll revenues would be additional funds available to the HRTA. Also, optional local taxes could generate additional revenue annually for local transportation projects.

 Approved the terms of the Land Disposition and Development Contract (LDDC), for the sale and development of the property commonly known as the **Ballard Lot**.

The proposed development on the site, Fort Norfolk Plaza, consists of a 125 room extended stay hotel, a 155,500 square foot medical office complex, associated retail/restaurant space, and a 763 space parking garage. The terms of the LDDC provide that the property will be contributed to the development at no cost.

This LDDC contemplates the fact that the property is currently in the ownership of the Commonwealth of Virginia, and further that the City is diligently pursuing conveyance of the property from the Commonwealth to the City. Once conveyance from the Commonwealth occurs, the City will advertise and hold a Public Hearing in order for the Land Disposition and Development Contract to be in full force and effect under the terms approved by this ordinance.

• Accepted a Governor's Office for Substance Abuse Prevention (GOSAP) grant award from the Department of Criminal Justice Services for the Governor's Youth Community Service & Civic Engagement Program-Prepare Until Success Happens (PUSH).

The grant amount is \$10,000 and will be accounted for and reported on in connection with activities undertaken through Norfolk Redevelopment and Housing

Authority (NRHA). This includes a \$1,667 local cash match from NRHA that will be used to fund salary and benefits for a project coordinator position within NRHA.

Adopted an ordinance to post traffic control signs. In response to requests from area
residents, various civic leagues, and independent assessments, the Department of Public
Works' Division of Transportation has conducted investigations regarding the posting
of traffic control signs at the following locations:

43rd Street at Monarch Way. (Stop)
45th Street at Monarch Way. (Stop)
Ashlawn Drive at Van Patten Road. (Stop)
Atlans Street at Hillside Avenue. (Stop)
Balview Avenue at Beach View Street. (Stop)
Foxwell Lane at Mississippt Avenue. (Stop)
Matoaka Street at Spotswood Avenue. (Stop)
Monarch Way at 46th Street. (Stop)
Pleasant Avenue at 25th Bay Street. (Stop)
Reservoir Avenue at Goff Street. (Stop)
Victoria Avenue at Hanbury Street. (Stop)
Whitehead Avenue at Culpepper Street. (Stop)

• Accepted and appropriated \$4,000 from Festevents for costs related to the **transportation of tall ship crews visiting Norfolk** in the spring and summer of 2007.

Festevents is requesting to partner with Norfolk Public Schools for transportation services related to this upcoming event. Current state law limits school board's ability to provide bus services except pursuant to a contract with a governing body of a locality or certain state agencies. This ordinance allows City Council to appropriate the funding to pay for a contract between the Norfolk Public School's and the City to facilitate the transportation of the tall ship crews.

• Amended the existing provision for collecting a **courthouse security fee** from individuals convicted of criminal and traffic offenses in the city's courts. The legislature recently amended 53.1-120 of the Code of Virginia so as to authorize local governments to increase this fee up to a maximum of \$10.00. The current fee is \$5.00.

The Council previously adopted Ordinance No. 40,713 on May 21, 2002, made effective July 2, 2002, imposing a courthouse security fee of \$5.00 to be collected from individuals convicted in Norfolk courts to defray the costs of courthouse security provided by the Sheriff. Individuals convicted of criminal and traffic offenses will be notified of the total fines and costs imposed upon conviction, including the new courthouse security fee. The clerk's office for the convicting court provides further notice and multiple opportunities for individuals to pay costs and fines.

Funds shall be collected by the clerk of court in which the case is heard, remitted to the City Treasurer, and held by the Treasurer until funds are appropriated by the Council to the Sheriff for funding of courthouse security personnel and/or equipment.

- Amended Subsection 24-203 (a), of the Norfolk City Code, 1979, **tax abatement**, so as to provide that no owner shall own more than 20 percent of the units after three years from commencement of the abatement.
- Amended the Development Agreement to be entered into with Roseland Galiani Associates, L.L.C., for the **rehabilitation of the Sears Building** at 201 21st Street and related public improvements.
- Accepted a **Rescue Squad Assistance Fund grant award** of \$25,000 from the Virginia Department of Health, Office of Emergency Medical Services, appropriating and authorizing the expenditure of the grant funds and authorizing the expenditure of \$25,000 of a local cash match, for the purchase of equipment for emergency medical services audio visual and advanced life support training.
- Approved the terms of the Cooperation Agreement between the City and the Economic Development Authority (EDA) to induce a high-rise, mixed-use development on the property located at **515 Granby Street**.

The proposed development on the site, Granby Tower, is a 31-story, mixed-use, primarily residential condominium development consisting of 302 residential units, approximately 14,400 SF of retail space, approximately 15,000 SF of office space, and a 524-space garage.

The terms of the Cooperation Agreement provide that the City, at its sole discretion, will either provide \$22 million to the EDA, or will make grants from time to time sufficient to allow the EDA to pay the debt service and all related financing costs on limited obligation revenue bonds it will issue to provide the developer the \$22 million grant.

The grant will only be paid to the developer at the completion of the project. In this instance, "completion" is defined as both 1) issuance of temporary occupancy permits for not less than 10% of the units and 2) the building has been topped off and enclosed on all sides. The developer may only use the grant funds to reduce the project's bank and/or mezzanine construction financing.

The Cooperation Agreement also provides that at the City's direction, the EDA shall use any rebate proceeds, which it may receive from the developer pursuant to the Grant Agreement between the EDA and 515 Granby L.L.C. to:

- 1) redeem or defease any bonds which it may have issued;
- 2) fund the cost of the design and construction of Flatiron Park (a public park); and/or

3) transfer the rebate proceeds to the City if the bonds are defeased.

• John Sirine & Associates Rezoning Lance Road:

- ➤ The 5.6 acres site, which is currently vacant, is zoned I-2 (Light Industrial).
- ➤ The applicant is requesting to rezone the parcel to conditional C-2 (Corridor Commercial) to permit:
 - two, five-story hotels with 120 rooms each on this.
 - Phase I of the project would include the hotel located on the northeast corner of Lowery Road and Lance Road,
 - Phase II would be the hotel located on the eastern most portion of the site and
 - Phase III would include construction of either a 9,791 square foot office building or restaurant.
 - A total of 365 parking spaces would be provided.

The site would only be accessed by two driveways from Lowery Road.

• Dey Street Properties Rezoning Commercial to Residential:

- ➤ The site was rezoned in 1982 to conditional C-2 (Corridor Commercial) to allow an older commercial building to be used as a lawn and garden shop.
- ➤ The shop has since closed and the current applicant has purchased the property.
- ➤ The applicant is currently constructing 2 single-family homes on the adjacent parcels.
- ➤ The applicant is proposing to rezone this site to residential to allow for 2 single-family homes.
- Conditions Proffered
 - Each of the façade elevations of the 2 homes will be reviewed and approved by the Norfolk Design Center prior to the issuance of any building permits.
- Approved \$64,700 for the Virginia Department of Criminal Justice Services for the **Juvenile Accountability Block Grant** (JABG) award for the period January 1, 2007 to December 31, 2007.
 - ➤ <u>Electronic Monitoring Program</u> (to be operated under a contractual agreement) for the Norfolk Juvenile and Domestic Relations Court continuation of this program which provides community surveillance of youth on a probation or parole status (\$21,000).
 - ➤ <u>Pre-Trial Program</u> (to be operated under a contractual agreement) for the Norfolk Juvenile and Domestic Relations Court continuation of this program targets and diverts juvenile offenders to complete pre-trial program services prior to disposition (\$10,000).

- ➤ <u>Therapeutic Recreational Program</u> the program provides intensive supervision through therapeutic recreational evening programming for court probation and parole supervised youth (\$13,009).
- Norfolk's Commonwealth's Attorneys Office—<u>Violent Crime Team/PSN Unit—Gang Related Prosecutions</u> this unit's objectives include successful prosecutions of felony arrests made by the Norfolk Police Department, the identification of active criminal street gangs, the forfeiture of assets used in furtherance of gang activity seized by police, the ongoing identification of gang members, technology, equipment and training of prosecutors (\$2,900).
- Norfolk Police Department—Police Gang Unit and Special Crimes Unit objectives include the increase of proper training for the Gang Unit and Special Crimes Units, in order for these two police units to facilitate interagency training for prosecutors, court personnel, and others within the community (\$14,556). **Administration is 5% or less of total amount awarded (\$3,235).
- ➤ This is federal funding allocated to localities in Virginia. Cash Match requirements are 10% of the amount allocated. An ordinance authorizing the acceptance of \$58,230 in federal funds from the Virginia Department of Criminal Justice Services, and \$6,470 in local cash matching funds for the program are as follows: \$2,100 from a private contractor, \$1,456 Norfolk Police Department, \$1,301 from the judicial department, \$1,000 Virginia crime control, \$290 from the Norfolk Commonwealth Attorney, and \$323 from the department of human services. Appropriating the funds and authorizing the expenditure of the grant funds; for total program funding in the amount of \$64,700.
- Approved a Memorandum of Understanding between the City of Norfolk and the Norfolk Redevelopment and Housing Authority to provide owners and residents of property in Fairmount Park financial assistance to improve the condition and maintenance of properties within the boundaries of that neighborhood.
 - ➤ General: Fairmount Park is not a designated conservation area; however, the City Council in 2004 approved the Fairmount Park Neighborhood Revitalization Plan. The plan recommends the utilization of existing City and NRHA programs and tools designed to stabilize neighborhoods and to create a desirable place to live. The plan outlines comprehensive strategies to provide technical and financial assistance to individual property owners for improvements to existing residential units.
 - ➤ NRHA plans to initiate the Equity Secure Program and the Aesthetic Improvement Grant Program in coordination with the Department of Neighborhood Preservation as part of the Fairmount Park Model Block Program.

COMMUNITY SERVICES BOARD

EMERGENCY SERVICES—24 Hours a Day—7 Days a Week—664-7690 YOUTH SERVICES—Clinical Treatment Services for Youth—441-1180

FAMILY DEVELOPMENT CENTER-6419 Tidewater Drive, Norfolk, VA 23509, www.norfolkcsb.org; (757) 441-1180

Norfolk Community Services Board offers a "one-stop shop" for all youth and families fortunate enough to live in Norfolk. More effective treatment and brighter futures for Norfolk's families result from easy access to the seamless continuum of care at FDC.

Prevention and clinical youth services staff are located at this site and expanded hours are offered to meet the needs of participants.

Participation in Program: Children and adolescents in need of an assessment in the areas of substance abuse and mental health may be referred for assessment, along with their parents or caregivers.

Types of Services Provided: Services include, but are not limited to, the following:

- Individual and family assessments
- Intakes for ongoing services
- Adolescent psychiatric services to provide evaluations and medication management
- Crisis counseling
- Individual, family and group counseling
- Case management to assist with the stabilization of families and to identify and link families to community resources and specialized services
- Drug screens
- Collaboration and consultation with other agencies as necessary

On-Site Staff

- Licensed Clinicians
- Family Therapist
- Assessment Counselors
- SED Case Managers
- Child and Adolescent Psychiatrist

Workshops and Training: Additional workshops and educational training will be offered in areas such as:

- Parenting Skills
- Conflict Management
- Stress Management
- Violence Prevention and Anger Management
- Substance Abuse Education
- Suicide Prevention

Call 441-1180 for a family Development Assessment.

FIRE RESCUE

Norfolk Fire-Rescue Receives \$31,000 Grant: Petra Risk Solutions and Fireman's Fund Insurance Company, on Thursday, April 19th, awarded a \$31,000 grant to Norfolk Fire-Rescue Department to fund the purchase of new physical fitness equipment in an effort to promote greater firefighter health and wellness.

Firefighters face rigorous physical demands while protecting the public from fire and other emergencies and must be in good physical condition. Sadly, heart attacks and strokes remain the leading cause of illness in fire service. In fact, according to the United States Fire Administration, nearly one-half of all line of duty firefighter fatalities is due to cardiovascular illness. This grant will equip each of Norfolk's 14 fire stations with new recumbent exercise cycles, which are easy on joints and allow for maximum cardiovascular fitness. The grant will also fund needed maintenance on the department's existing treadmills.

The grant package is part of a nationwide program called Fireman's Fund Heritage SM which is funded by Fireman's Fund Insurance Company. The program is designed to provide needed equipment, training and educational tools to local fire departments. Since 2004, Fireman's Fund has issued grants to hundreds of different departments totaling more than \$10 million. Independent insurance agencies that sell Fireman's Fund products are able to direct these grants to support fire stations in their communities. Petra Risk Solutions was instrumental in directing this specific grant to Norfolk

HUMAN SERVICES

Cooling Assistance Applications Accepted Beginning June 15

Cooling Assistance helps eligible households with:

- Payment of an electric or gas deposit if it is the primary cooling source
- Repair or replacement of cooling equipment

To be eligible for Cooling Assistance, the maximum gross monthly income to qualify is \$1,062 before taxes for a household of one, and



\$2,167 before taxes for a family of four. Applications for equipment-related assistance, security deposits and emergency shelter are accepted through August 15.

For more information call the Norfolk Department of Human Services at *664-7550 or 664-7517*.

Water Bill Woes? Norfolk's LIFELINE Can Help. The Lifeline Program was initiated by the City of Norfolk in 1999 to help Norfolk citizens avoid disruption in water services. Lifeline offers financial assistance to low-income senior citizens, families and individuals to provide relief from the combined services utility bill. The Norfolk Department of Human Services and the Norfolk Department of Utilities work together to provide Lifeline information and assistance.

Eligible residents may receive:

- **Bill Assistance** Maximum annual assistance of \$270 in the form of a non-refundable payment to Hampton Roads Utility Billing Service (HRUBS) in your behalf.
- **Plumbing Repairs Assistance** Maximum annual assistance of \$500 for plumbing repairs to licensed plumbers on behalf of owner occupants.

Lifeline applications are available at the Department of Human Services, HRSD, and at the Department of Utilities, or you may request an application by mail. Completed applications may be returned by mail or in person to the Department of Utilities or any Department of Human Services location.

For eligibility guidelines or to request an application, call 664-6035 or 664-6311 or visit www.norfolk.gov/HumanServices/PDFFiles/Lifeline%20Factsheet.pdf.

CONVENTION AND VISITORS BUREAU

Economic Impact of Travel: A recent economic impact of travel conducted by the Center for Tourism Research at the University of Florida and Old Dominion University indicates that the number one thing travelers like about Norfolk is its people!

Our research also shows that over 2 million visitors choose Norfolk each year for their travel destination and these visitors stay in our hotels, dine in our restaurants, shop in our retail outlets and visit our attractions.

LIBRARIES

2007 Summer Reading Club-Virginia Trails! Norfolk Public Library

June 18-August 25

Join us as we journey down the story trail and hear exciting tales about adventures, escapades, and antics that will have you sitting on the edge of your seats! And don't miss the prizes, crafts, magic and puppet shows. All programs are free and open to the public!

Here's how to get started with the Summer Reading Club:

- Visit any Norfolk Public Library location June 18-August 25
- Register and pickup your reading logs, events calendar, weekly goodies, and entry in the prize drawings
- Read...Enjoy Free Programs...Earn Prizes...Have Fun with Activities, it's that easy!

For more details on Library events, see the Things to Do and See section



Need Accurate Homework Information 24 hours a day/7 days a week? Check us out! www.npl.lib.va.us

Main Library-Kirn Memorial Library

301 E. City Hall Avenue Norfolk, VA 23510 757-664-4323

Branches

Blyden Branch

879 Princess Anne 441-2852

Horace Downing

555 E. Liberty Street 441-1968

Janaf Branch

124 Janaf Shopping Center 441-2843

Jordan-Newby Branch

961 Park Avenue 441-2843



Lafayette Branch

1610 Cromwell Drive 441-2842

Larchmont Branch

6525 Hampton Blvd. 441-5335

Little Creek Branch

7853 Tarpon Place (off Little Creek Road./one block from Azalea Garden Rd) 441-1751

Park Place Branch

620 W. 29th Street 664-7330

Pretlow Branch

120 Balview 441-1750

Van Wyck Branch

1368 DeBree Avenue 441-2844

Barron F. Black Homework Center

6700 E. Tanners Creek Drive 441-5806

Outreach Vehicles

Bookmobile: 858-2088 Treasure Truck: 441-1629

NEIGHBORHOOD PRESERVATION

FYI—Norfolk Graffiti Ordinance: The following describes the current code:

- 5 days to remove. If the owner performs abatement within 5 days of receipt of notice, he or she is eligible for a cost reimbursement up to \$50.00
- Class 2 misdemeanor
- Provides a \$500 reward



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- Allows notice to be delivered, mailed, or posted at the property.
- 30 days time limit of memorials in right-of-way

Public Works is responsible for graffiti in Right-of-Way and Neighborhood Preservation is responsible for graffiti on private property.

The Police will continue to enforce the ordinance, identify and track gang members for prosection.

NORFOLK'S COMMONWEALTH'S ATTORNEY OFFICE

Norfolk Commonwealth Attorney's Office: The Norfolk Commonwealth Attorney's Office is marking May with a number of celebrations of the law.

National Law Day

On National Law Day (May 1), three prosecutors from the Norfolk Commonwealth Attorney's Office spoke to 50 students in 2 separate Government classes at Maury High. Each prosecutor detailed his/her educational and employment history. They also explained how a criminal act – a charge – becomes a case in the system of courts and how the office is divided in to teams to prosecute people for the crimes they commit in Norfolk. The prosecutors then answered the students' questions. The students were especially interested in cases of driving under the influence (DUI) and gangs. The students were rewarded for their participation with the newly learned information and gifts of pencils and bookmarks from the prosecutors. The time spent was such a success that a different teacher at the school has asked for the prosecutors to return for the same presentation to her 4 classes later in the month.

National Law Month, Optimist International

The entire month of May is Law Month for the organization, Optimist International. Prosecutors from the Office will speak to the members of the group's Norfolk chapter on May 10, 2007, and May 24, 2007. The prosecutors will focus their comments on crimes involving kids, since the goal of Optimists is to meet the needs of young people in communities worldwide.

National Peace Officers' Memorial Day/National Police Week

Norfolk Commonwealth's Attorney Jack Doyle and his staff will join the Norfolk Police Department in honoring police officers who've died in the line of duty – in Norfolk and across the country – at a memorial service on May 17, 2007. The service, hosted by the Norfolk Police Department, begins at 10am and will be held outside in the City Hall/Courts Plaza. The Office will contribute to the event by attending and by having a wreath placed at the memorial statue.

National Peace Officers' Memorial Day/National Police Week is the week of May 15th, as ordered by President John F. Kennedy in October 1962.

Additional Information

If you would like more details about the information provided by the Norfolk Commonwealth Attorney's Office, please see the content links below and/or contact Amanda Howie, Director of Communications, via phone at (757) 664-4861 or e-mail at amanda.howie@norfolk.gov.

Content Links

American Bar Association (ABA), National Law Day http://www.abanet.org/publiced/lawday/2007/home.shtml

National Peace Officers' Memorial Day/National Police Week http://www.nationalcops.org/npw.htm

Norfolk Commonwealth Attorney's Office http://www.norfolk.gov/commatty/

Optimist International http://www.optimist.org/

NORFOLK ENVIRONMENTAL COMMISSION

HAVING AN EVENT? WANT TO RECYCLE? WE CAN HELP!

Keep Norfolk Beautiful can help civic leagues, neighborhoods or other community groups bring recycling to your events (*indoors or outdoors*).

We can loan you:

- Portable recycling containers
- Bags
- Tips on how to make recycling a success



• Signs to promote the recycling of cans and bottles at your event

You will need to:

- Arrange to pick up supplies
- Collect recyclable items after the event
- Return materials to our office

If you are interested or would like more information, please call 441-1347 or email Nicole.dutil@norfolk.gov.

PACE

<u>Outreach to the Hispanic Community:</u> Police Officer Valdez reported on his efforts to reach out to the Hispanic community. His program began in October of 2006.

Many Hispanics in Norfolk are here illegally, so they are constantly in fear of being discovered and deported, making any interaction with the Police Department especially difficult. Officer Valdez has been trying to meet with members of the Hispanic community to try to build a working relationship, but there is great suspicion. Holy Trinity Church and Norfolk Apostolic Church have been working closely with him to help get people to meetings, of which there have to date been six, with anywhere from 12 - 32 people attending. The Spanish radio station has been assisting in getting the word out about the meetings as well. The next meeting is April 21, 3:00 pm, at the Norfolk Apostolic Church.

Topics discussed in the meetings:

- Regular traffic stops and how to behave
- 911 calls
- Advice on avoiding buying false documents
- Filing reports if victimized.

In answer to questions, Officer Valdez stated that there are some Hispanic gangs, but there are no activities that stand out as worse than the non-Hispanic. There is, however, an issue with landlords "packing in" illegal immigrants, and that the Police, Zoning, and Property Maintenance continue to work together to try to ameliorate. He stated that all City departments need to look at developing sources of communication with this community. If he's needed, Officer Valdez can be reached at 664-6931 (o) or 282-1329 (c).

Programs for Kids "On the Brink"

Youth Development – Gwen Cherry – 441-6042

This Division of the Department of Neighborhood Preservation seeks to "take kids where they are" and help them grow into productive citizens. Current activities include:

- 2 after school programs, at Lafayette Winona and Lake Taylor Middle Schools. The programs are open to all Norfolk Children, but no transportation is provided except for those attending these schools.
- Norfolk Teen Culture Committee, designed to promote tolerance and understanding. They work with kids on Saturdays and after school, and plan the annual Teen Culture Fest held in December.
- Train other youth-serving organizations in youth development principles
- Run 3 2-week academies to teach computer skills grant funded
- Youth mapping, which will list youth programs by agency. Please forward any information to Gwen.
- Youth Council. Trying to establish Youth Civic Leagues.
- Would like to working with Police on Youth Police Academies and Police Cadets

Norfolk Community Services Board – Kristy Livsey – 441-1180

- Student Assistant Counselors are in every high school. They link kids with services, run groups (Anger Management, Grief and Loss, Truancy and Gang Prevention, etc.), and other activities tailored to the needs of the students.
- Counslors part time at Lake Taylor, Norview, and Blair Middle Schools, mostly to teach "Get Real About Violence" program.
- Jail diversion tours in conjunction with CPAAAN. They are working toward adding some porgamming to the trips.
- Family Development Center to look at the clinical side of youth issues. Will take referrals from anyone.

Other places/organizations to look for assistance:

- Kidspriorityone.org lists lots of programs
- Seton House has mentoring program for the children with incarcerated parents
- Second Chances has a program to keep kids connected with their incarcerated parents
- Truancy Assessment Center

NRHA Youth Services - Betty Temple and Jennifer Branham

Betty Temple/Jennifer Branham of NRHA discussed the agency's truancy intervention/prevention program. There are 4,300 residents from birth to 22 years of age in NRHA. The program is a collaboration between Norfolk Public Schools, the courts, and other departments. Once a referral is made, NRHA works with the parents to develop a

program based on age, which could include GED classes, pre-employment job readiness, anger management or other. NRHA just received a state grant for PUSH (Prepare Until Success Happens) program.

PARKING

Parking Attendant of the Year: Annie Britt, Customer Service Representative, was awarded "Parking Attendant of the Year" by the Norfolk Convention and Visitor's Center at the National Tourism Week Rally recently. Britt, a full time Customer Service Representative and works at night at three of our busiest parking facilities, the Waterside Garage, the Town Point Garage and the West Plume Street Garage, all of which serve a varied, and sometimes very demanding, clientele. Britt was honored for using her excellent customer service skills to interact in a positive manner with all the patrons, according to her nominators.

PROJECT UPDATES

Monticello Avenue Underpass to Receive a Fresh Coat of Paint. The City has contracted with Conrad Brothers to begin painting the retaining walls of the Monticello Avenue Underpass and repairing a small section of the upper deck that was nicked. The work will begin during the week of May 7th and is scheduled for completion by the end of June. One lane of traffic in each direction will be closed until the work is completed.

This underpass, located just north of 21st Street and Monticello Avenue, recently underwent structural improvements to the bridge façade, walkway, handrails, lighting, and roadway. As part of this upgrade, staff undertook an evaluation of how to most cost effectively treat the underpass retaining walls. After extensive reviews of materials, an acrylic masonry paint, that is relatively inexpensive yet highly durable, was chosen.

Norview Community Center: A Notice to Proceed was issued to J.B. Denny Company in February for construction of the new Norview Community Center. So far, mobilization, site preparation, and structure demolition has taken place. The contractor will start underground utility lines and the building foundation soon.

The 26,900 square foot recreation/community building will include multi-purpose rooms, gymnasium, dance studio, fitness area, classrooms, kitchen, library, art room, offices, game room, and computer labs.

The \$6 million project is the culmination of several years of work with consultants, stakeholders, and the community. City Architect Bob Meadows says the activities and programming for the center was developed with community input.

"What makes this community center special is that it will be unique unto itself, in that it was created for the Norview community, by the Norview community," said Meadows.

Campostella Heights Community Education/Resource Center: The Campostella Heights Community Education/Resource Center was bid for construction in mid-April. The \$640,000 center will be located at the corner of Mt. Vernon Avenuw and Campos Place just off of Campostella Road,

The design consists of a 2200 sq. ft. center housing a multipurpose room, a resource (computer) room and a garden gateway approach. A 19-space parking lot is also planned for a project. The notice to proceed should be issued in July, with and estimated completion of March 2008. An informational webpage for the project has been set up at www.norfolk.gov/publicworks/cip_projects/CHCERC/CHCERC.asp

PUBLIC WORKS

Kudos to the Signal Team: The Transportation Division's signal team recently completed a signal system upgrade project which added seventeen (17) signalized intersections to the City's Advanced Traffic Management System (ATMS). The Transportation Division's ATMS system is a centralized application for monitoring and controlling various system elements that include: Traffic Signals, CCTV Cameras, and Changeable Message Signs.

Other applications have been added to the Division's capabilities that include the shared use of VDOT's CCTV Cameras and the creation of the City of Norfolk's Traffic Channel 46.

The STC and TOC team jointly developed a plan to design and implement the addition of the 17 signals to the ATMS communication network along the Virginia Beach Boulevard, Kempsville Road and Newtown Road corridors. The work included:

- Developing a design for a fiber-copper interconnect communication scheme
- Contracting for installation of copper interconnect cable along Kempsville Road
- The purchase and installation of new signal cabinets and controllers by TOC staff
- The purchase and installation of required communication devices by TOC staff

This multi-task project was developed in support of the Division's mission to provide safe and efficient transportation system for motorists and pedestrians throughout the City. In January, the final upgrades were installed and those signals have been added to the ATMS network. The connection of the signals to the ATMS allows DOT to remotely monitor and make real time adjustments to the traffic signal timing plans. The DOT is in

the process of retiming those signals to improve travel time and reduce delay along these heavily traveled corridors.

Benefits of the Project: This project demonstrated the ability for the TOC and STC Programs to coordinate the development and implementation of a project that expanded the number of the ATMS network's signals by 8%. By using a multi-task approach the DOT was able to accomplish the project through a combination of contracted services and City-Staff effort that resulted in significant cost savings to the City. It is estimated that the DOT saved the City approximately \$150k-\$200k using this project approach.

Public Works Program Wins APWA Award: The VA/DC/MD Chapter of the American Public Works Association (APWA) has awarded the Department of Public Work's Illegal Sign Training Program the *Innovation/Efficiency Award* for 2007. The Innovation/Efficiency Award recognizes an individual or group that develops a new method for conducting work processes or adapting an existing methodology to a new application. The VA/DC/MD Chapter will recognize the Illegal Sign Training Program at its regional conference in Newport News.

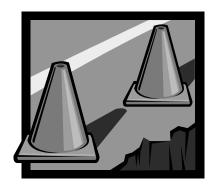
City Council, as you may recall, passed an ordinance allowing residents to remove illegal signs from the City's right-of-way. Subsequent to Council's action, the Department of Public Works developed an Illegal Sign Training Program to train residents to safely perform this function. The program provides residents with the knowledge and ability to know what is permitted in city right-of-way and what is not, and certifies them to confiscate any sign that has been posted illegally. To date, more than 100 residents have been trained to confiscate illegal signs in the City of Norfolk.

Downtown Construction Projects Keep Staff Busy: Downtown Norfolk has undergone a tremendous revitalization since the opening of the MacArthur Mall in 1999. Since then several new developments have been completed while a number of projects are still under construction and more are in sight. Currently there are 20 active projects in Downtown.

Imagine a Downtown with Waterside Drive closed on the south side, City Hall Avenue closed in the middle and Brambleton Avenue Bridge under construction to the north at the same time. This was the landscape in downtown this past December.

It is an everyday routine to juggle requests from contractors and coordinate their requests while taking into consideration public safety and accountability. Those activities keep the Right-of-Way Permits office and inspectors BUSY.

It is equally challenging to coordinate with all stakeholders the details of the construction projects and disseminate timely information to the general public. Staff from the Division attends monthly Downtown Construction Coordination meetings along with the Downtown Norfolk Council (DNC), contractors and various city departments. Major street closures are posted on Channel 46 in coordination with the Management Services. In addition, the



DOT coordinates extended street closures or closures that will significantly affect regional travel with the Virginia Department of Transportation (VDOT). These closures are often posted on interstate message boards and included in the highway advisory radio messages on 1610 AM.

Currently, DOT staff is working with the IT Department to improve and upgrade the Right-of-Way permitting system to make the system accessible to various city departments. This feature will better assist in coordinating events and projects among the city departments. Upon completion, a map showing the location and the status of each permitted project will be produced and updated automatically through the system. This information will broadcast in the Norfolk's website for the general public to view.

The Story of a Sign: There are more than 60,000 signs posted throughout the City of Norfolk. Each sign is regulated by the Manual on Uniform Traffic Control Signs (MUTCD) guidelines. These guidelines define the type, color, shape and font style of traffic signs placed along, beside, or above a highway, roadway, pathway, or other route.

The purpose of traffic control signs, as well as the principles for their use, is to promote highway safety and efficiency by providing for the orderly movement of all road users on streets and highways throughout the Nation. Traffic control signs notify road users of regulations and provide warning and guidance needed for the reasonably safe, uniform, and efficient operation of all elements of the traffic stream.

Three "one-man" teams work continuously to repair and replace the existing signs and install new signs. Approximately 1,000 new signs are added to the inventory each year.

A sign normally lasts about 10-years. Based on that average, the Transportation division replaces approximately 6,500 signs a year. Installing signs is labor intensive and time consuming. It may take more than an hour to erect a sign, especially if it requires a pole replacement.

Follow that Trash. What happens to your trash once the trucks empty the carts? On March 3rd, 17 Norfolk residents spent a sunny Saturday finding our just that! Participants visited Norfolk's Transfer Station, and learned Norfolk really has no "dump," just a temporary holding facility until the trash is sent on to the appropriate facility.

One of those facilities is SPSA's Refuse-Derived Fuel (RDF) Plant. While at the plant, residents learned that much of the City's residential trash is burned to create energy, which is then sold to Portsmouth Naval Shipyard.

The tour ended at TFC Recycles Now Materials Recovery Facility, or MRF. At the MRF, the recycling collected from residents' curbs is sorted, baled and sent to various vendors to convert into new products. This process can use up to 50% less energy than if the item were made from new materials!

The "follow the trash" tour was part of the 2007 Great



American Cleanup Events.

A Healthy Life, Celebrated Daily! Keep Norfolk Beautiful Rallies Hundreds of Civic Organizations, youth groups, businesses and individual volunteers took a step toward improving the quality of life in Norfolk as they cleaned up litter-strewn streets and waterways during Keep Norfolk Beautiful Day.

KNB's goal is to sponsor 50 cleanups during this year's Great American Cleanup, and we reached nearly half that goal on March 24th! Eight hundred volunteers spent a beautiful Saturday morning participating in twenty-three organized events, collected over 30,000 lbs. of trash!

Some highlights:

- **Bay View Elementary** The neighborhood cleanup centered around an Eco-Fair, including a visit from Mayor Fraim, Council member Barclay Winn and other locally elected officials, and booths from local non-profits and conservation groups.
- **Harbor Park** A KNB site, where dozens of volunteers helped spruce up the park's waterside in time for the games to begin!
- **Knitting Mill Creek -** Volunteers from Wetlands Watch, Phoenix Rising, ForKids and YWCA conducted Phase I of a restoration and cleanup effort of a wetlands along Colley Avenue trash/litter cleanup, mulching of trees, pruning shrubs, removal of concrete and wood debris.
- Lakewood Park Members of the USS George Washington cleared natural debris (i.e. gumballs thousands) from playing fields to reduce the chance of visitor and sporting injuries.

For information on how to help Keep Norfolk Beautiful, contact John Deuel at 441-1347 or john.deuel@norfolk.gov.

Towing and Recovery Statistics: The Division of Towing and Recovery removed 552 vehicles in January. The division removed vehicles for the following reasons:

- 375 Police Request
- 81 Abandon Vehicles
- 35 Nuisance Vehicles
- 61 Stolen Vehicles Recovered

Streets & Bridges Projects of the Quarter for 2006: Four outstanding projects were selected as "Project of the Quarter," and the following teams were recognized.

- 1st Quarter/Zone 3—Exceptional teamwork in the installation of ADA Ramps on Early Street from Woolsey Street to Robin Hood Road: ADA Ramps are routinely prioritized and scheduled for installation; however, special needs cases are given top priority. In the first quarter, Zone 3 responded to a special situation and plotted the course for 20 new ADA ramps from the home of a child using a wheel chair to her neighborhood school. The ramps were installed timely so that the child had a safe route to school.
- 2nd Quarter/Zone 2—Exceptional teamwork in the repair of an ADA ramp on Springfield Avenue and Oakwood Avenue: There was an ADA ramp identified in the second quarter that needed to be pushed back 4 feet from the curb to prevent damage caused by buses, cars and trucks. A Zone 2 crew removed the old curb and reconstructed a new curb. As a result, a better turning radius was created for the traffic. The modifications also created a safe area for the handicap residents who access the ADA Ramp daily.
- 3rd Quarter/Zone 2—Exceptional teamwork in the completion of road repair to the median of the feeder road at 6222 East Virginia Beach Blvd.: The significance of the work done in the third quarter by Zone 2 was the repair could only be done by hand due to the narrow width of the median, only 24 inches wide, located in front of a business area at the Colonial Cadillac Car Dealership. The team had to use hand shovels and loops to repair 530 linear feet of roadway.
- 4th Quarter/Zone 1—Renovation of a parking area located at Colonial Avenue and Princess Anne Road and installation of new sidewalk: In the fourth quarter, Zone 1 provided a tremendous improvement to the community in Ghent considering the fact that Bit 'N' Pieces of Ghent used the parking area before the renovation and the outcome after the renovation provided a win-win situation. A new pedestrian sidewalk with a curb in the area was installed and parking space lines for designated parking which would not block the sidewalk were formed.

SHERIFF

Yellow Dot Program. Call 441-5080 for information about the new Yellow Dot program, which tells emergency service workers to look for vital medical and other information in the glove compartment of older residents.

The Yellow Dot decal on a car's back windshield immediately identifies the driver as a participant in the program. It alerts emergency services personnel to look for the corresponding yellow folder in the glove compartment. The folder should contain vital information, including current medical information, a photo, personal physicians, hospital preferences, contact numbers and more life saving data. Responders can then begin treatment faster. Minutes, if not seconds, can make a big difference, even save lives.

Norfolk Sheriff Bob McCabe launched the "Yellow Dot" campaign in May with the TRIAD partnership, and cooperation from the Norfolk Police and Fire Rescue Departments. The program was created to help protect and save the lives of Norfolk's senior citizen drivers. A person 65 or older who is involved in a car accident is more likely to be seriously hurt, more likely to require hospitalization, and more likely to die than younger people involved in the same crash.

If the driver is seriously hurt, disoriented or unable to converse with rescue workers, rescue workers would have know way of knowing allergies and medical history, and would have to wait until they got her to the hospital to begin administering pain medication and treatment. With "Yellow Dot," they could begin certain treatments immediately.

"Yellow Dot" forms are available through the Norfolk Sheriff's Office, Norfolk Police Department, Norfolk Fire Rescue TRIAD groups, senior communities and other public facilities. For more information, call the NSO's Community Affairs Division at 441-5080 or visit Norfolksheriffsoffice.com.

UTILITIES

Norfolk's Water Quality Rated #4 in the Nation. In a recent comparison of the drinking water of 100 cities in the United States, *Men's Health Magazine* recognized Norfolk's water quality as fourth best, receiving a grade of "A", as did the top three cities, Denver, CO, Baton Rouge, LA and Kansas City, MO.

The magazine states that all the cities in the study produce safe drinking water, but that the comparison ranked the cleanliness, or quality, of the water. Researchers examined

each water system's most recent data on levels of arsenic, lead, halo-acetic acids and total trihalomethanes, and total coliform bacteria. They also considered the number of Environmental Protection Agency (EPA) water-system violations from 1995-2005. These data are found in the annual Water Quality Report required by the EPA of all drinking water systems.

The City of Norfolk's 2007 Water Quality Report contains data on Norfolk's drinking water gathered from January 1 through December 31, 2006, and will be mailed to all Norfolk water customers this spring. As always, Norfolk's drinking water met all EPA standards in 2006.



Utilities Training Film Wins Communicator Award of Distinction. "Jet Truck Operation", a 10-minute training film produced by the Department of Utilities, has won the Award of Distinction in The Communicator Awards 2006 Video competition. The video

was written and produced by Public Information Specialist Peg Nelson and stars Utilities' Operations Manager Eric Tucker as narrator and host, and jet truck team Tom Fritz and Melvin Burden. It was designed to familiarize employees with the proper use and maintenance of the vehicle and the related safety measures to follow. Completed in May 2006, the video has been used for Utilities in-house training since July 2006.

The Communicator Awards is an international awards competition that recognizes outstanding work in the communication field. The Award of Distinction is given to projects that exceed industry standards in production or communication skills.

Z00

One hump or two, "Chewbacca" comes to the Zoo? The newest resident at the Virginia Zoo has one hump and goes by the name Hercules. This four year old dromedary camel is now on exhibit in the hoof stock area of the zoo.

"Hercules is a very friendly camel and has been approaching zoo visitors at the front of his exhibit. He then makes the rumbling growly noises that were used for the voice of Chewbacca in the *Star Wars* movies. He's very excited to be in here and now we have our own Chewbacca!" said general curator Louise Hill. "Hercules is such a unique animal, he can open and close his nose to prevent insects from flying in, and then twitches his nose to cool the air in his nasal passages."

Originally native to western Asia and East Africa, dromedary camels can grow to a length of 10 feet and height of seven feet weighing up to 1,500 pounds. This herbivorous

animal stores fat in his hump, not water, and spits to surprise anything that might bother him.

In the 1800s camels were some of the first pioneers in the US, brought here to help "tame the west". They assisted some of the first explorers and were very helpful when working in the gold and silver mines. Many camels ran wild throughout the southwestern United States after being released from the mining industry. Thousands of camels run wild in Australia today having been "pioneers" in that country in the past.

"Hercules is the first of many new animals being brought to the zoo this summer," said Greg Bockheim, zoo executive director. "We'll have a red panda, kangaroos and lovebirds on exhibit in the next couple months."

To see Hercules and more than 350 other animals, visit the zoo between 10 a.m. and 5 p.m., seven days a week.

The Virginia Zoo's really big ladies are named Norfolk's Tourism Ambassadors. Weighing in at 7,800, 8,600 and 10,000 pounds respectively, the Virginia Zoo's three African elephants Cita, Monica and Lisa are Norfolk's ambassadors of the year, an award

given by the Norfolk Convention and Visitors Bureau. Not only are they dynamic, charismatic and exceptionally talented megavertabrates, but they also clearly represent the "big picture" when it comes to hospitality and customer service.

Sharing the mission "Be all you can be! If you can't wear it, crush it or scare it, eat it!" the girls happily go about their day performing various crowd pleasing assignments, including:

- · Branch and log pulverizing
- · Tire stomping and rolling
- · Glee-filled mudbathing
- · Eating with mouth full and open
- · Vocalizing to include, but not limited to, rumbling, roaring, squeaking and making the ever popular burp-like sounds

SPOTLIGHT

NORFOLK REDEVELOPMENT AND HOUSING AUTHORITY (NRHA): WHAT THEY DO

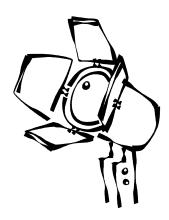
- Created over 24,000 housing units
- Used over 100 bond issues—totaling \$191.3 million—to develop over 6,000 new and renovated units
- Carried out 20 redevelopment projects
- Administered conservation projects covering 4,000 acres in 18 areas
- Issued \$90 million in rehabilitation loans/grants
- Through Hampton Roads Ventures (HRV), secured and deployed \$50 million in New Markets Tax Credits (NMTCs)
- Secured and deployed \$40 million in Low-Income Housing Tax Credits (LIHTCs)

Total FY2007 budget: \$102,213,739

- Housing: \$69,320,412 (68%)
- Development: \$32,893,327 (32%)

FY2007 funding resources:

- HUD Grants/Subsidies for Public Housing \$53,114,832 (52%)
- Earned Income and Rents \$30,029,317 (29%)
- City Funding, \$19,069,590 (19%)



4.7 million general fund detail:

Conduit

- Waterside operations (\$850 thousand)
- Nordstrom note (\$2.9 million)
- Performance-based incentive grants (\$250 thousand)

NRHA Support

- Support services (\$600 thousand)
- Granby building rent (\$100 thousand)

NRHA is controlling labor costs by reorganization and attrition.

- 1999: 351 regular full time employees
- 2007: 292 regular full time employees
- 16.8 percent reduction

We reinvest in Norfolk through neighborhood services:

- Conducting neighborhood assessments
- Developing neighborhood plans with the City and communities
- Developing master plans
- Removing blight through land assembly and acquisition
- Providing residential and business relocation
- Demolishing and clearing dilapidated structures
- Providing land disposition to builders/developers
- Planning and installing infrastructure
- Promoting design standards
- Supporting civic leagues and neighborhood association
- Marketing and promoting neighborhoods
- Providing homeownership assistance

We reinvest in Norfolk families:

- HomeNet- homebuyer education and assistance
- Homeowner rehabilitation loans and grants
- Rental assistance
- Family self-sufficiency services
- Workforce development

NRHA's property management portfolio:

- 3,600 assisted multifamily rental units
- 2,800 housing choice vouchers

• 1,200 affordable market-rate multifamily rental units

Asset management is causing NRHA to change its way of business. Asset management means:

- Each public housing area will be treated as a separate business entity
- Swift conversion to the program limits our financial loss
- Stronger emphasis on workforce development programs for residents
- Additional staff training will be required to meet future demands

Asset management means to our employees:

- Reorganization
- Creation of new processes
- Every employee will be affected
- Every employee will be accountable
- It will be hard work

We expect HUD to only pay us 74 percent of the assigned subsidy and so we expect total budget expenditures to exceed total revenues. (\$1,254,357) deficit

NRHA has put into place four strategies for meeting new business demands:

- Cost control through staff attrition and redeployment
- Revenue enhancement through rent management and alternative funding
- Improving the public housing inventory
- Supporting workforce development efforts

Initiatives-current neighborhoods:

- Ballentine Place
- Bayview
- Berkley
- Brambleton
- Broad Creek
- Campostella Heights
- Chesterfield Heights
- Cottage Line
- East Ocean View
- Grandy Village
- Hampton Boulevard
- Huntersville/Church Street
- Lamberts Point
- Oakleaf Forest

Park Place

Recent neighborhood initiatives:

- Attucks Theatre
- Berkley Shopping Center
- Berkley/South Main Street
- Central Brambleton Arch
- Martin Luther King Plaza
- Middle Towne Arch
- Park Place East at Broadway
- Stone Bridge Crossing
- TCC Downtown Campus
- West Church

Conservation and redevelopment plans:

Near Completion

- Berkley III
- Ballentine Place
- Campostella Heights
- Central Brambleton
- Cottage Line
- Huntersville II
- Lamberts Point
- Midtown Industrial
- West Ocean View

New Plans

- East Ocean View
- Park Place/Kensington/Villa Heights

Sunsetting Plans

- South Brambleton
- Hampton Boulevard

Active

- Bayview
- Willoughby

FYI

ORDINANCES

The following two ordinances are included to help residents comply.

CHAPTER 13: ACCESSORY USES AND STRUCTURES

- **13-1 Purpose Statement:** This chapter is intended to provide general regulations, applicable to all Zoning Districts, for accessory uses and structures which are customarily incidental and subordinate to the principal use and which are located on the same zoning lot. It is further intended to provide specific standards for certain accessory uses and structures.
- **13-3 Zoning Certificate Required:** No accessory use or structure shall be established or constructed unless a zoning certificate evidencing compliance of the proposed use or structure with the provisions of this chapter and all other applicable regulations of this ordinance has first been issued in accordance with Article IV, Chapter 19.

13-6.3 Fences and walls.

- (a) Located in front yard.
- (1) Height limited to 4 feet if constructed of lattice, wire, or any other material which leaves open 50 percent or more of the surface area.
- (2) Height limited to 2.5 feet if solid.
- (b) Located in side or rear yard.
- (1) Height limited to 6 feet in all HC districts and residential districts R-1 through R-10, but where the fence or wall runs along a property line which abuts a nonresidential district, height limited to 8 feet.
- (2) Height limited to 8 feet in all other districts.
- (c) Located in corner side yard.
- (1) Height limited to 6 feet if constructed of lattice, wire, or any other material which leaves open 50 percent or more of the surface area.
- (2) Height limited to 2.5 feet if solid.

CHAPTER 16: SIGNS

Sign. Any object, device, or structure, or part thereof, situated outdoors or indoors which is used to advertise, identify, display, direct or attract attention to an object, person, institution, organization, business, product, service, event or location by any means, including words, letters, figures, designs, symbols, fixtures, logos, colors, illumination, or projected images. Signs do not include the flag or emblem of any nation, organization of nations, state, city, or any religious organization; works of art which in no way identify a product; or scoreboards located on athletic fields.

16-6.5 Signs in rights-of-way. Except as otherwise authorized by the city council as an encroachment or subject to a permit issued by the director of public works for A-frame signs in permitted districts, or when (as authorized by the director of public works) affixed to a public bus shelter, no sign except government signs authorized by this chapter, shall be placed in or extend into or over any public property or right-of-way.

CLIMATE CHANGE AND YOU

resulting waste – all result in GHG emissions.

Climate change is a popular topic these days. But, what exactly is climate change, and how do your actions impact it?

Climate change is an increase in global temperatures and change in rainfall patterns, snow and ice cover, and sea level due to increased amounts of heat-trapping greenhouse gases (GHG) in the atmosphere. Industrial processes (such as the production of cement, steel, and aluminum), agriculture, forestry, waste management, and other human activities are major sources of GHG emissions in the United States. The manufacture, distribution, and use of products – as well as management of the

This means that your source reduction, pollution prevention, and recycling programs are an important part of reducing or eliminating GHG emissions. This pamphlet will provide you with sources of information that will assist you in determining how important you are in the climate change equation.

As part of the Resource Conservation Challenge, EPA and its partners have developed the following tools to help individuals and organizations determine the environmental impacts of their purchasing, manufacturing, and waste management **Greenhouse Gas (GHG)**

1. Equivalency Calculator

This calculator, developed by the U.S. Climate Technology Corporation, expresses GHG reductions or emissions in terms that are easily understood, such as number of cars, gallons of gasoline, acres of forest, etc.

2. Waste Reduction Model (WARM)

WARM helps solid waste planners and organizations determine GHG emissions from source reduction, recycling, combustion, composting, and landfilling. The model calculates emissions in metric tons of carbon equivalent (MTCE), metric tons of carbon dioxide equivalent (MTCO2E), and energy units (million BTU) for 34 material types commonly found in municipal solid waste Durable Goods Calculator. The Durable Goods Calculator was developed for individuals and companies who want to make informed decisions regarding the GHG and energy impact they will have by disposing of durable household goods (refrigerators, televisions, carpet, tires, etc.).

3. NERC Environmental Benefits Calculator

The NERC Environmental Benefits Calculator is a free tool for states, counties, municipalities, schools, businesses, and institutions to measure the environmental benefits from their recycling efforts in terms of savings in air emissions, energy use, quantity of oil and gas consumed, cars off the road, household energy use, waterborne pollutants and other metrics.

4. Recycled Content (ReCon) Tool

The ReCon tool assists companies and individuals in estimating the life-cycle, GHG, and energy impacts of purchasing or manufacturing certain materials. It also calculates the GHG and energy benefits of increasing the recycled content of specific materials.

The preceding tools can be found at:

www.epa.gov/climatechange/wycd/waste/tools.html

5. GreenScapes Tools

GreenScapes calculators allow you to compare costs between products made of recycled materials and virgin materials. They can aid in your selection and implementation of more sustainable landscape design, construction, and operations and maintenance.

www.epa.gov/epaoswer/non-hw/green/tools

Electronics Environmental Benefits Calculator

This calculator was developed to assist organizations in estimating the environmental benefits of greening their purchase, use, and disposal of electronics.

www.federalelectronicschallenge.net/resources/bencalc.htm

HEALTH WATCH - NUTRICIAN AND TB AWARENESS

HELLO! I'M TERRANCE AFER-ANDERSON AND THIS IS HEALTHWATCH.

MARCH 2007 IS NATIONAL NUTRITION MONTH. MARCH 24, 2007 IS WORLD TUBERCULOSIS DAY. WE ARE GOING TO TALK ABOUT BOTH OF THESE SUBJECTS ON THIS EDITION OF HEALTHWATCH AND WE'VE INVITED A COUPLE OF VERY KNOWLEDGEABLE PEOPLE TO THE SHOW THAT WILL HELP US EXPLORE THESE IMPORTANT TOPICS. FIRST, LET'S TAKE A LOOK AT TUBERCULOSIS AND "WORLD TUBERCULOSIS DAY."

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ESTABLISHED BY THE WORLD HEALTH ORGANIZATION, "WORLD TUBERCULOSIS DAY" -- HELD ANNUALLY ON 24 MARCH -- COMMEMORATES THE DATE IN 1882 WHEN DR ROBERT KOCH PRESENTED HIS DISCOVERY OF THE TUBERCULOSIS BACILLUS TO A GROUP OF DOCTORS IN BERLIN. THIS YEAR, "WORLD TUBERCULOSIS DAY" FOCUSES ON THE FRONTLINE EFFORTS OF TUBERCULOSIS CARE PROVIDERS AND THEIR CRUCIAL ROLE IN STOPPING THE DISEASE.

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JOINING ME IN THE STUDIO TODAY IS A GUEST WHO HAS MADE NUMEROUS APPEARANCES ON HEALTHWATCH – DISCUSSING A VARIETY OF IMPORTANT HEALTH TOPICS. PLEASE JOIN ME IN WELCOMING JOHN MONROE, DISTRICT EPIDEMIOLOGIST, NORFOLK HEALTH DISTRICT, THE VIRGINIA DEPARTMENT OF HEALTH. WELCOME BACK TO HEALTHWATCH. JOHN!

- - - - -

JOHN

ALWAYS A PLEASURE, TERRANCE!

- - - - -

TERRANCE

AS I MENTIONED JUST A MOMENT AGO, JOHN, "WORLD TUBERCULOSIS DAY" WAS ESTABLISHED BY THE WORLD HEALTH ORGANIZATION TO COMMEMORATE THE WORK OF DR. KOCH. BUT WHEN WAS THAT DONE AND WHY?

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JOHN

"WORLD TUBERCULOSIS DAY" HAS BEEN IN EXISTENCE SINCE 1982. IT WAS ESTABLISHED AS A MEANS TO EDUCATE THE PUBLIC ABOUT THE DEVASTATING HEALTH AND ECONOMIC EFFECT OF TB ON DEVELOPING COUNTRIES AND THE TRAGIC IMPACT ON GLOBAL HEALTH.

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OK! SO WHAT IS TB -- OR TUBERCULOSIS DISEASE -- AND HOW IS IT TRANSMITTED?

TB IS CAUSED BY A BACTERIA CALLED MYCOBACTERIUM TUBERCULOSIS. WHEN A PERSON WITH ACTIVE TB DISEASE OF THE LUNG COUGHS, SNEEZES OR SINGS, THESE BACTERIA MAY BE EXPELLED INTO THE AIR. IF ANOTHER PERSON INHALES AIR THAT CONTAINS THESE BACTERIA, THEY MAY ENTER THE LUNGS AND CAUSE TB INFECTION. HOWEVER, NOT EVERYONE INFECTED WITH TB BACTERIA BECOMES SICK. AS A RESULT, TWO TB-RELATED CONDITIONS CAN EXIST: LATENT TB INFECTION AND ACTIVE TB DISEASE. PERSONS WITH LATENT TB INFECTION HAVE NO SYMPTOMS, WHILE A PERSON WITH ACTIVE TB DISEASE IS USUALLY ILL AND CAN INFECT OTHERS. ACTIVE TB DISEASE USUALLY INVOLVES THE LUNGS, BUT CAN OCCUR IN OTHER ORGANS OF THE BODY – SUCH AS THE KIDNEYS, THE SPINE AND THE BRAIN.

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WHAT ARE THE SYMPTOMS OF TUBERCULOSIS?

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SYMPTOMS OF TB DEPEND ON WHERE IN THE BODY THE BACTERIA ARE GROWING. HOWEVER, THE MOST COMMON SYMPTOMS ARE:

- > COUGH NO LONGER THAN A FEW WEEKS.
- > CHEST PAIN
- > FATIGUE
- WEIGHT LOSS WITH DECREASED APPETITE,
- FEVER
- AND NIGHT SWEATING.

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HOW IS TB DIAGNOSED?

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TB INFECTION IS DIAGNOSED BY THE USE OF A TB SKIN TEST. YOU CAN GET A SKIN TEST AT THE HEALTH DEPARTMENT OR AT YOUR DOCTOR'S OFFICE. A HEALTH CARE WORKER WILL INJECT A SMALL AMOUNT OF TESTING FLUID JUST UNDER THE SKIN OF YOUR ARM. AFTER 2 TO 3 DAYS, YOU RETURN TO HAVE YOUR SKIN TEST READ. A POSITIVE SKIN TEST INDICATES THAT YOU HAVE TB INFECTION. A CHEST X-RAY AND A COMPLETE MEDICAL EXAMINATION WILL DETERMINE IF YOU HAVE ACTIVE TB DISEASE.

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HOW IS TB TREATED?

BOTH LATENT AND ACTIVE TB DISEASE IS TREATED WITH ANTIBIOTICS. BECAUSE THERE ARE LESS BACTERIA INVOLVED, LATENT TB CAN USUALLY BE TREATED WITH ONLY ONE DRUG. A PERSON WITH ACTIVE TB DISEASE HAS A LARGE AMOUNT OF BACTERIA IN THE BODY AND SEVERAL DRUGS ARE USUALLY NEEDED FOR TREATMENT.

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WHO IS AT RISK FOR CONTRACTING TB?

WE ARE ALL AT POTENTIAL RISK FOR CONTRACTING TB, HOWEVER, SOME PEOPLE ARE AT GREATER RISK OF BECOMING INFECTED AND FOR THE DEVELOPMENT OF ACTIVE TB DISEASE. YOU MAY BE A GREAT RISK:

- > IF YOU ARE ELDERLY,
- > IF YOU ARE AN ILLEGAL DRUG USER,
- > IF YOU ARE HIV-POSITIVE,
- > IF YOU HAVE BEEN IMPROPERLY TREATED FOR TB IN THE PAST,
- ► IF YOU HAVE A SUPPRESSED IMMUNE SYSTEM.

WHAT IS THE PREVALENCE OF TB IN THE WORLD TODAY?

. _ _ _ .

- > ONE-THIRD OF THE WORLD POPULATION IS INFECTED WITH TB.
- > EACH YEAR, NEARLY 9 MILLION PEOPLE BECOME INFECTED.
- EACH YEAR, THERE ARE ALMOST 2 MILLION TB DEATHS IN THE WORLD.
- > IN THE UNITED STATES, THERE ARE MORE THAN 14,000 ACTIVE TB CASES PER YEAR.
- > 82% OF U.S. CASES OCCUR IN ETHNIC MINORITIES.

> 55% OF U.S. CASES APPEAR IN FOREIGN-BORN PERSONS.

JOHN. WHERE CAN OUR VIEWERS GET ADDITIONAL INFORMATION ABOUT TUBERCULOSIS?

THEY SHOULD CALL THEIR PRIVATE PHYSICIAN. INFORMATION IS ALSO AVAILABLE AT THE NORFOLK DEPARTMENT OF PUBLIC HEALTH, BY CALLING (757) 683-2733. THAT NUMBER AGAIN IS (757) 683-2733.

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THANKS, JOHN, FOR VISITING US AGAIN ON HEALTHWATCH. OVER THE YEARS, YOU'VE SHARED SOME PRETTY IMPORTANT INFORMATION ON A NUMBER OF DIFFERENT HEALTH TOPICS. ALWAYS A GOOD THING TO HAVE YOU ONBOARD.

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WELCOME BACK TO HEALTHWATCH. OUR TOPICS TODAY? "WORLD TUBERCULOSIS DAY" AND "NATIONAL NUTRITION MONTH."

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WE LEARNED IN OUR FIRST SEGMENT TODAY THAT "WORLD TUBERCULOSIS DAY" WAS ESTABLISHED IN 1982 BY THE WORLD HEALTH ORGANIZATION TO COMMEMORATE THE DISCOVERY OF THE TUBERCULOSIS BACILLUS BY DR ROBERT KOCH PRESENTED AND TO EDUCATE THE PUBLIC ABOUT THE DEVASTATING HEALTH AND ECONOMIC EFFECT OF TB ON DEVELOPING COUNTRIES AND THE TRAGIC IMPACT ON GLOBAL HEALTH. OUR GUEST WAS JOHN MONROE, DISTRICT EPIDEMIOLOGIST, NORFOLK HEALTH DISTRICT, THE VIRGINIA DEPARTMENT OF HEALTH.

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WE'RE GOING TO SHIFT GEARS NOW AND TAKE A LOOK AT "NATIONAL NUTRITION MONTH." IN 1980, THE AMERICAN DIETETIC ASSOCIATION ESTABLISHED NATIONAL NUTRITION MONTH AS AN ANNUAL, MONTH-LONG NUTRITION EDUCATION AND INFORMATION CAMPAIGN, DESIGNED TO FOCUS ATTENTION ON THE IMPORTANCE OF MAKING INFORMED FOOD CHOICES AND DEVELOPING SOUND EATING AND PHYSICAL ACTIVITY HABITS.

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AS WE LOOK AT NUTRITION TODAY, WE ARE GOING TO FOCUS ON THE PROLIFERATION OF FAD DIETS AND WHAT YOU SHOULD KNOW. JOIN ME PLEASE IN WELCOMING TO THE STUDIOS CRYSTAL BARBER -- A FAMILY AND CONSUMER SCIENCES EXTENSION AGENT AND A REGISTERED DIETITIAN IN THE PORTSMOUTH OFFICE OF THE VIRGINIA COOPERATIVE EXTENSION.

TERRANCE

WELCOME TO HEALTHWATCH, CRYSTAL!

CRYSTAL

THANK YOU, TERRANCE!

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! CRYSTAL, AS YOU -- AND SOME OF OUR FAITHFUL HEALTHWATCH VIEWERS KNOW – JUST LAST MONTH WE HAD A COLLEAGUE OF YOURS ON THE SHOW: LESLIE RAFTER – TALKING ABOUT A SIMILAR SUBJECT: FAMILY FITNESS AND OBESITY PREVENTION. AT THAT TIME -- AS WE TRADITIONALLY DO -- I ASKED LESLIE TO SHARE

A LITTLE BIT ABOUT YOUR AGENCY AND PROGRAM. SINCE THAT WAS JUST LAST MONTH, I WON'T ASK YOU TO DO THE SAME, BUT I WOULD LIKE FOR YOU TO SHARE JUST A BIT ABOUT THE WORK OF THE VIRGINIA COOPERATIVE EXTENSION. WHAT DO YOU GUYS DO?

THE VIRGINIA COOPERATIVE EXTENSION IS A JOINT PROGRAM OF VIRGINIA TECH AND VIRGINIA STATE UNIVERSITIES, THE U. S. DEPARTMENT OF AGRICULTURE, AND STATE AND LOCAL GOVERNMENTS. WE HELP VIRGINIA RESIDENTS IMPROVE THEIR QUALITY OF LIFE BY PROVIDING RESEARCH-BASED EDUCATIONAL RESOURCES THROUGH AN EXTENSIVE NETWORK OF EDUCATORS AT 107 ON-CAMPUS AND LOCAL EXTENSION OFFICES, SIX 4-H EDUCATIONAL CENTERS, AND 13 AGRICULTURAL RESEARCH AND EXTENSION CENTERS.

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THAT CERTAINLY WAS WORTH REPEATING! YOU FOLKS KEEP PRETTY BUSY! OK! NOW LET'S GET INTO THE SUBJECT AT HAND – NATIONAL NUTRITION MONTH. WHEN WE TALKED IN PREPARATION FOR YOUR COMING ONTO THE SHOW, WE AGREED THAT WE WOULD USE THE AMERICAN DIETETIC ASSOCIATION'S "NATIONAL NUTRITION MONTH QUIZ" -- FOUND ON THEIR WEBSITE -- TO DRIVE OUR DISCUSSION TODAY. BEFORE WE GET INTO THE QUIZ, WHY DON'T YOU GIVE US THAT WEBSITE ADDRESS?

SURE! THAT THE AMERICAN DIETETIC ASSOCIATION'S "NATIONAL NUTRITION" MONTH WEBSITE IS: WWW.EATRIGHT.ORG.

OK! A PROMINENT THEME OF THIS YEAR'S NATIONAL NUTRITION MONTH OBSERVANCE IS THE PREVALENCE OF FAD DIETS. YOU CAN EVEN FIND A QUIZ -- NATIONAL NUTRITION MONTH QUIZ -- ON THE AMERICAN DIETETIC ASSOCIATION WEBSITE THAT ADDRESSES THIS ISSUE. WHY DON'T YOU ALLOW ME TO GIVE YOU THAT QUIZ NOW AND I'LL ASK OUR VIEWERS TO TAKE IT ALONG WITH YOU. READY? THESE ARE ALL EITHER MULTIPLE CHOICE OR TRUE OR FALSE QUESTIONS. SO THAT ARE VIEWERS CAN PLAY ALONG – WE ARE GOING TO PUT THE QUESTIONS UP ON THE SCREEN AS WE GO THROUGH THE QUIZ. THE FIRST QUESTION SEEMS EASY ENOUGH, BUT LET'S SEE HOW YOU AND OUR VIEWERS DO. WHAT IS A FAD?

- A. BELLBOTTOMS AND POLYESTER
- B. PET ROCKS
- C. LOW CARB/HIGH PROTEIN DIETS
- D. ALL OF THE ABOVE

- - - -

THE ANSWER, TERRANCE, IS "D." WE ALL MAKE MISTAKES AND IF ANYONE HAS FOLLOWED ANY OF THE FADS THAT YOU MENTIONED — BELLBOTTOMS, POLYESTER, PET ROCKS OR LOW CARB/HIGH PROTEIN DIETS — THEY'VE HAD LOTS OF COMPANY. FADS ARE TRENDS THAT SEEM LIKE A GOOD IDEA AT THE TIME, BUT OFTEN IN HINDSIGHT ARE JUST THE OPPOSITE. THE MOST IMPORTANT LESSON ABOUT FADS IS TO AVOID *REPEATING* THEM!

- - - - -

THE SECOND QUESTION. FOLLOWING A DIET FAD IS BAD FOR YOUR HEALTH...

- A. ALWAYS
- B. SOMETIMES
- C. NEVER

- - - - -

THE ANSWER, TERRANCE IS "A." WHILE A FAD DIET MIGHT HELP YOU TO LOSE WEIGHT, IT CAN BE POTENTIALLY HARMFUL TO YOUR HEALTH. A DIET FAD THAT EXCLUDES MANY FOODS -- OR EVEN AN ENTIRE FOOD GROUP -- ELIMINATES KEY NUTRIENTS THAT ARE ESSENTIAL FOR HEALTH. YOU SHOULD LEARN HOW TO RECOGNIZE A FAD DIET AND AVOID GETTING CAUGHT IN A DIET PLAN THAT:

- DOESN'T ALLOW THE FOODS THAT YOU ENJOY,
- > PROMISES FAST WEIGHT LOSS
- > OR SOUNDS TOO GOOD TO BE TRUE. CHANCES ARE THAT IT IS.

QUESTION NUMBER THREE. WHICH FAD DIET WAS ORIGINALLY PUBLISHED IN 1825, BUT IS STILL POPULAR TODAY?

- A. CABBAGE SOUP DIET
- B. GRAPEFRUIT DIET
- C. LOW-CARBOHYDRATE DIET
- D. BANANA AND SKIM MILK DIET

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THE ANSWER HERE IS "C." MANY OF YOUR VIEWERS MAY NOT BE AWARE, TERRANCE, THAT THE LOW-CARBOHYDRATE DIET DATES ALL THE WAY BACK TO 1825. IT WAS INTRODUCED IN THE BOOK THE *PHYSIOLOGY OF TASTE*, WRITTEN BY JEAN BRILLAT-SAVARIN AND WAS DESCRIBED AS AN ESSENTIAL COMPONENT TO ACHIEVE WEIGHT LOSS. THOUGH THE POPULARITY OF THIS DIET HAS ENDURED SOME 180 YEARS, IT STILL HAS NOT SHOWN TO IMPROVE LONG-TERM HEALTH.

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QUESTION NUMBER FOUR IS: A DIET THAT RECOMMENDS THE FOLLOWING SHOULD RAISE A RED FLAG:

- A. SPECIAL FOOD OR DRINK TO DETOXIFY THE BODY
- B. EATING A SPECIFIC FOOD WITH ALL MEALS
- C. EATING PROTEIN AND CARBOHYDRATES AT SEPARATE MEALS
- D. ALL OF THE ABOVE

- - - -

THE ANSWER AGAIN HERE IS "ALL OF THE ABOVE." ANY DIET THAT REQUIRES A SPECIFIC FOOD OR BEVERAGE TO BE INCLUDED WITH EACH MEAL OR EATING CERTAIN TYPES OF FOODS SEPARATELY ARE CLUES THAT IT IS A FAD DIET. THERE ARE NO MIRACLE FOODS OR BEVERAGES THAT CAN LEAD TO QUICK WEIGHT LOSS OR STOP YOU FROM AGING.

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THE FIFTH QUESTION IS: IT'S NOT A DIET FAD IF IT'S ENDORSED BY A CELEBRITY. TRUE OR FALSE?

- - - - -

FALSE! CELEBRITY ENDORSEMENTS SHOULDN'T ARE NO REPLACEMENT FOR GOOD, SOUND SCIENCE. DIETERS SHOULD MAKE SURE THAT THEIR WEIGHT-LOSS PLAN IS BASED ON THOROUGH RESEARCH STUDIES THAT SUPPORT EFFECTIVENESS AND SAFETY. THEY SHOULD ALSO BE SURE TO TALK WITH THEIR PHYSICIAN AND A REGISTERED DIETITIAN ABOUT YOUR WEIGHT-LOSS GOALS, ESPECIALLY IF THERE IS A PRE-EXISTING HEALTH ISSUE PRESENT.

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QUESTION NUMBER SIX: SOME DIET FADS WORK. TRUE OR FALSE

THIS CAN BE TRUE, BUT ONLY FOR THE SHORT-TERM. SOME POUNDS MIGHT BE SHED QUICKLY, BUT LONG-TERM MAINTENANCE OF THAT LOSS IS UNLIKELY. DIETERS OFTEN RETURN TO OLD EATING HABITS AND THEN REGAIN THE WEIGHT THAT THEY HAVE LOST. THE BEST WAY TO REACH AND MAINTAIN A HEALTHY WEIGHT IS TO DEVELOP AN EATING PLAN FOR LIFELONG HEALTH -- COMBINED WITH REGULAR PHYSICAL ACTIVITY.

THE SEVENTH QUESTION? WHAT POPULAR CRACKER WAS ORIGINALLY CREATED AS PART OF A HEALTH-FOOD DIET?

A. CHEESE CRACKERSB. SALTINE CRACKERSC. GRAHAM CRACKERSD. ANIMAL CRACKERS

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THE ANSWER, TERRANCE, IS "ANSWER C." SYLVESTER GRAHAM MAY BE THE ORIGINATOR OF FOOD FADS IN THE U.S. BEGINNING IN 1830, HE PROMOTED A BLAND, MEAT-FREE DIET AND AVOIDANCE OF RICH PASTRIES, ALCOHOL, COFFEE AND TEA. EATING HIS WHOLE-WHEAT GRAHAM BREAD WAS BEST. GRAHAM CRACKERS ARE HIS CONTRIBUTION TO HEALTHY EATING.

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QUESTION NUMBER EIGHT: ADDING PHYSICAL ACTIVITY TO YOUR DAY CAN HELP GIVE YOU:

A. A HEALTHY HEART B. STRONGER BONES

C. LESS EMOTIONAL STRESS

D. ALL OF THE ABOVE

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REGULAR PHYSICAL ACTIVITY, TERRANCE, IS IMPORTANT FOR OVERALL HEALTH AND FITNESS. IT CAN DO ALL OF THESE THINGS – MAKE FOR A HEALTHIER HEART, STRENGTHEN BONES AND RELIEVE, EMOTIONAL STRESS. IT ALSO HELPS CONTROL BODY WEIGHT, PROMOTES A FEELING OF WELL-BEING AND REDUCES RISK OF CHRONIC DISEASES.

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THE NINTH QUESTIONS IS: IF YOU EAT 100 MORE FOOD CALORIES A DAY THAN YOU BURN, YOU WILL GAIN HOW MANY POUNDS IN A MONTH?

A. 1/2 POUND
B. 1 POUND
C. 2 POUNDS
D. 10 POUNDS

THE ANSWER IS "B." IF YOU EAT 100 MORE FOOD CALORIES A DAY THAN YOU BURN, YOU WILL GAIN ABOUT 1 POUND IN A MONTH. THAT WORKS OUT TO ABOUT 10 POUNDS IN ONE YEAR. FIND YOUR BALANCE BETWEEN FOOD AND PHYSICAL ACTIVITY.

IT IS DEFINITELY A BALANCING ACT. THOSE ATTEMPTING TO LOOSE WEIGHT MIGHT CONSIDER THINKING "ENERGY IN VERSUS ENERGY OUT." "ENERGY IN" IS REPRESENTED BY THE CALORIES IN THE FOOD THEY CONSUME AND "ENERGY OUT" BEING MEASURED IN TERMS OF THEIR PHYSICAL ACTIVITY. IF THE CALORIES IN THE FOOD THAT WE EAT "ENERGY IN" ARE GREATER THAN THE CALORIES WE USE

OR BURN DURING PHYSICAL ACTIVITY – "ENERGY OUT" -- THERE WILL BE WEIGHT GAIN. CONVERSELY, IF THE CALORIES IN THE FOOD THAT WE EAT IS LESS THAN THE CALORIES WE USE OR BURN DURING PHYSICAL ACTIVITY THERE WILL BE WEIGHT LOSS.

AND THE TENTH AND FINAL QUESTIONS IS: FOR THE MOST RELIABLE, FAD-FREE, SCIENCE-BASED NUTRITION INFORMATION, CONSULTING A REGISTERED DIETITIAN IS THE BEST APPROACH. TRUE OR FALSE I THINK THAT I KNOW HOW YOU ARE GOING TO ANSWER THIS ONE.

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THE ANSWER IS DEFINITELY TRUE. REGISTERED DIETITIANS ARE YOUR MOST VALUABLE AND CREDIBLE SOURCE OF TIMELY, SCIENCE-BASED FOOD AND NUTRITION INFORMATION. RDS SPECIALIZE IN TAKING A PERSONALIZED APPROACH TO WEIGHT MANAGEMENT BECAUSE ONE SIZE DOES NOT FIT ALL. RDS HELP INDIVIDUALS UNDERSTAND HOW HEALTHY EATING AND PHYSICAL ACTIVITY ARE IMPORTANT IN MAINTAINING A HEALTHY LIFESTYLE.

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WELL, AS I EXPECTED, YOU GOT THEM ALL RIGHT OF COURSE. AND I'M SURE THAT OUR VIEWERS DID PRETTY WELL THEMSELVES. BUT IF WE COULD ELABORATE PLEASE JUST A LITTLE BIT MORE ON THAT LAST QUESTION. THERE IS SOME PRETTY IMPORTANT ADDITIONAL INFORMATION THAT I'D LIKE TO SHARE – SPECIFICALLY, WHY IS IT'S IMPORTANT TO CONSULT WITH A REGISTERED DIETITIAN IF YOU WANT TO WORK TOWARD BETTER HEALTH. THE AMERICAN DIETETIC ASSOCIATION REFERS TO IT AS THE "TOP TEN REASONS WHY CONSULTING WITH A REGISTERED DIETITIAN CAN BENEFIT YOU."

YES, THE FIRST REASON IS IF YOU HAVE DIABETES, CARDIOVASCULAR PROBLEMS OR HIGH BLOOD PRESSURE, A REGISTERED DIETITIAN SERVES AS AN INTEGRAL PART OF YOUR HEALTH-CARE TEAM BY HELPING YOU SAFELY CHANGE YOUR EATING PLAN WITHOUT COMPROMISING TASTE OR NUTRITION.

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L REASON NUMBER 2 IS IF YOU ARE THINKING OF HAVING OR HAVE HAD GASTRIC BYPASS SURGERY.

YES, A REGISTERED DIETITIAN WILL HELP YOU LEARN TO EAT AGAIN. SINCE YOUR STOMACH CAN ONLY MANAGE SMALL SERVINGS, IT'S A CHALLENGE TO GET THE RIGHT AMOUNT OF NUTRIENTS IN YOUR BODY. AN RD WILL WORK WITH YOU AND YOUR PHYSICIAN TO DEVELOP AN EATING PLAN FOR YOUR NEW NEEDS.

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REASON NUMBER 3 IS IF YOU HAVE DIGESTIVE PROBLEMS.

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YES, TERRANCE, A REGISTERED DIETITIAN WILL WORK WITH YOUR PHYSICIAN TO HELP FINE-TUNE YOUR DIET SO YOU ARE NOT AGGRAVATING YOUR CONDITION WITH FRIED FOODS, TOO MUCH CAFFEINE OR CARBONATION.

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THE 4TH REASON THAT YOU SHOULD CONSULT WITH A DIETITIAN IS IF **YOU'RE PREGNANT OR TRYING TO GET PREGNANT.**

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ABSOLUTELY! A REGISTERED DIETITIAN CAN HELP MAKE SURE YOU GET NUTRIENTS LIKE FOLATE, ESPECIALLY DURING THE FIRST THREE MONTHS OF PREGNANCY, LOWERING YOUR NEWBORN'S RISK FOR NEURAL TUBE OR SPINAL CORD DEFECTS.

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REASON NUMBER 5 IS IF YOU NEED GUIDANCE AND CONFIDENCE FOR BREASTFEEDING YOUR BABY.

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YES! A REGISTERED DIETITIAN, TERRANCE, CAN HELP MAKE SURE YOU'RE GETTING ENOUGH IRON, VITAMIN D, FLUORIDE AND B VITAMINS FOR YOU AND YOUR LITTLE ONE.

THE 6^{TH} REASON IS IF YOUR TEENAGER HAS ISSUES WITH FOOD AND EATING HEALTHFULLY.

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PARENTS CONCERNED WITH THEIR TEEN'S EATING HABITS SHOULD KNOW THAT A REGISTERED DIETITIAN CAN ASSIST WITH EATING DISORDERS LIKE ANOREXIA, BULIMIA AND OVERWEIGHT ISSUES.

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NUMBER 7 IS IF YOU NEED TO GAIN OR LOSE WEIGHT.

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A REGISTERED DIETITIAN CAN SUGGEST ADDITIONAL CALORIE SOURCES FOR HEALTHY WEIGHT GAIN OR A RESTRICTED-CALORIE EATING PLAN PLUS REGULAR PHYSICAL ACTIVITY FOR WEIGHT LOSS WHILE STILL EATING ALL YOUR FAVORITE FOODS.

THE 8^{TH} REASON TO CONSULT WITH A REGISTERED DIETITIAN IS IF YOU'RE CARING FOR AN AGING PARENT.

YES, TERRANCE, A REGISTERED DIETITIAN CAN HELP WITH FOOD OR DRUG INTERACTION, PROPER HYDRATION, SPECIAL DIETS FOR HYPERTENSION AND CHANGING TASTE BUDS AS YOU AGE.

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REASON NUMBER 9 TO CONSULT WITH AN RD IS IF YOU JUST SIMPLY WANT TO EAT SMARTER.

A REGISTERED DIETITIAN CAN HELP YOU SORT THROUGH MISINFORMATION; LEARN HOW TO READ LABELS AT THE SUPERMARKET; DISCOVER THAT HEALTHY COOKING IS INEXPENSIVE, LEARN HOW TO EAT OUT WITHOUT RUINING YOUR EATING PLAN AND HOW TO RESIST WORKPLACE TEMPTATIONS.

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AND THE 10TH REASON IT WOULD BE A GOOD IDEA TO CONSULT WITH AN RD – A REGISTERED DIETITIAN IS IF **YOU WANT TO IMPROVE YOUR PERFORMANCE IN SPORTS.**

A REGISTERED DIETITIAN CAN HELP YOU SET GOALS TO ACHIEVE RESULTS — WHETHER YOU'RE RUNNING A MARATHON, SKIING OR JOGGING WITH YOUR DOG.

I SEE THAT CONSULTING A REGISTERED DIETITIAN IS A VERY IMPORTANT THING TO DO INDEED FOR ANYONE LOOKING AT IMPROVING THEIR HEALTH. CRYSTAL, I WANT TO THANK YOU FOR JOINING US ON HEALTHWATCH, BUT I'M AFRAID THAT WE HAVE RUN OUT OF TIME. BEFORE I LET YOU GO, WOULD YOU PLEASE GIVE US SOME CONTACT INFORMATION FOR THE VIRGINIA COOPERATIVE EXTENSION?

I'D BE DELIGHTED, TERRANCE! THE VIRGINIA COOPERATIVE EXTENSION WEBSITE ADDRESS IS: www.ext.vt.edu. THE NORFOLK OFFICE IS LOCATED AT THE MAIN NORFOLK PUBLIC HEALTH CENTER OF THE NORFOLK DEPARTMENT OF PUBLIC HEALTH. THAT'S LOCATED AT 830 SOUTHAMPTON AVENUE, SUITE 2069, NORFOLK. THE ZIP CODE THERE IS 23510. THEY ARE OPEN MONDAY THROUGH FRIDAY, FROM 8:15 A.M. UNTIL 5:00 P.M. AND THEIR TELEPHONE NUMBER THERE IS 757-683-2816. MY OFFICE – THE PORTSMOUTH OFFICE – IS LOCATED AT 105 UTAH STREET, PORTSMOUTH, VIRGINIA. THE ZIP CODE IS 23701. WE ARE OPEN FROM 8:00 A.M. UNTIL 5:00 P.M., MONDAY THROUGH FRIDAY, AND OUR TELEPHONE NUMBER IS 393-5197.

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IN THE COMMUNITY

EAT MORE OYSTERS, BUT SAVE THE SHELL!

During this century, oysters have been the most harvested animal in the Chesapeake Bay. Between heavy harvest, loss of reef habitat, pollution and disease, they may be fading

away. The Chesapeake's oyster population today is thought to be one percent of what it was just over a century ago. Many things need to happen: cleaner water, continued restoration, and habitat replenishment.

How can you help? Next time you eat oysters, save that shell to put oyster habitat back into our local waters! So far this winter, CBF has worked with local partners to collect over 337,000 oyster shells for Hampton Roads restoration projects!



In Norfolk: Restaurants where they will recycle your oyster shell (remind the server!):

Tanner's Creek Seafood Restaurant and Raw Bar, 5103 Colley Ave., Norfolk, VA. (757) 423-2430

O'Sullivan's Wharf, 4300 Colley Ave., Norfolk, VA (757) 423-3746

www.osullivanswharf.com

More restaurants wanted!!

Citizen Drop-Off Location: Individuals, as well as those hosting community events, may drop off their shells at a CBF designated drop-off location. The Norfolk citizen drop-off location is located at Old Dominion University, on the dining loading dock behind the Webb Center (near the intersection of 49th Street and Elkhorn Avenue). Or contact CBF at (757) 622-1964 and a volunteer may be able to pick them up!

If you know of an oyster roast or community event serving oysters or clams in the above two regions, CBF will try to arrange pick up of the discarded shell. Contact CBF's Hampton Roads office at (757) 622-1964, email at hamptonroads@cbf.org, or visit www.cbf.org/shellrecycling.

NORFOLK ALLIANCE FOR THE MENTALLY RETARDED

The Norfolk Alliance for the Mentally Retarded will meet on the third Thursday of the month at 7:00 p.m. at 1161 Ingleside Road. A social period precedes the meeting at 6:30 p.m. For more information call Pam Wright at 627-9996.

THINGS TO SEE AND DO

AMERICAN ROVER

American Rover Tall Ship Cruises Starting 22nd Season in Norfolk

Rover Cruises is pleased to announce that sight seeing cruises aboard the Tall Sailing Ship American will resume from Waterside on Wednesday, April 11th. The American Rover offers a daily schedule of narrated harbor tours under sail. In addition, the American Rover is a popular venue for corporate outings, weddings, field trips, birthday parties and any event that deserves to be memorable. She is a three-masted schooner, 135 feet in length and licensed by the Coast Guard to carry up to 149 passengers.

Rover Cruises also operates Victory Rover Naval Base Cruises at Nauticus

2007 Schedule Cruising Mid April – Late October

ARTS COMMISSION

Arts Within Reach June 2007 Performances And Free Arts in Norfolk

Norfolk, VA—The Norfolk Commission on the Arts and Humanities announces May 2007 performances in its free, open to the public, *Arts Within Reach* series. From Berkley to Ocean View, from Park Place to Five Points, the Norfolk Arts Commission presents and supports **free** programs that bring great art to Norfolk communities. Now in its eleventh season, *Arts Within Reach* features free performances, workshops, and demonstrations in neighborhoods throughout the City. Get to know local artists while you enjoy their talent and creativity in a relaxed atmosphere. For more information, visit www.norfolkarts.net.

June

6/9 (Sat.) 11 am – **Ambrosia Trio** in concert. Harborfest is at the waterfront for the weekend, and Ambrosia Trio starts the celebration early with a classical music concert at the nearby Selden Arcade. Enjoy nautical and water-inspired selections from this accomplished string trio, featuring Virginia Symphony musicians Simon Lapointe (violin), Beverly Kane Baker (viola) and Rebecca Gilmore (cello). *Selden Arcade*, *208 E. Main Street*. 664-4321

6/22 (Fri.) 6 pm — The United States Air Force Heritage of America Band "Langley Winds." The Langley Winds woodwind quintet presents a unique blend with chamber music, including compositions by Puccini and Bach, and the contemporary music of Baccarat and Gershwin. Their repertoire also includes popular and patriotic music selections. http://www.heritageofamericaband.acc.af.mil/ensembles/langley.html
The Pagoda Garden, Teahouse & Gallery, 265 W. Tazewell St. 664-4321

Arts Within Reach, produced by the Norfolk Commission on the Arts and Humanities, is a series of free performances showcasing Norfolk performing arts organizations and artists. The series introduces audiences to the arts in an informal atmosphere that encourages interaction between performer and audience. Arts Within Reach June 2007 programs are generously supported by the City of Norfolk, a grant from **Target Corporation** and donations from audience members. All Arts Within Reach performances are **free and open to the public.** More information can be found at **www.norfolkarts.net**; inquiries can be made at 664-4321.

Additional **free** performances and programs in Norfolk for the month of June include:

1 – 3 pm Saturdays. **d'ART Demos.** d'ART Center presents local artists in weekly interactive arts demonstrations and workshops. *Selden Arcade*, 208 E. Main Street. 625-4211

12:30 – 2 pm Wednesdays. **Brown Bag at the Selden.** Free performances during your lunch hour in the Arcade. *Selden Arcade*, 208 E. Main Street. 664-6873

BOTANICAL GARDEN

TAKE A RIDE THROUGH THE GARDEN! BIKE NIGHTS ARE BACK AT NORFOLK BOTANICAL GARDEN

Every Monday, Wednesday and Thursday until September 30th, Norfolk Botanical Garden visitors can bring their bicycles to the Garden, for three hours of scenic bike riding bliss.

Starting each of the designated nights at 4PM and lasting until 7PM, the Garden's miles of paved trails, normally opened to pedestrian traffic only, become available for guests on bikes to enjoy.

The following rules apply:

In accordance with city law, riders 14 and under must wear a helmet. Riders 16 and under must ride with an adult. No scooters, skateboards or skates are allowed. The World of Wonders Children's Adventure Garden will be open until 6:30 PM, but bikes will not be permitted inside.

For more information call 441-5838.

WOW SUPER SATURDAY 10AM-2PM

On the first Saturday of every month, NBG is holding special events geared towards good, clean family fun. These events are not only a great way to get out of the house and spend some quality together, but they're also absolutely FREE, after Garden admission. So come on out and join in the fun.

FLORAL DESIGN CERTIFICATE PROGRAM

Sponsored by Norfolk Florist

Setting the standard!

The ONLY professional floral design certificate program offered in southeastern Virginia. Turn your passion into a marketable skill.

- Learn from a panel of top local designers
- Comprehensive curriculum
- Hands-on training with fresh flowers every class

• Shop training: ordering, inventory & customer service

SMALL GARDEN DESIGNS

GARDENING FOR WINGED BEAUTIES- Butterflies & Hummingbirds

Sponsored by the Butterfly Society of Virginia

Tuesday • June 12 • 7-9PM

Join *Ruth Burch*, *charter member and four time past-president of the Butterfly Society of Virginia* for an informative evening highlighting the pleasures and importance of creating a butterfly and / or a hummingbird garden in your yard. Explore the specific planting combinations and designs that support local butterfly populations. Cost: \$16 (\$10 for NBG Members)

Class min: 10 / max: 30

SUMI-E PAINTING (5-week session)

Wednesdays • June 13 - July 18 • 7-9PM

Explore Sumi-e, the ancient art of Chinese ink painting. Stimulate your mind by learning a new skill with individualized instruction from *sumi-e artist Norene Spencer*. Beginners will learn to use Chinese painting equipment and techniques; those with experience will be challenged based on their skill level. The subjects for this class will be classic nature subjects such as bamboo, hibiscus and goldfish.

(Initial supplies for beginners, including brushes, ink and rice paper, will be available at class; the cost is approximately \$25)

Cost: \$95 (\$75 for NBG Members)

Class min: 8 / max: 20

CREATURE FEATURE - BATS

Friday • June 15 • 8-9:30PM

Discover an amazing world of bats with this night walk & talk geared toward participants of all ages. Track bats in the night sky with a bat detector. Explore bat legends and misconceptions. Learn how you can control your lawn and garden pests while contributing to conservation of these unique animals. *Dr. Tatyana Lobova, Assistant Professor at Old Dominion University and a Research Associate of New York Botanical Garden*, a specialist on fruit-eating bats in the tropics, will lead the excursion.

Cost: \$6 / parent & child (\$4 / parent & child for NBG Members) \$2 / additional child Limited supplies of bat houses will be available for purchase.

(Please note: this program is best suited for children 6 and older.)

88 DAYS OF SUMMER KICK-OFF Sunday • June 17 • 1-4 PM

For every parent wondering what to do during the 88 days of summer...

This year, turn to Tidewater Parent's new interactive booklet, **88 Days of Summer**. Packed with cool and helpful ideas that promise a fun-filled summer, this booklet is on every parent's must-have list. Visit 5 of the locations featured in **88 Days**, get their special stamp and send your completed form to Tidewater Parent to become eligible for a trip to Orlando in Florida.

Join us on June 17 in WOW to pick up your own **88 Days of Summer** booklet. We'll have a special Father's Day craft for the children, music and LOTS of water play. Free, after Garden admission

STONE TROUGHS

Tuesdays • June 19 & 26 • 9:30-11:30AM

Join *Betty Ann Galway*, *Lifelong Learning Program Manager* in this two-day hands-on workshop making rustic hypertuffa garden planters. Dress for mess! You'll be mixing cement and other items to mold your container. The next week you'll finish shaping the container and fill it with an assortment of plants to complete the project. Participants will be given a recipe to grow moss on the container once a weathered patina has developed.

Cost: \$55 (\$45 for NBG Members)

Class min: 10 / max: 20

TAI CHI

In partnership with the International Taoist Tai Chi Society

FREE INTRODUCTORY CLASS

Thursday • June 21• 5:30-6:30PM

Tai Chi is best described as a "moving meditation exercise." This slow-moving gentle exercise program taught by *Addie Onsanit, certified instructor*, is appropriate for every body type, age or physical condition. Classes will be inside with Garden views or out in the Garden when weather permits.

Students should come with comfortable clothes, shoes and an open heart and mind.

KAYAKING ON LAKE WHITEHURST

Sponsored by Sandbridge Eco Sports

SUNSET PADDLE

Thursday •June 21 • 6PM - sunset

Enjoy a calm evening paddle with *experienced guide Chuck Conley* and explore the world of wild creatures that inhabit the shores and waters of Lake Whitehurst. Kayaks and other necessary equipment supplied or bring your own.

Cost: \$45 per trip (\$40 per trip for NBG Members)

Class min: 10 / max: 20

CONTEMPORARY FLORAL DESIGN

Take a fresh look at flowers and learn several contemporary designs with *Floral Designer* and former floral shop owner Robin Rayner.

Bring garden clippers. (All flowers & supplies included in class fee)

TROPICAL FLORAL FUN

Saturday • June 23 •10-11:30AM

Cost: \$55 (\$45 for NBG Members)

Class min: 10 / max: 14

CONTAINER GARDENING WITH SYLTE

Join Erin Shiver, McDonald Garden Center Landscape Designer, to explore the newest trends and hottest styles of container gardening - it doesn't have to be just plants in a pot!

SIZZLING HOT SUMMER STYLES

Wednesday • June 27 • 7-9PM

Cost: \$16 per program (\$10 per program for NBG Members)

Class min: 10 / max: 30

TAI CHI

In partnership with the International Taoist Tai Chi Society

BEGINNING TAI CHI (12-week sessions)

Thursdays • 6:30-8PM

Session A: June 28 - September 13

Cost: \$165 (\$135 NBG Members)

(Price includes membership registration to the Taoist Tai Chi Society.)

Class min: 10 / max: 20

TAI CHI (12-week sessions) Thursdays • 5:30-6:30PM

Session A: June 28 - September 13

(for those who have taken a Beginning Taoist Tai Chi Class and are current members of

the Taoist Tai Chi Society)

Cost: \$145 (\$115 for NBG Members)

GARDEN GOURMET SERIES

Classes fill very early...don't miss out.

Thursday • June 28 • 7-9PM

GREAT GRILLING - PART II

Back by popular demand, we are offering herbal grilling with the dynamic duo *Carol Kramer & Anna Pratt*. Come join Anna and Carol for an outdoor cooking adventure. Lots of tasty treats you can prepare on the grill and keep all that heat outside - where it belongs! We'll cap the party off with a yummy ice cold treat of homemade basil ice cream! See you at the grill!!

Cost: \$24 per class (\$18 per class for NBG Members)

Class min: 10 / max: 20

BLUE-MOON EVENING WALK

Friday • June 29 • 7-9PM

Discover the delightful sights, smells and sounds of the Garden in this summer evening walk with *Education Program Manager Perry Mathewes*. Learn about plants, animals and insects that come alive in the evening as others settle into slumber. Wear your walking shoes and enjoy an enchanted summer evening!

Cost: \$12 per program (\$6 per program for NBG Members)

Class min: 10 / max: 20

BASIC DIGITAL PHOTO EDITING

Saturday • June 30 • 7-9PM

Now what to do with all those photographs – Learn how to get them from your camera to your computer and then make them the best they can be with *award winning photographer Gayle Fischer*. Terms like camera compression, image type, megapixels, cropping, levels and saturation will no longer be a mystery.

Students should bring a digital camera, memory card and laptop if you have one.

Cost: \$45 (\$35 for NBG Members)

Class min: 10 / max 20

CHRYSLER MUSEUM OF ART

CHRYSLER MUSEUM OF ART CELEBRATES 'JAMESTOWN 2007' SHOWCASING EXCLUSIVE COLLECTION OF RARE MAPS

--Exhibition of 30 Historically Significant Maps Documenting Early Cartographers' Unique View of Virginia Find a 'Home' at the Chrysler This Summer--

Discover the natural beauty of the 'Old Dominion' in its entire geographical splendor this summer inside the Chrysler Museum of Art's newest exhibition, *Envisioning Virginia* 1587-1784: Early Maps of the New World, opened for public viewing on April 18, 2007. The unveiling of this rare collection of maps is a part of a succession of special events created to kick off Norfolk's highly-anticipated Azalea Festival 2007 and to commemorate the 400th anniversary of Jamestown.

This exquisite display of original cartography explores the way early European settlers visualized the New World. The exhibition includes maps drawn by historical greats including John White, Captain John Smith, the first American geographer Thomas Hutchins, and even a map of Jefferson County drawn by former President George Washington during his teenage years!

This exhibition is separated into six unique sections, each one specifically designed to highlight a different aspect of Virginia's evolving identity. *Getting Oriented* explores the way maps communicate various forms of information; *A Mythic, Unbounded Eden* shows how early maps attempt to present Virginia as a natural, unspoiled paradise—similar to the arcadia depicted in art and pastoral poems; *Virginia as Powhatan's Chesapeake Kingdom*, demonstrates how Europeans equated Powhatan's realm to that of a European monarchy; *Virginia as the Southeast* reveals how cartographers drew maps to help define Virginia beyond Chesapeake Bay, extending the state to the entire Southeast; *Virginia as a British Province* illustrates the importance of maps asserting British territorial dominance over colonial rivals; and finally, *The Back Parts of the Province* presents maps as the formal record of the results of treaties and military campaigns.

Envisioning Virginia 1587-1784: Early Maps of the New World is made possible by private collector William Wooldridge, who generously agreed to share these rare and beautiful maps with the Museum and the general public. The Chrysler also offers a special thanks to the Caxambas Foundation and an anonymous donor for their support on this special exhibition.

The exhibition will be available for viewing until **August 12, 2007** and admission is \$7 for adults, free for all visitors 18 years of age and under, and all students with valid identification.

VIEW HOLLYWOOD'S BIGGEST STARS LIKE NEVER BEFORE

-- The Chrysler Museum of Art Celebrates the Opening of Jean-Christian Bourcart's Stardust Exhibition --

Ever wondered how spectacular the view must be from the eyes of an infant? With only a camera and a little ingenuity, world-renowned photographer Jean-Christian Bourcart captures the essence of innocence in his new exhibition, *Stardust*. This beautifully bizarre exhibition features a collection of photographs that mirrors what newborns may see when their parents are bending over their cribs, resembling images in a dream sequence. Each photograph, taken from popular movies such as *Mr. and Mrs. Smith* and *Casino Royale*, is a mosaic blur of colors and shapes that forces audiences to rely solely on their imaginations to recognize what would otherwise be considered familiar.

Bourcart artistically tampers with the concept of illusion and strips each photograph of its sharpness and clarity, reducing it to an accumulation of dust particles settled on the faint shadows of celebrities projected onto a glowing glass portal. To acquire these odd images, Bourcart strategically set up his camera in front of the small window that separates the projection room of a movie theater from the public space. While the beam of light from the projector flowed through this window, Bourcart positioned the camera outside of it and captured the small universe of dust particles and bright stains of light reflected off the glass. Through this process, *Stardust* was born.

"The window is often dirty, dusty, with fingerprints on it. Or the flux of light is so strong that each grain of dust becomes iridescent. The image, partially stopped on its way towards the big screen, is completely fuzzy: a simple moving mass of colors and forms. Nothing is recognizable except maybe a blue sky or a silhouette. The traces on the glass become the only matter of the movie," says Bourcart.

Stardust is the newest addition to Bourcart's impressive repertoire. He has spent much of his career as a photographer, but has also worked in film. Bourcart is best known for his fascinating yet invasive style, capturing unsuspecting subjects in forbidden and unusual surroundings such as traffic jams, S&M swingers clubs and even in brothels. His photography goes beyond the mere beauty of an image and plays with layers of meaning, further exploring what constitutes an image: a significant surface that provides space for interpretation.

SENIORS ART FORUM

The Seniors Art Forum is a senior citizens group that meets at 2 p.m. on the first Saturday of every month for a tour, discussion, and light refreshments. No reservations are

necessary for individuals, but please call (757) 333-6268 for group reservations. Cost: included with Museum admission.

CURRENT AND UPCOMING EXHIBITIONS:

Old Master Paintings from the Collection of Mr. and Mrs. Thomas A. Saunders, III Kaufaman Furniture Gallery Ongoing

Photography Speaks

Alice R. and Sol B. Frank and David L. Hack Photography Galleries Ongoing

Civil War Redux: Pinhole Photographs by Willie Anne Wright

This exhibition of evocative contemporary photographs of recreated Civil War events were all made using the pinhole process. Wright "followed the troops" to many re-enactments, both large and small, capturing of a vast array of characters—men and women, black and white, Yankees and Rebels. The ethereal quality of Wright's pinhole photographs capture ghosts of the past who still speak today.

* Exhibition Programming*

Film Series: Ken Burns' *The Civil War* (1990) Selected Saturdays throughout the exhibition, Enjoy Ken Burns' *The Civil War*, renowned video history of the war.

From Goya to Sorolla: Masterpieces from the Hispanic Society of America *Now-June 11, 2007*

From Goya to Sorolla features nearly 70 works of art by 19th- and 20th- century Spanish masters borrowed from the acclaimed collection of the Hispanic Society of America in Manhattan. Celebrating the 100th anniversary of the Society's founding, it includes an array of remarkable Spanish works of art, beginning with two portraits by Francisco Goya, working its way through all the great figurative and landscape painters of the 19th century and culminating in a spectacular group of early 20th-century masterpieces by the great Joaquin Sorolla.

WEDNESDAY NIGHT JAZZ

What to do on a wintry Wednesday evening? Come in from the cold and enjoy the Chrysler's popular jazz series, *The Art of Jazz*. Featuring a stellar line-up of regional jazz performers every Wednesday night from 6:15 to 8:45 p.m. in the Museum's Huber Court, this is the place to relax and mingle. Wine and refreshments are available for purchase, the

entire Museum stays open until 9 p.m. and admission is pay-as-you-wish all day every Wednesday.

Sponsored by Farm Fresh, *The Fine Art of Wine*—an informal tasting—takes place the first Wednesday of each month during *The Art of Jazz*. Members receive a \$1 discount on each glass of wine and half off wine tasting.

d'ART CENTER

YOUR CONNECTION TO THE VISUAL ARTS!

208 East Main Street, Selden Arcade, Norfolk 757-625-4211 www.d-artcenter.org

This unique visual arts facility features 50 resident artists creating, displaying and selling original fine art. Come meet the Artists and see how Art is made. d'ART offers adult and children's art classes and workshops. Enjoy changing art exhibits in five sky lit galleries. FREE ADMISSION Tues- Sat 10am-6pm, Sunday 1-5pm

The d'ART CENTER is a regional, private, non-profit, visual art facility featuring 40 resident visual artists creating, displaying and selling original fine art. Our special events support the center's mission of connecting the public with the visual arts process.

Art Over Easy One Night Show at **d'Egg Diner** Featuring Drawings and Paintings by Ten Local Artists

On Friday, June 1st from 5:00 PM - 8:00 PM at Norfolk's d'Egg Diner, local artists **Leonette Adler, Alison Carr, Lynette Crain, Beverly Furman, Pat Kirby, Caroline McGrann, Jean Peacock, Betsy Rivers-Kennedy, George Tussing, and Jenny Windsor** will showcase paintings and drawings of the diner's wait staff and workers.

Since fall of last year, these ten local artists have been practicing their painting skills in the **d'ART Center**'s classroom and hallways during the Center's closed Monday morning hours. After one of the waitresses from the downtown restaurant next door was invited to pose for the group, interest quickly spread among the diner's staff members who eagerly asked to be included among those chosen to sit for the group's painting sessions.

On those Monday mornings, d'Egg workers enthusiastically traveled between work shifts and break times to watch the creative process unfold behind the glass walls of the classroom at the other end of the **Selden Arcade in Norfolk's Cultural Arts Center**.

In the days and weeks that followed, a steady stream of d'Egg workers flowed through the studios of resident d'ARTists Crain, Furman, McGrann, Peacock, Rivers-

Kennedy, and Tussing, proudly sharing the newest works with family, friends and fellow workers.

When classroom space became limited, the artists posed the models outside their d'ART studios, juggling pencils, oils, pastels, watercolors, and charcoal in the confines of the back hallways.

After nearly a dozen different waitresses had posed for the group, **d'Egg owner**, **Phillip Decker** decided it was time to share the paintings with the rest of the Hampton Roads area. Cooks, busboys, dishwashers, and the owner himself were invited to pose in order to complete the group paintings.

The show will be displayed in its entirety for one night only. A partial showcase will remain hanging for the month of June in the diner at 206 East Main Street.

17th Annual Mid-Atlantic Art Show

The d'ART Center's highly anticipated 17th Annual Mid-Atlantic Art Exhibition "*Open to All Media*" opened on April 27, 2007 and runs through June 24, 2007.

This year's juried exhibition will present \$3,100 in awards including a "Best in Show" Purchase Award, allowing the selected artwork to be prominently featured in the d'ART Center's private art collection.

Juror *Carla M. Hanzel*, curator of the Mint Museum in Charlotte, NC, selected 67 original 2-D and 3-D artwork for the exhibition. Artists from around the country will be represented; including California, Colorado, Ohio, Pennsylvania, Maryland, North Carolina and Virginia.

The d'ART Center's Mid-Atlantic Art Exhibition started seventeen years ago as a way to recognize and award excellence in the visual arts. At that time there were no juried art exhibitions in the area. Starting the Mid-Atlantic Art Exhibit was an opportunity to connect with artists from outside the region and bring their talents to the d'ART Center.

The Mid-Atlantic Art exhibition offers a variety of artistic mediums, heightening public awareness for fine art. The exhibition is part of the Waterfront Wave 2007, a Virginia Arts Festival event.

The d'ART Center is located in the historic Selden Arcade, 208 E. Main St., in downtown Norfolk, VA. d'ART is home to 50 resident artists, 28 art studios and 5 art galleries. The visual Art Center offers a wide variety of Adult and Children's Art Classes, Workshops and Summer Camps. Admission is FREE, open Tuesdays - Saturdays 10-6PM and Sundays 1-5PM.

For additional info please call 757-625-4211 or visit www.d-artcenter.org.

Parking

The Waterside Garage and Main Street Garage both provide convenient parking. The MacArthur Mall is 1 1/2 blocks from the d'ART Center at Selden Arcade - entering from the Plume Street entrance.

"Waterworks ~ water inspired artwork": Come see "Waterworks ~ water inspired artwork", on exhibit during Harborfest at the d'ART Center June 7 -12, 2007, 8AM - 6PM, in the Selden Arcade.

Cool off in the air conditioning while enjoying a wide variety of original artwork and artistic mediums including: oil painting, photography, watercolor painting, block printing, oil pastel, lampwork glass, pottery and fine jewelry. Admission is FREE. Enjoy an Arts Within Reach performance by Ambrosia Trio for Saturday morning, June 9 at 11 am to do a one-hour nautical-themed concert in the Arcade.

ADULT d'ART Classes

SUMMER 2007 - ADULT ART Classes start June 18th

Quality instruction to expand your connection with the visual arts!

A full selection of day and evening courses and Make it and Take It Workshopss, at all levels of experience, are offered in virtually all of the fine arts and in a number of highly skilled crafts. d'ART teachers are outstanding, highly qualified professional Artists.

PAINTING, DRAWING, POTTERY, MOSAICS, FLOOR CLOTHES & More!

Check out Summer Adult Classes and Workshops dates & descriptions on-line!

d'ART Summer Day Camp 2007

Each summer the d'ART Center welcomes hundreds of children to d'ART Day Camp, providing instruction in a variety of mediums and techniques.

AGES 6-14

The d'ART Center offers seven one week d'ART Day Camp sessions for ages 6-8, ages 8-10, and ages 9-14 during June, July and August.

Monday - Friday 9AM -2PM

TUITION \$140 plus Materials fee \$35 (includes camp t-shirt)

ART's COOL!

Week	Art Campers
June 18-22	Ages 6-8
July 9-13	Ages 8-10
July 30 - August 3	Ages 6-10
August 20-24	Ages 6-10

ART's HOT!

Week	Art Campers
June 25-29	Ages 9-14
July 23-27	Ages 9-14

August 13-17 Ages 9-14

Great American Family Dog & Cat Photo Contest

The d'ART Center presents the fourth annual "Great American Family Dog and Cat Photo Contest" On Saturday, August 4th, 10-12noon. This Family event is in association with the Norfolk SPCA and Virginia Beach SPCA.

Photo Contest Entry Details:

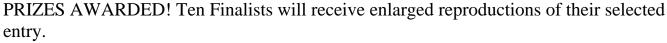
- Entry Fee \$5 per photo
- Submit 3"x 5" or 4"x 6" prints, digital CD.
- Include name, phone # and pet(s) name
- Send a self addressed stamped envelope.
- Amateur photographers ONLY

Deadline for Entry: Saturday, July 28th @5:00PM

GAFDCPC

Send Photos to: d'ART Center

208 East Main Street Norfolk, VA 23510



First Prize - Charcoal Portrait of your Dog and/or Cat by a d'ART Center Artist Second Prize - Gift Certificate to Groomingdales

Third Prize - Personalized Collar created by a d'ART Center Artist.

PHOTO RECEPTION PARTY - Saturday, August, 4th 10-12noon -Bring your Pets and join d'fun FOOD, Crafts and Face Painting! Three Prize winners announced on August 4th reception.

Please bring a PET FOOD or TOY DONATION for the Norfolk SPCA and the Virginia Beach SPCA Food Drive held during the Photo Exhibition. For additional information please contact the d'ART Center at 757-625-4211.

BIRTHDAY PARTIES!

Having a birthday party, and need a cool activity for your guests? Call d'ART Center to arrange a private class for you







and your friends for your big day and make your celebration an art occasion to member! We will suggest both artist and artistic activity that you can remember and enjoy all year. For children and adults. Call 625.4211 for scheduling and arrangements.

FREE Admission, OPEN Tuesday - Saturday 10-6:00PM & Sunday 1-5PM, Art Demo's Saturday's 1-3:00PM. Contact 625-4211 or visit website www.d-artcenter.org.

HERMITAGE FOUNDATION

Summer Camp at the Hermitage. The Hermitage Foundation Museum will be hosting five weeks of summer camp, open to boys and girls between the ages of six and twelve, beginning July 16th. Campers may participate in all five weeks, or choose those weeks that best fit their schedule and interests. The five themed sessions will include World Travel, Art and Nature, Away in Asia, Home, and Life in Art. Camp days will begin at 8:30 a.m. and last until 4:30 p.m., with a one hour lunch break at noon. The weekly non-member price for the summer camp is \$160 and the weekly member price is \$140. Camp discounts begin at the (\$50) Household Level Membership.

Each week of Summer Camp at the Hermitage will include activities and programming that revolve around a particular theme. Campers will travel to Spain, India, Russia, England, and Japan through objects housed at the Hermitage during World Travel. Art and Nature gives young explorers the opportunity to roam the grounds and gardens at the Hermitage, paint landscapes, play leaf bingo, and go on a treasure hunt. Away in Asia focuses primarily on Asian art and will consist of origami making, bamboo painting, gyutako (block printing), and designing and creating a Zhenmushou (guardian beast) out of clay. Campers can discover the secret panels and passageways of the Hermitage during a guided house tour, while gaining an appreciation for architecture during Home. Life in Art will help campers find their own artistic influences through fun activities that will also teach them to see art in their everyday lives.

The dates and their corresponding themes for Summer Camp at the Hermitage are as follows:

Week 1	World Travel	July 16 - July 20
Week 2	Art and Nature	July 23 - July 27
Week 3	Away in Asia	July 30 - August 3
Week 4	Home	August 6 - August 10
Week 5	Life in Art	August 13 - August 17

Registration for camp will begin April 9th. Completed registration forms can be mailed to:

The Hermitage Foundation Museum

Caitlin Smith, Public Programs Manager 7637 North Shore Road Norfolk, Virginia 23505

A \$75 deposit is required for each week of camp to be attended.

Time Travelers. The Hermitage Foundation Museum and Gardens has recently joined on as a *Virginia Time Travelers* certified location. Here's how it works: Pick up a *Virginia Time Travelers* Passport at The Hermitage Foundation Museum and Gardens, participating libraries and visitor centers, or print one from www.timetravelers.org.

Listings of the over 360 Virginia museums and historic sites involved in the program can also be found on the Time Travelers website. When visiting a participating location, have your passport stamped. Students who collect six stamps will receive a certificate signed by Governor Tim Kaine. With a \$7 handling fee, they will also receive an official Time Travelers!

Virginia Time Travelers runs through December 31, 2007. Time Travelers was developed by the Virginia History Initiative in 1995. The program is administered by the Virginia Association of Museum and is supported by a number of state and private agencies.

The Shoreline Shindig. This fundraising event will take place Memorial Day weekend, Sunday, May 27th, from 4:00 p.m. to 8:00 p.m. and will feature music, food, drinks and fun!

Prepare to eat, drink and be merry! For the second year, The Janitors will perform, St. George Brewery will take care of your thirst, and to satisfy your hunger barbeque fare will be available.

Tickets for The Shoreline Shindig are \$20 for museum members, \$25 for non-members. Ticket price includes a menu of food and drink; additional fare and drinks are available for purchase. To purchase tickets contact Karen Perry at 423-2052 ext. 205 or at kp@thfm.org. Tickets are also available for purchase at the Hermitage Foundation Museum and Gardens.

The Hermitage Foundation Museum Will Be Hosting Abrakadoodle For Two Weeks Of Summer Camp: July 2nd through July 6th, excluding July 4th, campers will span the globe and explore different countries during World Travel. July 9th through July 13th, campers will have fun with bugs and blooms during Art and Nature week. Camp is open to boys and girls, ages two through five.

What is Abrakadoodle?

Abrakadoodle is a creative art education program, offering imaginative classes in a variety of art media. Abrakadoodle instructors present an enchanting environment in which children are introduced to a variety of materials, methods and ideas that encourage

individual expression. An early arts education motivates children in learning, stimulates memory, facilitates understanding, enhances symbolic communication, strengthens problem-solving, develops imagination and critical thinking, and builds self confidence and a sense of craftsmanship.

Camp Days: 9:00 a.m. to 11:30 a.m.

Cost:

World Travel Week; \$115 Non-Members, \$100 Members Art and Nature Week; \$140 Non-Members, \$120 Members

Contact:

Caitlin Smith Public Programs Manager (757) 423-2052 ext.207 cs@thfm.org

HURRAH PLAYERS

23rd Season ... Come Fly With Us

Fame - The Musical July 27 – 29

Set during the last years of New York City's celebrated High School for the Performing Arts on 46th Street. A bittersweet but ultimately inspiring story of a diverse group of students as they commit to four years of grueling artistic and academic work. With candor, humor and insight, follow the students as they "learn how to fly!"

All Performances at TCC Roper Performing Arts Center 340 Granby St Norfolk. Friday performances @ 7pm; Saturday & Sunday performances @ 3pm. Tickets: \$10 children/\$17 adults/\$24 premium/group rates available

Call Hurrah Players 627 –5437 for Tickets & Info or visit www.hurrahplayers.com

All Performances at TCC Roper Performing Arts Center; 340 Granby St * Norfolk

Friday performances @ 7pm; Saturday & Sunday performances @ 3pm

Tickets: \$10 Children/\$17 Adults/\$24 Premium

Group Rates Available

Call Hurrah Players 627 –5437 for Tickets & Info or visit www.hurrahplayers.com

JAMESTOWN

Jamestown 2007 Events

September 1-4, 2007

The National Maritime Center will host a visit by the reproduction of John Smith's 1608 shallop, which serves as the centerpiece of an extensive education exhibit about Smith's voyage and the 17th century Chesapeake.

LIBRARIES

2007 Summer Reading Club-Virginia Trails!

Norfolk Public Library

June 18-August 25

Join us as we journey down the story trail and hear exciting tales about adventures, escapades, and antics that will have you sitting on the edge of your seats! And don't miss the prizes, crafts, magic and puppet shows. All programs are free and open to the public!

Here's how to get started with the Summer Reading Club:

- Visit any Norfolk Public Library location June 18-August 25
- Register and pickup your reading logs, events calendar, weekly goodies, and entry in the prize drawings
- · Read...Enjoy Free Programs...Earn Prizes...Have Fun with Activities, it's that easy!

Early Literacy Partners: The Norfolk Public Library Youth Services Department would like to extend to you an invitation to our upcoming Early Literacy Program. For information about this and other early literacy programs and initiatives, please contact the Youth Services Team at (757) 664-7323 ext. 43748.

Creative Beginnings.

Blyden Branch Library

Tuesday, May 29, 6:00 p.m.

Move over Mother Nature, we are going to create our own insects with pom poms. We supply the materials and you pretend to be Mother Nature. Age Groups: School Age.

Talent Show.

Barron F. Black Homework Center

Thursday, May 31, 4:00 p.m.

Showcase your talents. Registration preferred but drop-ins accepted. Age Groups: School Age.

Ongoing

Babies and Toddlers, join us for Cuddly Readers fun.

Pretlow Branch Library

Every Monday at 10:30 AM (beginning June 18)

We will be enjoying stories, songs, finger play, and more activities planned just for you! Age Groups: Babies, Toddlers.

Teen Café.

Little Creek Branch Library

Second and Fourth Mondays at 4:00 PM

Hang out in our meeting room with your friends and share about teen issues, books, and library programs. Find ways to build up your resume by volunteering at our library. Snacks provided. Age Groups: Teens.

Family Game Night

Barron F. Black Homework Center

Second and Fourth Mondays at 5:00 PM

Join us on the second and fourth Monday evenings this summer for fun, games, and refreshments. There will be card games, chess, checkers and more. Bring your favorite game if you wish. Age Groups: Family.

Babygarten.

Janaf Branch Library

Every Wednesday at 10:30 AM (beginning June 13)

Action rhymes. Movement activities. Shared book readings. Sound like fun? Come join Babygarten, an early literacy initiative desgined for infants (ages 1 - 24 months) and their caregivers. Read to Them, Sing to Them, Love Them. Age Groups: Babies.

KUTE KIDS PRESCHOOL STORYTIMES.

Jordan-Newby Branch Library

Every Thursday at 10:00 AM (beginning June 21)

Preschool Storytime

Horace C. Downing Branch Library

Every Thursday at 10:30 AM (beginning June 21)

Preschool Storytime.

Janaf Branch Library

Every Thursday at 10:30 AM

Join us for Silly Stories, Songs and Crafts! Age Groups: Preschool.

Summer Stories for Babies.

Larchmont Branch Library

Every Thursday at 10:30 AM

Action rhymes, movement activities, books and songs all in one program. This program is designed for babies 0-24 months and their caregivers. No registration is necessary. Age Groups: Babies.

Pre-school Storytime.

Little Creek Branch Library

Every Thursday at 10:30 AM

Join us for stories, songs, and activities for your little one! Age Groups: Preschool

Preschool Storytime.

Van Wyck Branch Library

Every Thursday at 10:30 AM (beginning June 21)

Special storytime on June 21: Storyteller Susan Corbitt will present stories of Virginia's Woodland Animals. Age Groups: Preschool

Pre-School Story Hour.

Larchmont Branch Library

Every Thursday at 1:00 PM

Come to the Larchmont Branch Library for songs, fingerplays, stories, and more. Age Groups: Preschool.

1-2-3 Grow With Me.

Kirn Memorial Library

Every Saturday at 10:00 AM (beginning June 16)

1-2-3 Grow With Me is a playgroup for children ages 1-3 and their parents. Each program features free play, an art activity, circle time, and resources for parents including information from experts. Spend quality time playing with your children in a safe, fun, and interactive environment.

Larchmont Teen Council Meeting

Larchmont Branch Library

Monday, June 4, 4:00 PM

Make a difference in your library! Recommend books, talk about great books, suggest events or just talk about things going on at school. Meet other teens at your local library! For teens and tweens ages 10-18. Age Groups: Teens.

A Whale of a Tale.

Barron F. Black Homework Center

Thursday, June 7, 2:00 PM

Join us for songs, stories, and activities about whales. Age Groups: School Age.

Be Sun Wise

Barron F. Black Homework Center

Thursday, June 14, 2:00 PM

Carol Aubut shows us how to enjoy the sun safely in this interactive program. Age Groups: School Age.

Summer Reading Kick Off

Larchmont Branch Library

Monday, June 18, 10:00 AM

All Day Craft. Help create a Quilt for the Larchmont Branch Library. Come in throughout the day and decorate a quilt square. The squares will be quilted together and hung in the branch. Age Groups: All Ages.

Adventures in Discovering Jamestown.

Blyden Branch Library

Monday, June 18, 2:00 PM

Join us as we kick-off our Summer Reading Program with previews of our month's programs. We will rediscover the history of Jamestown Settlement with SOL based programs. We challenge you to learn while having fun. Age Groups: Preschool, School Age, Teens.

Isabelle the Clown.

Janaf Branch Library

Monday, June 18, 2:00 PM

Isabelle the Clown will work her magic performing lots of great tricks. She can even ride a unicycle! Isabelle is sponsored by our friends at Golden Corral. Age Groups: All Ages.

Teen S.R.C. Kickoff Party.

Little Creek Branch Library

Monday, June 18, 4:00 PM

It is here! Little Creek Summer Reading Club begins June 18. Read and win cool prizes. It is that easy! Join us for our S.R. C. kick off party with books, games, and food. Age Groups: Teens.

We take the first steps on our Virginia Trails Summer Journey...

Pretlow Branch Library

Tuesday June 19, 10:30 AM

On our Discovery Trail, we learn about early Jamestown and about this year's celebration of its four-hundredth anniversary. Age Groups: Preschool.

Art Scape @ Park Place.

Park Place Branch Library

Tuesday, June 19, 12:00 PM

As part of the summer tradition at Park Place library, Tuesday and Thursday afternoons will be a fun time for arts and crafts. Come learn how to make your own board games, or create a cd cover. Along the summer trail there will be many things you'll discover. Age Groups: School Age.

Sun Wise.

Kirn Memorial Library

Tuesday, June 19, 6:00 PM

Overexposure to ultra violet radiation is a risk factor in UV-related health effects. We will try to answer any and all of your queries about how the sun affects our daily lives. Discover what you can do to be Sun Wise. Age Groups: Preschool, School Age.

Looking Marvelous.

Blyden Branch Library

Tuesday, June 19, 6:00 PM

Look in the mirror, what do you see? Teens, we can help you look beyond the mirror. Age Groups: Teens.

Journals.

Kirn Memorial Library

Wednesday, June 20, 10:30 AM

Make a journal to record your summer activities. Journals are as much fun to create as memories are to make. You can write down your thoughts or draw them out. It's your choice. Age Groups: Family.

Storytime Picnic.

Lafayette Branch Library

Wednesday, June 20, 10:30 AM

Summertime is here and it is time to sip some lemonade, sit in the yard and read some very cool kids' books. That's right! Relax and enjoy this summer storytime. Age Groups: Preschool.

Meal or No Meal.

Larchmont Branch Library Wednesday, June 20, 3:30 PM It's the Larchmont version of Deal or No Deal! Could your case contain the "BIG PRIZE"? We won't know unless you show. This is event is for Teens and Tweens ages 10 and up. Age Groups: Teens.

The Cheroenhaka (Nottoway) Nation.

Barron F. Black Homework Center

Thursday, June 21, 2:00 PM

Chief Red Hawk of the Cheroenhaka Tribe tells us about the tribe in this fun filled and informative program. Age Groups: All Ages.

Look Who is Leaping.

Van Wyck Branch Library

Thursday, June 21, 2:30 PM

The Frog Who Wanted To Be A Singer and other Flip, Flap, Flip, Flap, Rib-Bit tales. Age Groups: School Age.

We take the first steps on our Virginia Trails.

Pretlow Branch Library

Thursday, June 21, 2:30 PM

On our Discovery Trail, we learn about early Jamestown and about this year's celebration of its four-hundredth anniversary. Age Groups: School Age.

Chief "Red Hawk", Cheroenhaka Indian Storytime.

Little Creek Branch Library

Friday, June 22, 3:00 PM

Chief "Red Hawk" shares spell-binding stories of the Cheroenhaka (Nottoway) Indian Tribe, and teaches respect for land and animals. Also check out amazing artifacts and video clips of the Cheroenhaka Indians. Refreshments served. Age Groups: School Age, Family.

One Survivor Remembers.

Little Creek Branch Library

Monday, June 25, 5:30 PM

"In the winter of 1945, on the day of her liberation from six years of Nazi rule, Gerda Weissman clung to life at the end of a 350 mile death march. She survived with courage, grace, and dignity. This is her story." Irene Ullman immerses us into a tragic time in history--an important time. We must remember so we will not forget. Age Groups: Teens, Adults.

Would you like to have been a colonist?

Pretlow Branch Library

Tuesday, June 26, 10:30 AM

As we continue on our Discovery Trail, we explore more of the New World and learn about Indians of the area. Age Groups: Preschool.

Sun Wise.

Larchmont Branch Library

Tuesday, June 26, 1:00 PM

Overexposure to ultraviolet radiation is a risk factor in UV-related health effects. We will try to answer any and all of your queries about how the sun affects our daily lives.

Discover what you can do to be Sun Wise! Age Groups: All Ages.

Sun Wise.

Kirn Memorial Library

Tuesday, June 26, 6:00 PM

Overexposure to ultra violet radiation is a risk factor in UV-related health effects. We will try to answer any and all of your queries about how the sun affects our daily lives.

Discover what you can do to be Sun Wise. Age Groups: Preschool, School Age.

Sun Wise.

Lafayette Branch Library

Wednesday, June 27, 10:30 AM

It is THAT time of year! It is time to be outside and enjoying the sun! Wait!!! Before you do that, come and join us for this entertaining and informative program on how to be safe from the damaging rays of the sun. There will be fun, hands on activities for all! Light refreshments served! Age Groups: All Ages.

Color My World.

Kirn Memorial Library

Wednesday, June 27, 2:00 PM

Join us for a watercolor workshop. We will demonstrate a few techniques that are fun and will make your creation come to life. All you will need is your imagination. Age Groups: School Age.

Fables.

Horace C. Downing Branch Library

Wednesday, June 27, 2:30 PM

Come and enjoy old stories that boggles your mind. Age Groups: School Age.

Decluttering Workshop.

Barron F. Black Homework Center

Wednesday, June 27, 4:00 PM

Tara Sheldon, MSW will show us how to make our living space work for us. For some of us, this could be a life saver and you know who you are! Age Groups: Adults.

Polly want a Cracker?

Blyden Branch Library

Thursday, June 28, 1:00 PM

There is just something strange about a bird who can talk. Come and see for yourself. The amazing feats and performances of these birds will hold you breathless. Age Groups: All Ages.

Discover Jamestown.

Barron F. Black Homework Center

Thursday, June 28, 2:00 PM

We will learn about the English first coming to Virginia with stories and activities. Age Groups: School Age.

Chief Red Hawk.

Janaf Branch Library

Thursday, June 28, 2:00 PM

Chief Walt "Red Hawk" Brown from the Cheroenhaka (Nottoway) Indian Tribe will share Native American stories and traditions. Don't miss it! Age Groups: All Ages.

Appalachian Stories to make you jump!

Van Wyck Branch Library

Thursday, June 28, 2:30 PM

Join us for two favorite tales of Wiley and The Hairy Man and Swamp Angel. Age Groups: School Age.

Get a clue about Virginia's Trails!

Pretlow Branch Library

Thursday, June 28, 2:30 PM

Our performer, Rob Westcott, will help us Get a Clue! as we investigate a history mystery today. Enjoy a bit of magic, puppetry, and storytelling as you collect clues about this mystery. Age Groups: School Age.

Be Sun Wise!

Van Wyck Branch Library

Thursday, June 28, 6:00 PM

Carol Aubut, will share ways of how to be safe in the sun! Overexposure to ultra violet radiation is a risk factor in UV related health effects. She will try to answer your questions about how the sun affects our daily lives. Discover what you can do to be Sun Wise. Age Groups: Family.

Nauticus Presents: Cool Science.

Little Creek Branch Library

Friday, June 29, 3:00 PM

Nauticus presents: Cool Science Liquids boiling without a stove! Gases turning into liquids! This Program uses liquid nitrogen to explore the states of matter. Experiments will allow you to discover the science of temperature, pressure, volume. Age Groups: School Age, Teens, Family.

Get A Clue: A Sherlock Holmes History Mystery.

Park Place Branch Library

Saturday, June 30, 12:00 PM

Come join Park Place as we kick-off the summer reading program as Sherlock Holmes and Watson takes us on a fun filled, magical adventure through the history of Virginia. Age Groups: School Age, Family.

Chief Red Hawk.

Lafayette Branch Library Saturday, June 30, 2:00 PM

Have you ever seen a real live Indian Chief? Well, now is your chance! Come in and enjoy Chief Red Hawk of the Cheroenhaka (Nottoway) Indian Tribe as he shares his wisdom. Now, this is going to be fun! Light refreshments served. Age Groups: All Ages.

MACARTHUR MEMORIAL

New Special Exhibit Features Selections From The Macarthur Memorial's Extensive Collection Of World War I And World War II Posters

One of the most powerful and popular communication tools used during World War I and World War II was the poster. By combining advertising and art, private organizations, government agencies and businesses were able to create posters that embraced the American spirit. Images and slogans were designed to evoke a deep sense of family devotion, loyalty to country, traditional values and fear. They called upon every American to wholeheartedly support the war.

America Calls: Poster Art of World War I and World War II features original World War I and World War II posters from the United States, Great Britain, Canada and France that depict the different facets of propaganda used during the era. John Montgomery Flagg, Norman Rockwell and Howard Chandler Christy are among the many well-known artists whose works are exhibited.

In the time before television and radio were found in every home, posters were the most commonly used form of advertising. During times of war, posters were found on nearly every storefront, window and fence. The messages they carried varied from military recruiting efforts to promoting the sale of war bonds to urging conservation of food and other supplies needed for the war effort. The number of posters produced during the World

Wars in the United States alone is estimated to be in the millions and in thousands of different designs. While some of the most well-known posters were produced by the U.S. government, businesses such as General Motors also produced patriotic posters for use in its factories to boost employee morale.

Because of the sheer numbers of posters produced during the World Wars, they were popular souvenirs for soldiers and civilians alike, and they remain popular items with militaria collectors as well as art collectors today. Some posters, such as Norman Rockwell's popular *Four Freedoms* series and John Montgomery Flagg's Uncle Sam images, are quite valuable on the collector's market. However, because posters were mostly mass produced, in some cases on inferior paper, they are quite fragile and difficult to find in excellent condition.

The MacArthur Memorial has approximately 450 war posters in its collection, many of which were purchased by the General Douglas MacArthur Foundation in 1974 from noted poster collector Paul Keith. Other posters in the museum's holdings come from a variety of sources, including MacArthur admirers, soldiers who fought under his command, and an interesting collection given to the Memorial by the Larchmont Branch of the Norfolk Public Library.

America Calls is a colorful and patriotic exhibit that reflects a nation's struggle for freedom.

NOTE: Due to its popularity with visitors, *America Calls: Poster Art of World War I & World War II* has been extended through the end of July 2007 at the MacArthur Memorial. This exhibit features more than 35 posters from the Memorial's extensive collection of nearly 500 original posters from the World Wars.

In addition, approximately one-third of the posters on display have been replaced in the past weeks by other examples from the Memorial's collection. This serves to limit the exposure to light and air of some of the more fragile posters in the collection, helping to preserve them for the future, and also allows more of the collection to be seen by visitors. With the popularity that the film *Flags of Our Fathers*, about the famed flag raising on Iwo Jima in February 1945, has enjoyed, a poster featuring Joe Rosenthal's famous photograph is now included in the exhibit.

Generations. New Exhibit at Macarthur Memorial

History knows Douglas MacArthur. It also knows his father Arthur MacArthur. Both men earned the Medal of Honor during their long and distinguished military careers. But for most, knowledge of the Macarthur's stops with those two men. There are of course those who remember first-hand Gen. MacArthur's roles in World War II, the occupation of Japan, and the Korean War; they may remember the General's wife Jean Faircloth and their son, Arthur. But history – popular history – records little about the forbears of General of the Army Douglas MacArthur.

Generations: The MacArthur Family will examine the roots of the family of General of the Army Douglas MacArthur, beginning with the MacArthur clan in 14th Century Scotland and continuing the family line to the present. General MacArthur's Scottish heritage was so important to him that his memoirs, *Reminiscences*, opens with a passage about the MacArthur Clan.

This exhibit will examine not only those ancestors bearing the MacArthur name, but all aspects of the genealogical tree which form the MacArthur family, including the Hardy family of Norfolk, Virginia; the Belchers, a wealthy Massachusetts family who are common ancestors of Douglas MacArthur, Franklin Roosevelt and Winston Churchill; and the Dromgooles, one of the founding families of the Methodist Church in America and source of a popular legend at the University of North Carolina.

Many of the artifacts featured in this exhibit have never before been on display at the MacArthur Memorial, and include a recently-acquired silver cigarette case which belonged to General MacArthur's brother. Other pieces to be exhibited are: a MacArthur clan tartan given to the General by a member of the English Parliament; a hand-painted cloth map of Scotland presented to General MacArthur by the artist in 1946; the door knocker from the Faircloth family homestead in Murfreesboro, Tennessee; and rare family photographs and correspondence.

MacArthur Memorial: The MacArthur Memorial is open Monday through Saturday from 10 a.m. to 5 p.m. and on Sundays from 11 a.m. to 5 p.m. The museum is closed New Year's Day, Thanksgiving Day and Christmas Day. Admission is free. Call 757-441-2965 or log onto www.macarthurmemorial.org for more information.

NAUTICUS

Memorial Day through Labor Day: Save the date and don't be late! Nauticus will begin operating on its summer schedule beginning Sunday, May 27. The facility will be open from 10 a.m.-5 p.m., daily.

June 2007 Calendar of Exhibits, Events, & Programs

Because events are subject to change, please call ahead to confirm. For additional information, call Shelia Harrison at (757) 664-1026 or 1-800-664-1080, ext. 41026. The public may call (757) 664-1000 for information. Events are included in Nauticus admission unless otherwise noted.

Debuting Friday, June 29; Daily. 11 a.m., 1 p.m. & 2 p.m. GATEWAY

With the largest natural harbor on earth, the Port of Virginia serves as a gateway to the world through maritime operations. This original hi-definition film captures Port activity as choreographed motions of trains, cranes and container ships reveal the beauty of transportation where workers are the masters of the machinery that dwarves them. Produced by Nauticus in conjunction with Xenon. *Included in Nauticus admission*.

Exhibits

1907: The Jamestown Exposition and the Launching of the Steel Navy. This new permanent exhibit, developed and produced by the Hampton Roads Naval Museum in conjunction with Nauticus, examines the period from 1880, when the Navy began to recover from a post-civil war decline, to 1907, when President Theodore Roosevelt sent the Great White Fleet around the world as an affirmation of American naval strength. In conjunction with the exhibit, see An Enduring Legacy: The U.S. Navy and the 1907 Jamestown Exposition. Developed by the Hampton Roads Naval Museum, this 26-minute film traces the importance of the Jamestown Exposition to the region and its influence on the development of the naval station at Sewells Point.

Through December

Navigation: Finding Your Way. This exhibit explores the diversity and ingenuity of people on the move. It captures the richness and variety of human navigation through 16 interactive exhibits, a walk-through maze, cultural and historical maps, and video footage of three non-western cultures' wayfinding traditions.

Through December 31

Mudlarking. This exhibit features the works of Marc Castelli, a Maryland watercolor artist of national renown, whose mesmerizing and breathtaking paintings focus on working, sailing, and traveling on the Chesapeake Bay.

Permanent Exhibit

Secrets of the Deep. Visitors can learn about NOAA's underwater parks called National Marine Sanctuaries and explore the highly publicized USS *Monitor* site. Step inside a submersible called *The Clelia* and take on the roles of a pilot or a NOAA scientist. You and your family can control an actual 9-foot long robotic arm to collect samples and artifacts from the seabed, or operate a remote-controlled camera to explore the wreck site. In addition, the exhibit will showcase real artifacts recovered from the wreck of the famous Civil War ironclad.

Events

Wednesday, June 6

World Oceans Day. In observation, enjoy a special \$7 admission. No other discounts apply.

June 2

Nauticus' 13th Birthday Celebration. Help us celebrate and enjoy fun activities for the kids and adults.

June 7-12

Sail Virginia 2007. In conjunction with Sail Virginia 2007, enjoy a special \$7 admission. No other discounts apply.

June 17

Father's Day. Fathers receive ½ price admission when accompanied by a paying adult or child. No other discounts apply.

June 25-29; July 16-20; July 23-27; July 30-August 3.

CAMP NAUTICUS: Beyond the Ocean Blue Science Camp. Ages vary. Call 664-1010 for details.

Ongoing Programs NEW! Daily Spring & Summer Schedule: May 29-September 2 Shark Feeding. 10:30 a.m.

Watch Nauticus' live Nurse and Spotted Bamboo sharks eat as you learn about shark behavior and ecology!

Shark Touch. (Height restrictions apply.)

11:30 a.m., 1:30 p.m., 3:30 p.m.

What does a shark's skin feel like? Find out at Nauticus' Shark Petting Lagoon, where you can touch the back of a warm-water Nurse Shark. Sharks in the Lagoon vary in length from two to three feet.

Eco Exploration. 11 a.m.

Explore the Elizabeth River during this 30-minute, hands-on discovery walk! Discover plants and animals that dwell in our own waterways as well as the Chesapeake Bay. Collect water and aquatic specimen samples while learning about river ecology and biological conditions.

Kiddie Tidepool & Storytime 12 p.m. & 4 p.m.

Learn about the animals that live in the Elizabeth River in this story-time presentation. (Ideal for children 5 & under)

NOAA Science On a Sphere Presentation. 11:30 a.m., 1:30 p.m. & 3:30 p.m.

Enjoy this exciting and interactive presentation on our newest exhibit, Science On a Sphere. Explore the Earth's surface and learn about weather patterns, how hurricanes are formed, climate conditions around the world, and much more!

Aegis. 11:15 p.m., 12:15 p.m., 1:15 p.m., 2:15 p.m., 3:15 p.m., 4:15 p.m.

Aegis is an ancient word for shield. It's also the name of the Navy's hi-tech protection system used by destroyers to form a 250-mile-radius shield around a naval battle group. This specially designed command center theater simulates a battle situation, allowing you to feel the weight of command, as you make hair-raising, snap decisions.

Design Chamber: Battleship X. 10:45 a.m., 11:45 a.m., 12:45 p.m., 1:45 p.m., 2:45 p.m., 3:45 p.m.

Inside this multi-media interactive theater, match wits with America's best ship designers on the eve of World War II in a race against time to create the greatest battleship ever. If you are a tactical genius, this is the place to show it.

<u>Digital High-Definition Films</u> (\$3 with ticket purchase & for Nauticus members; \$5 general admission; Beginning June 14, all films will be included in Nauticus admission.)

The Ring of Fire. (40 min.) Daily. 11 a.m., 1 p.m.

This exciting digital high-definition film about erupting volcanoes and earthquakes, takes you heart stoppingly close to the great circle of volcanoes and seismic activity that rings the Pacific Ocean.

The Living Sea. (45 min.) Daily. 12 p.m., 3 p.m.

This film celebrates the world ocean - its beauty, diversity and importance to all life on Earth. Swim with thousands of golden jellyfish and witness the bizarre spawning behavior of giant clams. Surf in Hawaii, deep-sea dive in Palau and test your courage with the Coast Guard in some of the world's roughest seas!

Gateway. (40 min.) Debuting June 29. Daily. 11 a.m., 1 p.m., 2 p.m.

Spirit of Norfolk Launches Kids Discovery Cruises -- SOL compliant field trips combine learning and fun --

The *Spirit of Norfolk* and Nauticus - The National Maritime Center - are launching Kids Discovery Cruises. The SOL-compliant field trips are popular with local elementary and middle school students and teachers, who can all agree on class outings that combine learning and fun.

Students embark on a voyage of science, history, marine life, food and fun all rolled into one. Each Kids Discovery Cruise includes a kid-friendly lunch buffet, DJ dance, and SOL-compliant programs provided by educators from Nauticus. Cruises include programs such as Cool Science, Shark Power, Elizabeth River Exploration, Navigating the Waters, and more. Dates and programs are subject to change.

Tickets for Kids Discovery Cruises are \$27 per person. Call (757) 625-3866 for reservations. Groups of 20 or more, call (757) 625-1463. For more information, and a complete listing of Kids Discovery Cruise dates, go to www.spiritofnorfolk.com

"We teach science and history in a fun and interactive way," said Peter Leighton, Outreach Coordinator for Nauticus. "Our shows are designed to educate as well as entertain. The Kids Discovery Cruises are a great way to supplement classroom learning, and have fun while preparing for the SOL tests."

2007 Nauticus - Spirit of Norfolk Kids Discovery Cruise Schedule

- Tuesday, July 24 Navigating the Waters
- Tuesday, August 14 Shark Power
- Tuesday, October 23 Cool Science
- Wednesday, November 14 Navigating the Waters
- Dates to be determined Weather Wonders/Power of Nature
 - * boarding at 10:30 a.m., lunch cruise from 11a.m. to 1 p.m.

VOLUNTEER PROGRAM

Nauticus, The National Maritime Center has a wide variety of volunteer opportunities available for adults and teenagers (over age 14). Whether you're showing a child how to touch a sea star, helping guests find the perfect souvenir, or providing support to our office staff, you will be an invaluable part of our crew! Volunteer positions are currently available in Administration, Cruise Support, Education, the Banana Pier Gift Shop, and Visitor Services. Benefits include free parking, discounts, special programs, and more. Join our crew! For further information and an application, please contact Melissa Swanson, Volunteer Coordinator, at (757) 664-1043 or melissa.swanson@norfolk.gov.

Nauticus at The National Maritime Center, a fun and exciting interactive science and technology center exploring the power of the sea, features hands-on exhibits including computer and video interactives, digital high-definition films on a giant screen, exotic aquaria, touch pools, shark touch, and national-caliber traveling exhibits. Adjacent to Nauticus is the Battleship Wisconsin, which remains an asset of the U.S. Navy. Its daily operations are managed by The Hampton Roads Naval Museum, located within Nauticus.

NEIGHBORHOOD AND LEISURE SERVICES

Oceanview Senior Center Activities

Regular Events:

Wednesdays

60+ Club Business Meeting 11:00a.m.

Featuring Card games, BINGO, Ballroom Dancing, Hot Meal

Thursdays

Line Dancing Class 11:00a.m.

Tuesdays

Square Dancing 6:30p.m.

Fridays

Square Dancing 10:30a.m.

Mon-Fri

Nutrition Program 10:00a.m

Staff Assistance is provided each month to permit groups such as civic groups, Tidewater Appalachian Trail Club and Mayors Task Force.

NORFOLK ENVIRONMENTAL COMMISSION

The "Big Easy" Even Easier In Norfolk New Online Query Simplifies Recycling Questions for Norfolk's Residents. When is my recycling collected? What should go in the cart? What is not accepted for recycling in Norfolk?

These questions and more can be easily answered via a new online process via the City of Norfolk's website, www.norfolk.gov.

Residents who need up-to-date recycling information (including the at-times confusing issue of collection) can simply visit the City's website and click on the blue recycling cart. The following information will appear: collection days, collection calendars, collection regulations, and lists of acceptable/unacceptable items.

Additionally, residents can enter in their street address, and a list of exact dates for collection specific to their household will appear.

Although operating for only a week, the simplified process has already received positive feedback from online users.

For more information, contact Holly Carson at 441-1347 or nec@norfolkbeautiful.org.

CLEAN CITY COOKOUT & AWARDS CEREMONY

Friday, June 22nd, 4-6pm

Individuals and organizations will be treated to an afternoon of fun in the sun and recognized for their outstanding achievements on behalf of Norfolk's environment.

NORFOLK RECREATION, PARKS & OPEN SPACE

Individuals with a disability are entitled to participate in programs offered by the Norfolk Department of Recreation, Parks & Open Space. If you require any special accommodations call 441-1035 at least seven days prior to the event.

June 1	2pm	Power of a Smile Day	Berkley/Campostella Recreation Center	Learn the importance of meeting each day with a smile.
June 2	11am	program Beach Water Safety Awareness Day	Community Beach	Open water safety demos by the Ocean View Beachfront Lifeguards
June 3	2:30pm	Musical Recital	Ruffner Middle School	Student performances
June 6, 13, 20 and 27	11am- 12pm or 6pm to 7pm	Wellness Wednesday's	NFWC	Weekly Wellness Class on a variety of wellness topics
June 6	8:30am to 2p	Safety Fair & Cookout	NFWC	Yearly RPOS, Utilities and Facilities Maintenance
June 8	6pm	Men's Pool Tournament	Titustown Recreation Center	Here's your chance to show off your skills in this tournament while enjoying food & drink.
June 8	3:30pm	Summer Kick Off Cookout	Bayview Community Center	Out with the old and in with the new. Participants will enjoy lots of food, dancing and good music.
June 8	4pm	Lets Go Skating	Young Terrace Multi- purpose Room	Field trip to Greenbrier Skating Center. Children will mix, mingle and enjoy skating to fun music.
June 13	6pm	Dance Recital	Harrison Opera House	Participants of the Music program are performing at this event.
June 14	5pm	Daddy Day Program	Fairlawn Recreation Center	Enjoy a day with Fathers and their children. Games and prizes will be given away.
June 14, 15, 16 & 17	4pm- 8:30pm	NFWC Mini Carnival w/ rides and games	NFWC	1 ST Annual Mini Carnival for this facility. There will be games, rides, food, folks and lots of fun!!
June 15	5pm	Graduation Celebration	Young Terrace Gym	Join the fun socializing, dancing to the beat, as we party with the teens that gradated from HS refreshments will be served.
June 16	1:30pm	Water Safety Awareness Day	Northside Pool	Introduce the public to water safety skills and techniques
June 16	Noon	Father's Day program	Berkley/Campostella Recreation Center	Celebrating Fathers by creating cards.
June 18	6:30 am- 6:00 pm	Camp Willoughby	Captain Quarters	Outdoor Camp will begin. This camp includes but is not limited to canoeing, kayaking, swimming, fishing, crabbing, nature walks, arts, crafts, active and passive outdoor games, and field trips.
June 18	9am-4pm	Camp Share- a-Lot	E. Ocean View Recreation Center	
June 18	10am	Summer Program begins	Ingleside Recreation Center	Participants come together for a fun filled day of passive and active games.
June 19	Noon	Red Cross Disaster Preparation	Huntersville Community Center	Seniors will participate in a Red Cross Disaster Preparation.
June 22	7-10pm	School's Out Dance	Young Terrace Gym	Join us for an evening of socializing, dancing and fun as the DJ rock the house!

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June	3:30pm	Summer	Norview Community	Join us as we begin the summer with carnival games,
22		Carnival	Center	music and treats
June 23	1pm	Water Safety Carnival	Huntersville Pool	Introduce the public to water safety skills and techniques
June 25	9am-5pm	Summer Camp Program	Larchmont Recreation Center	Summer Day Camp
June 27-29	Varies	Children Camp	Therapeutic Recreation Center	Children Camp for children with disabilities
June- Aug	TBA	Sentara Summer League Girls Basketball	Recreation Center Gym	Girls 12-14 will compete in an exciting basketball league involving teams from all local recreation centers. Teams will play twice a week.
June 28	7pm	Meet and Greet	Merrimack Recreation Center	Community is invited to come and meet the Staff and other neighbors.
July 3	10am	Fourth of July Parade	Larchmont Recreation Center	Children celebrate the 4 th of July at the center.
July 2,2007	3:30pm	4 th of July Celebration	Young Terrace Gym- Field	Guest enjoys an outdoor cookout with games, water activities and music.
July 3	3pm	Pre Fourth of July Party	Grandy Village	Celebrate the independence day with a food, music and game for the family.
July 11, 18, 25	11am- 12pm or 6pm-7pm	Wellness Wednesday's	NFWC	Weekly Wellness Class on a variety of wellness topics
July 14	10am	Community Day	Norview Community Center	Join us as we have a community celebration complete with games, talent acts, speakers, educational booths and food.
July 3	3pm	Independenc e Day program	Berkley/Campostella Recreation Center	Enjoy a day of fun 4 th of July activities.
July 5- 6	Varies	Children Camp	Therapeutic Recreation Center	Camp for children with disabilities
July 6	3pm	Come Chill With Us (Ice Cream Social)	Young Terrace Multi- purpose Room	Come fix your favorite ice cream and chill.
July 7	10am	Park Place Reunion	Park Place Recreation Center	Enjoy a time of meeting and reuniting with old and new friends.
July 8- 14	Noon	National Therapeutic Recreation Week	Therapeutic Recreation Center	Come celebrate with us, "National TR Week"
July 11-13	Varies	Children Camp	Therapeutic Recreation Center	Camp for children with disabilities
July 11	5pm	Little Miss Huntersville Pageant	Huntersville Community Center	Young ladies will model and competition for the title of Ms. Huntersville.
July 13	10am	Ocean Breeze Park trip	Ingleside Recreation Center	Participants go have a fun field day at the water park. Bring Lunch or Money
July 16	1pm	Parks and Recreation Day	Captain Quarters	The children will participate in an obstacle course broken down into 5 stations in honor of Parks and Recreation Day. Winners will get prized and refreshments will be served.
July 16-23	6pm-10pm	Baseball District Tournament	Fairlawn Recreation Center	Featuring Baseball teams from other local cities competing for district title.
July 17	2pm	Let's Make Sundaes	Young Terrace Multi- purpose Room	Come one, Come all and make your favorite ice cream sundaes. You name the topping and have it your way;
July 19	7pm	Community Spaghetti Night	Merrimack Recreation Center	A feast sponsored by staff and Lawson Realty. Door prizes given away.
July 21	3pm	Block Party	Titustown Recreation	Come & hand out with your friends. Enjoy food, fun &

			Center	game
July 20	11am	Community Day Parks and Rec Month Program	Bayview Community Center	It's a community affair. Come and celebrate Parks and Recreation month with Bayview's second annual Community Day Celebration. Games, refreshments and lots of fun.
July 21	4pm	Skating & Bicycle Rodeo	Crossroads Recreation Center	Come join us as we celebrate Parks & Recreation Month. Stop! Yield! Roll on your skates and ride your bike in a obstacle rodeo for fun
July 23- Aug. 3	9:30am	Music Tour Camp	Lakewood Dance Music Center	Students give performances at different recreation centers.
July 24	2pm	Moon Day program	Berkley/Campostella Recreation Center	
July 25	11:30am- 2:30pm	NFWC Family Day Cookout	NFWC	1 ST Annual Family Day Cookout for NFWC Families and Members
July 27	11am	Parents Day Celebration	Captain Quarters	Kids from summer camp put on a show for their parents. The day consist of food, games, entertainment, face painting etc.

OCEAN VIEW BEACH PARK

Ocean View Beach Park is Hot this Summer with Fiery Bands and Cool Tunes!

Big Bands on the Bay returns to Ocean View Beach Park on Sundays this summer, starting on May 27. Enjoy this sunset celebration dancing to Big Band sounds every Sunday evening, 7pm-9pm, from Memorial Day to Labor Day. For more information please call 757.441.2345 or visit www.festeventsva.org. Admission is free and open to the public. This season's bands include:

May 27- The Jolly Roger Big Band

June

- 3- Glen Boswick & The Sounds of Swing
- 10- Don Case & Satin Sounds Orchestra
- 17- The Terry Chesson Band
- 24- The Top Hats Orchestra

July

- 1- The Jolly Roger Big Band
- 8- Don Case & The Satin Sounds Orchestra
- 15- The Terry Chesson Orchestra
- 22- The Continentals
- 29- The Top Hats Orchestra

August

- 5- The Jolly Roger Big Band
- 12- The Terry Chesson Band
- 19- Don Case & Satin Sounds Orchestra

26- The Continentals

September 2- Glen Boswick & The Sounds of Swing (7pm-10pm finale)

The Shore Thing Concert & Independence Day Celebration, in conjunction with The 29th Annual Ocean View Beach Festival returns for another fun filled 4th of July Celebration! Dance to the sounds of Bill Deal's Rhondels and experience spectacular fireworks over the Chesapeake Bay at 9:30pm. Friday, June 29, 2007 from 5pm-11pm.

The 29th **Annual Ocean View Beach Festival** continues on Saturday, June 30, from Noon-11pm and Sunday July 1, 2007, from Noon-9pm, with rides for the kids, live entertainment and more! Admission is free and open to the public. For more information please call 757.961.9811 or visit www.ovbf.org.

T.G.O.V- Thank Goodness It's Ocean View Beach Party and Music Series, returns this summer every Friday evening in July and August, from 6:30pm-9:30pm. Jump-starting the weekends with family fun, these beach parties will include great music, food, beverages, children's activities and more! Admission is free and open to the public. For more information please call 757.441.2345 or visit www.festeventsva.org. Featured talent includes:

July

6- Coolin' Out 13- Power Play 20- The Tams 27- Heather Edwards Band

August

3- The Coastline Band10-Hotcakes17-Bill Deal's Rhondels24-Butter/Bootylicious31- FAB

Produced by Norfolk Festevents, Ltd. and the Kiwanis Club of Ocean View Beach Park, and Sponsored by the City of Norfolk, AT&T, Committee of the Mayor's Task Force, the Residents of Ocean View, Judy Boone Realty, Inc., Ocean View Fishing Pier, Farm Fresh and Nancy Chandler and Associates.

ODU GALLERY

Making Allegories Recent work by Herb Weaver and Cliff Tresner

In this exhibition, the work of both sculptors tells the story of the entire creative process from inspiration to construction with material to presentation. Telling a story, sometimes of its own evolution, the artwork is to be understood as representing other things and symbolizes deeper meaning. Weaver and Tresner both pay close attention to process during creation, remaining receptive to unplanned surprises and revelations. Cliff Tresner, an Associate Professor of Art at the University of Louisiana in Monroe employs an array of media such as wood, bronze or steel to tell his stories. Drawing from his love of nature and the outdoors and his background in furniture design, Tresner sometimes allows the wood or the casting process to reveal the form of the piece to him.

Through the process of assembling the pieces together, they sometimes suggest they have an alternate utilitarian function and appear to be everyday objects. At first glance, culpture, Twenty Five Dollars. Table to Put it On, Priceless appears to be a woodworking bench littered with tools and works in progress but is also a finely crafted table and many sculptural objects. A professor in the fine arts department at Bethany College, WV, ceramic artist Herb Weaver finds his inspiration in everyday objects. Using puns, Weaver creates a clever twist in his hand-built clay sculptures by endowing them with layers of meaning beyond normal representation. In works such as Bushwhacker, the title punning on the name of the Commander-in Chief, the blades of this hand-built clay lawnmower sculpture are embossed with casualty numbers and phrases. show continues through July 1,2007.

The University Gallery, located at 350 W. 21st St., Norfolk is open noon to 3 p.m. Tuesday through Thursday; noon to 5 p.m. Friday and Saturday; and 1to 4 p.m. Sunday. For more information call 683-2355 or go to http://www.odu.edu/al/art/gallery

POLICE MUSEUM

Grant Family Treasures Boost Museum Collection; Farewell, Best Wishes to Chief C.D. Grant. For nearly a century, the Grant family has been dedicated to Norfolk public safety. Charles A. Grant became a Norfolk police officer in 1912 and served close to 35 years. His son, Charles D. Grant, was sworn as an officer in 1946 and worked his way up through the ranks to become chief. He retired after 39 years. Chief Grant's wife, Dorothy, was a NPD crossing guard. The Chief's son, Drew, also served as a Norfolk police officer, and his other son, Don, is presently a Norfolk Fire-Rescue battalion chief. C.A. Grant, C.D. Grant, and Drew Grant all wore the same badge set, #151.

Many museums have what is known as a core collection, a basic collection around which a museum grows. When I became NPD Curator in 2000, there were fewer than 300 NPD and Norfolk historical items in the Museum collection. Chief Grant, Dorothy, Don and Drew generously donated the Norfolk Police Museum. This major gift coupled with

the existing Museum holdings formed our families, successfully seeking important additions to our collection. Through his efforts and the efforts of numerous others, our collection has grown to more than 5,000 artifacts, documents, and photographs.

After 85 years, Chief Grant left Norfolk on November 30, 2005 to live with Drew and his family in Colorado and Don and his family in Chesterfield County, Virginia. He will be sorely missed. God bless, and God speed.

There are numerous Grant family items currently on display in the Museum, including the badge set. Located in the Police Administration Building, the Norfolk Police Museum exists for you. If you are not able to visit the museum during the normal hours of 0800-1700, Monday through Friday, just e-mail jim@melchor.us or call 423-6592. Special arrangements will be made to open the museum for NPD family members at night, on weekend, or on holidays.

Discovered Treasures

By Jim Melchor NPD Curator

During recent housekeeping activities, the staff of Property and Evidence discovered several artifacts of significant importance to the history of Norfolk Police Department. These objects are now in the museum collection. The most surprising finds are Norfolk Protective League badges and Norfolk Special Police badges. An additional interesting find is a brass memorial plaque.

The Norfolk Protective League was the World War I equivalent of Civil Defense. The program was administered by NPD.

The Norfolk Special Police badges are of the type issued in the 1920s. Norfolk City Council authorized the Located Special Police program in 1919. Special police officers were sworn by NPD and were generally issued a badge, a flashlight, and a nightstick. They were given limited police powers for a specific location, such as a warehouse, factory, etc. These officers, paid by the property owners, not NPD, were a force multiplier for NPD. By using special police at certain locations, regular Norfolk officers were able to protect other areas.

The memorial plaque honors S. B. Gibson, chief clerk, Division of Police, who died in office in 1931. This plaque was displayed in the old NPD headquarters building on Court Street and City Hall Avenue until its destruction c. 1960.

It is quite amazing that these artifacts have remained in NPD custody since as early as World War I! They are welcome additions to the museum collection where they will remain in NPD custody.

Located in the Police Administration Building, the Norfolk Police Museum exists for you. If you are not able to visit the museum during the normal hours of 0800-1700, Monday through Friday, just e-mail jim@melchor.us or call 423-6592. Special arrangements will be made to open the museum for NPD family members at night, on weekends, or on holidays.

SELDEN ARCADE

The Selden Gallery presents Art of Prominent African American Artists - 2007

Norfolk's Bureau of Cultural Affairs presents Art of Prominent African American Artists - 2007 at the Selden Gallery May 4th though the 28th. This group show opens with an Artist's Reception on May 4th from 5 PM until 7 PM and is part of the Selden's Art After 5 series, a series that pairs performing art with visual art the first Friday of each month. The Art of Prominent African American Artists showcases 16 invited regional artists and was organized by former Norfolk gallery owner, Maizelle Brown.

The Selden Gallery is located on the second level of Selden Arcade's Plume Street end and is managed by Norfolk Cultural Affairs. The gallery maintains regular hours Wednesdays 12 PM until 2 PM; Thursdays, 5 PM until 7 PM, and Sundays 11 AM until 3 PM. Visitors wanting to view the show outside of these hours may stop at the city of Norfolk's gift shop located on the main level Tuesdays through Saturdays from 10 AM until 3 PM to gain admittance. For more information about Selden Arcade's activities, events and exhibits, please contact 664-6880.

TIDEWATER WINDS

Strike Up the Band! The Tidewater Winds, Virginia's Only Professional Sousa Style Concert Band, Opens its 23rd Season With a New Conductor and Music Director

The Tidewater Winds, Virginia's only professional concert band that plays music in the Sousa band tradition, will kick off its 2007 season on July 4th with a free concert at Ocean View Park in Norfolk. Keeping with the celebration of the holiday, the theme will be "Red, White and Boom." Like each of the 21 scheduled free concerts over July and August, "Red, White and Boom" will begin at 7:30 p.m.

The Tidewater Winds, which is composed of 57 woodwind, brass and percussion musicians from across Hampton Roads, will be led by John H. Brewington of Virginia Beach. Brewington was named the new conductor and music director earlier this year. Brewington, who is also the fine arts coordinator for the Virginia Beach public school system, takes over the baton from the late Maestro Alberto Romen Asercion.

"A number of The Tidewater Winds board members had observed John in his role as guest conductor over the years, and we were impressed with his conducting style and enthusiasm," says S. Beryl Adler, president of The Tidewater Winds. "It was also hard to miss how well the band members responded to John's skill as a conductor. We are delighted that John said 'yes' to our offer to become Al Asercion's successor."

Brewington, who has a Bachelor of Music Education degree from Virginia Commonwealth University in Richmond, and a Master of Music Performance degree from East Carolina University in Greenville, N.C., earned an Education Specialist degree in administration and supervision from George Washington University in 2005. Prior to his current position, Brewington was a director of bands for Virginia Beach public schools and served as a guest conductor for the Tidewater Winds. Brewington has also played with the Virginia Symphony for over 20 years, and was an adjunct assistant professor of music at Old Dominion University for nine years.

"I'm really honored and humbled to be offered this wonderful opportunity," says Brewington. "The Tidewater Winds have a rich and long tradition of providing the highest quality music in the Sousa tradition - I can't wait to get started. I expect it not only to be a challenge, but to be a huge opportunity and a ton of fun to work with this wonderful group of musicians."

In addition to "Red, White and Boom," the themes of this year's season include, "Hooray for Hollywood" which will feature five concerts. The first one will take place on Sunday, July 8, at Norfolk's Harrison's Opera House. Local judge Peter Decker will hang up his robes long enough to accompany the band as a guest singer. On Sunday, July 15, "Pops Goes to Classics" will be the theme of five other concerts. Beginning the week of Sunday, July 22, look for five more concerts with an "Out to Sea" theme. Last and certainly not least, during the week of Sunday, July 29, five more concerts titled "Big Bands, Big Swing," will round out the season, with the final concert scheduled for Portsmouth's Willett Hall on Friday, August 3.

"I'm very excited about this year's program," says Chris Card, executive director of The Tidewater Winds. "We expect John to breathe new life into our already exciting tradition of providing unique, free music shows—from marches to show tunes, to the people living in the greater Hampton Roads area and beyond."

VIRGINIA STAGE COMPANY

Doubt to Replace The Cherry Orchard in Season 29 Lineup. Regional Premiere of Broadway Hit will Open 2007-08 Season.

Virginia Stage Company has received the rights to produce Doubt by John Patrick Shanley and will open the 2007-08 season with the 2005 Pulitzer Prize and Tony Award winner. Doubt will replace the previously announced play, The Cherry Orchard by Anton Chekhov. However, the calendar for the existing lineup will be adjusted to allow Doubt to open the new season.

One of the most important plays of the past decade, Doubt is a gripping examination of paranoia in the Catholic Church. When accusations of a priest's wrongdoing come to

light, a Bronx parochial school must wrestle with concepts of faith and justice. Sister Aloysius, a traditionalist nun and the school's principal, has to decide whether to openly accuse Father Flynn of alleged indiscretions or bury her suspicions and forever live with her doubts. The final showdown is a riveting power struggle that calls into question our most basic beliefs and makes Doubt an electrifying night of theater.

"Normally, I am loathe to change shows once they have been announced and sales have started, but I am excited to become one of the first regional theaters across the country to produce Doubt," said VSC Artistic Director, Chris Hanna. "The play holds no easy answers but its journey is thrilling and will leave our patrons deep in discussion long after the curtain has fallen."

The revised 2007-08 VSC season schedule will be as follows:

Doubt September 18 – October 7, 2007
Man of La Mancha October 23 – November 11, 2007
The Piano Lesson January 15 – February 3, 2008
The Poetry of Pizza February 26 – March 16, 2008

Hank Williams: Lost Highway April 1 - 20, 2008

For existing subscribers, any questions about the inclusion of Doubt in next season's lineup should contact the VSC box office at (757) 627-1234.

New subscriptions for Season 29 range in price from \$45 to \$160. Anytime passes, blocks of tickets redeemable for performances in any combination, are available in blocks of four, five, or six passes from \$112 to \$198. Subscriptions may be ordered by calling the VSC box office at (757) 627-1234.

Media inquiries about Doubt and the Season 29 slate of shows should be directed to Ryan Pointer, Director of Communications at (757) 627-6988 ext. 343.

Virginia Stage Company to Host Edgy, Contemporary Art Sale

Virginia Stage Company (VSC) will be hosting an edgy, modern art sale at the Wells Theatre on Saturday, June 2 from 6:00pm to 10:00pm. Many of Hampton Roads' best talents in the underground and modern art scene will be present to display and sell their artwork.

The art sale has been dubbed "The Nonstandard" as a reference to the more eclectic and youthful selections of art that will be on display. The event will also feature a silent auction, live DJs and featured fashions from local designers. Proceeds from the art sale will benefit VSC.

Event Details:

The Nonstandard An art sale to benefit Virginia Stage Company Saturday, June 2, 2007 6:00pm – 10:00pm Wells Theatre

Featured artwork by: Stuntkid, LiquidMethod, Malice, Charlie Restless, iO, Berkvisual, lizzelizzel, machinedance, michael scott younger iii, chelsey barnes, & tiny palpitations

Featured apparel by: Restless bodies, lcarus, & Elm & Oak

DJ sets by: Grizz Le Beast & DJ Tanner

Silent auction items also available (OBX beach house, Sprint cell phone, yoga lessons, and more).

Admission is free and open to the public.

For more information, please call Kimberly Johnson (757) 627-6988 ext. 342 or kjohnson@vastage.com.

VICTORY ROVER

Rover Cruises is pleased to announce that sight seeing cruises aboard the Victory Rover have begun again. The Victory Rover offers daily 2 Hour Narrated Cruises of the Norfolk Naval Base and Hampton Roads Harbor. Cruises depart from Nauticus, home of the Battleship Wisconsin in Downtown Norfolk. Guests are entertained with a fascinating commentary about the ships of the World's Largest Navy Base. Weather is never a problem as guests can enjoy the sights from the climate controlled main cabin. Combo tickets which offer discounted admission for the cruise and Nauticus are available. Reservations can be made by calling 757-627-7406. Rover Cruises operates both the Victory Rover and the American Rover Tall Ship cruises from the Downtown Norfolk Waterfront.

<u>Ticket Prices</u> Adults \$16 Children \$10

Z00

SUMMER SAFARI T-SHIRT DESIGN CONTEST

Hey Kids! Your drawing could be made into a T-Shirt! The winner will receive FREE

ADMISSION to one week of Summer Safari Camp, one FREE t-shirt bearing their original design and an award certificate!

Contest is open to children ages 4-14. Click here to download contest rules and entry form (PDF) or pick one up at the Membership Desk at the Zoo!

Discovery Days

Join the Virginia Zoo for exciting animal adventures! We have programs available to excite every age level! Simply choose any of the following programs, fill out and mail or fax us the registration form! *Pre-registration is required.

2-5 year olds

Kritter Kids

(3-5 year olds)

Take a step up from Cub Club to a more in-depth look at animals. You and your child will delve into the mysterious world of animals through activities and animals encounters! 9:00 a.m. - 10:00 a.m.

MAY 26; JUN 23

10:30 a.m. – 11:30 a.m.

JUN 13

Dr. Suess Day

(3-5 year olds)

Ever wanted to meet Yertle the Turtle or a Fox in Sox? Once a month you and your child will hear a different Dr. Suess story and meet one of his lovable characters! 10:30 a.m. – 11:30 a.m.

JUN 2

1:30 p.m. – 2:30 p.m.

MAY 27; JUN 10

Bedtime at the Barn

(3-5 year olds)

You and your child will enjoy an evening story while we help make sure our barnyard animals get a good night's rest! Wear your pajamas and bring your favorite stuffed animal! 6:00 p.m. – 7:15 p.m.

JUN 27

Bedtime at the Pond

(3-5 year olds)

Gather at the water to feed the ducks and read them a bedtime story! Come dressed in your

pajamas and bring your favorite stuffed animal! 6:00 p.m. – 7:15 p.m. JUN 6

6-14 year olds

Wildlife Explorers

(6-8 year olds)

Learn about and meet some of our very own creatures face-to-face! You will also get the chance to enjoy an exciting behind-the-scenes experience with a special animal! 10:30 a.m. – 11;30 a.m.

JUN 23

Zoo Sleuths

(6-8 year olds)

Follow the clues around the Zoo to help you uncover a mystery animal! When you solve the clues you will get the chance to meet that animal!

1:30 p.m. - 2:30 p.m.

JUN 24

NatureNauts

(11-14 year olds)

Ever wanted to be a field biologist? Want to learn about the people who live in other parts of the world? Join the Zoo for a day to get an in-depth look at the world around us! (Please bring a lunch!)

10:00 a.m. – 2:00 p.m.

JUN 2

Parents Night Out

(Ages 5-12)

Drop off your children for an educational experience while you spend the evening out! They will get a chance to view the Zoo after hours and meet some of our special animals. A pizza party is included!

5:00 p.m. – 9:00 p.m.

JUN 1

For more information or to register please contact:

Janice Martin at 757-441-2374 ext 229

Do you want to volunteer? The Virginia Zoo Can Help! The Virginia Zoo is offering a Docent Training Program for those volunteers interested in educating the public about our mission.

Because of their high visibility, Zoo docents have a special opportunity to share their enthusiasm about animals and the Zoo. The Docent Training Program provides a basic preparation for this work through an educational program followed by an animal handling course and mentorship with experienced docents.

Docent training began in January. For more information about this hands on experience or to reserve your spot in the Virginia Zoo's docent training class, please call Pat Clark at 441-2374 ext. 225 or send her an email to Patricia. Clark@norfolk.gov.

As an accredited American Zoo and Aquarium Association (AZA) facility, your Virginia Zoo exhibits over 350 animals, beautifully manicured grounds and offers a funfilled day for all. For more than a century, the Virginia Zoo has demonstrated a commitment to wildlife, conservation and education. Your Virginia Zoo is open 10 a.m. to 5 p.m. daily and located at 3500 Granby Street in Norfolk. Daily admission prices are \$6.00 for adults, \$5.00 for seniors (age 62 and over), and \$4.00 for children ages 2-11. Visit www.virginiazoo.org or call (757) 441-2374 for more information.